

# NEBRASKA

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## Nebraska Department of Health and Human Services (DHHS)

301 Centennial Mall South, Lincoln, Nebraska 68509

[www.dhhs.ne.gov](http://www.dhhs.ne.gov)

### **Managed Care 1915(b) and/or Home and Community-Based 1915(c) Waivers for Respite Support**

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

#### [NE Day Services Waiver for Adults with Developmental Disabilities \(DD\) \(0394.R03.01\)](#)

Provides day habilitation, prevocational services, respite, supported employment – individual, adult companion service, adult day services, assistive technology, behavioral risk services, community living and day supports, consultative assessment service, crisis intervention support, environmental modification assessment, habilitative community inclusion, habilitative workshop, home modification, integrated community employment, medical risk services, personal emergency response system (PERS), retirement services, supported employment – enclave, supported employment - follow along, team behavioral consultation, transitional services, transportation, vehicle modification, vocational planning habilitation service, workstation habilitation services for individuals 21 years and older diagnosed with autism, intellectual disability, and developmental disability.

#### [NE HCBS for Aged & Adults & Children with Disabilities \(0187.R06.00\)](#)

Provides adult day health, chore, respite, assisted living service, assistive technology supports and home mods, extra care for children with disabilities, home again services, home delivered meals, independent skills building, nutrition services, personal emergency response systems (PERS), and transportation for individuals 65 and older as well individuals less than 65 who are diagnosed as physically disabled.

#### [NE Comprehensive Developmental Disabilities Services \(4154.R06.02\)](#)

Provides prevocational services, residential habilitation, respite, supported employment – individual, adult companion service, adult day services, assistive technology, consultative assessment service, crisis intervention support, environmental modification assessment, habilitative community inclusion, habilitative workshop, home modifications, homemaker services, in-home residential habilitation, personal emergency response system, supported employment – enclave, supported employment - follow along, transitional services, transportation, vehicle modification for individuals of all ages diagnosed with autism, intellectual or developmental disabilities.

**NE Day Services Waiver for Adults with Developmental Disabilities (DD) (0394.R03.01)****State Operating Agency: Nebraska DHHS Division of Developmental Disabilities (DDD)**

<b>Description</b>	<p>This waiver allows individuals with intellectual or developmental disabilities to maximize their independence and participate to the fullest extent possible in their communities. It offers participants an array of services which focus on choice, employment, community inclusion, and integration to meet the needs and wants of the participant. The number of self-directed services has expanded to ensure providers flexibility, control of choice, and informed consent. Provider-managed services are habilitative and non-habilitative, and may not be self-directed.</p> <p>The services provided by this waiver include: day habilitation, prevocational services, respite, supported employment – individual, adult companion service, adult day services, assistive technology, behavioral risk services, community living and day supports, consultative assessment service, crisis intervention support, environmental modification assessment, habilitative community inclusion, habilitative workshop, home modification, integrated community employment, medical risk services, personal emergency response system (PERS), retirement services, supported employment – enclave, supported employment - follow along, team behavioral consultation, transitional services, transportation, vehicle modification, vocational planning habilitation service, and workstation habilitation services.</p>
<b>Waiver Type</b>	1915(c)
<b>Target Population- Eligibility</b>	Individuals 21 years or older who are diagnosed with autism, developmental disabilities (DD), and intellectual disabilities (ID).
<b>Level of Care</b>	Individuals require level of care available in an Intermediate Care Facility Individuals with Intellectual Disabilities (ICF/IID).
<b>Respite Services</b>	<p>Respite service is a non-habilitative service that is provided to participants unable to care for themselves and is furnished on a short-term, temporary basis for relief to the usual caregiver(s) living in the same private residence as the participant. Respite includes assistance with activities of daily living (ADL), health maintenance, and supervision. Respite services may be provided in the caregiver's home, the provider's home or in community settings.</p> <p>Respite services may be self-directed or provider managed.</p>
<b>Respite Provider Eligibility</b>	Information on becoming a provider of services: <a href="http://dhhs.ne.gov/Pages/DD-Providers.aspx">http://dhhs.ne.gov/Pages/DD-Providers.aspx</a>
<b>Caregiver Eligibility</b>	Respite may not be provided by the legally responsible person, or the legal guardian. Respite may be provided by a relative. Respite cannot be provided by members living in the individual's immediate household.
<b>Enrollment Limit</b>	900: Year ending 02/28/2022
<b>How to Apply</b>	Contact Developmental Disabilities Service Coordination at (402) 471-8501 or your local Department of Health and Human Services office. Apply online through ACCESSNebraska.
<b>Contact Information</b>	Nebraska Department of Health & Human Services, Division of Developmental Disabilities (402) 471-8501 or email: <a href="mailto:Dhhs.developmentaldisabilities@nebraska.gov">Dhhs.developmentaldisabilities@nebraska.gov</a>
<b>Link to Waiver Application</b>	<a href="http://dhhs.ne.gov/DD%20Documents/0394%20Approved%20Waiver.pdf">http://dhhs.ne.gov/DD%20Documents/0394%20Approved%20Waiver.pdf</a>
<b>Expiration Date</b>	02/28/2022
<b>Date of Last Update</b>	06/05/2019

**NE HCBS for Aged & Adults & Children with Disabilities (0187.R06.00)**

State Operating Agency: Nebraska DHHS Division of Medicaid and Long-term Care

Description	<p>This waiver enables families with children or adults with disabilities to stay together, or to allow elderly and persons with disabilities to remain independent and participate in integrated community living and services. It is based on a family-centered, consumer-directed philosophy with an emphasis on the use of informal and natural supports in the community. Individuals are provided with options related to needed services and community supports. The majority of services are provided by independent contractors in order to allow services delivery in the rural and frontier areas of the state.</p> <p>The services provided by this waiver include: adult day health, chore, respite, assisted living service, assistive technology supports and home modifications, extra care for children with disabilities, home again services, home delivered meals, independent skills building, nutrition services, personal emergency response systems (PERS), and transportation.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals who are age 65 and older and individuals less than 65 years old diagnosed with a physical disability.
Level of Care	Individuals require level of care available in nursing facility (NF).
Respite Services	<p>Respite services are provided to consumers unable to care for themselves that are furnished on a short-term basis because of the absence of or need for relief of those persons who normally provide care for the consumer.</p> <p>Respite may be provided in or out of the consumer's home. Out of home respite may be provided in the following locations: private residence of a respite service provider, Medicaid certified nursing facility, Licensed Assisted Living Facility, Licensed Respite Facility, Licensed or approved child care home or center, or other community settings.</p> <p>Respite may not be used to allow the usual caregiver to accept or maintain employment. Respite services are provider managed.</p>
Respite Provider Eligibility	Information on becoming a provider of services: <a href="http://dhhs.ne.gov/Pages/Medicaid-Providers.aspx">http://dhhs.ne.gov/Pages/Medicaid-Providers.aspx</a>
Caregiver Eligibility	Respite may be provided by a relative or, legal guardian; but may not be provided by the legally responsible person.
Enrollment Limit	6500: Year Ending 07/31/2021
How to Apply	Children (0-3) services are offered through Early Childhood Development Network; children (3-17) at local DHHS offices; adults (18-64) at League of Human Dignity, and adults (65 and older) at Area Agencies on Aging. (These numbers can be found at <a href="http://dhhs.ne.gov/Pages/Medicaid-Home-and-Community-Based-Programs.aspx">http://dhhs.ne.gov/Pages/Medicaid-Home-and-Community-Based-Programs.aspx</a> under "Aged and Disabled Waiver")
Contact Information	Nebraska Department of Health and Human Services Division of Medicaid and Long-term Care; (402) 471-3121
Link to Waiver Application	<a href="http://dhhs.ne.gov/Documents/A%26D%20Waiver%20Complete.pdf">http://dhhs.ne.gov/Documents/A%26D%20Waiver%20Complete.pdf</a>
Expiration Date	07/31/2021
Date of Last Update	06/05/2019

**NE Comprehensive Developmental Disabilities Services (4154.R06.02)**  
**State Operating Agency: Nebraska DHHS Division of Developmental Disabilities (DDD)**

<b>Description</b>	<p>This waiver is designed to offer quality home and community-based services so that individuals with intellectual or developmental disabilities (DD) may remain in their family home or local communities. This waiver offers participants an array of services available which focus on choice, employment, community inclusion, and integration to meet the needs and wants of the participant. Participant-directed services are intended to give participants more control over the services received. Agency-based services are habilitative, with the exception of Adult Day and Respite. Independent services are self-directed by the participant and/or their representative as needed; they are habilitative in nature except Respite.</p> <p>The services provided by this waiver include: prevocational services, residential habilitation, respite, supported employment – individual, adult companion service, adult day services, assistive technology, consultative assessment service, crisis intervention support, environmental modification assessment, habilitative community inclusion, habilitative workshop, home modifications, homemaker services, in-home residential habilitation, personal emergency response system, supported employment – enclave, supported employment - follow along, transitional services, transportation, and vehicle modification.</p>
<b>Waiver Type</b>	1915(c)
<b>Target Population-Eligibility</b>	Individuals of any age who are diagnosed with autism, developmental disability, or intellectual disability.
<b>Level of Care</b>	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
<b>Respite Services</b>	<p>Respite service is provided to participants unable to care for themselves and is furnished on a short-term, temporary basis for relief to the usual caregiver(s) living in the same private residence as the participant. Respite includes assistance with activities of daily living (ADL), health maintenance, and supervision. Respite services may be provided in the caregiver’s home, the provider’s home or in community settings.</p> <p>Respite services may be self-directed or provider managed.</p>
<b>Respite Provider Eligibility</b>	Information on becoming a provider of services: <a href="http://dhhs.ne.gov/Pages/DD-Providers.aspx">http://dhhs.ne.gov/Pages/DD-Providers.aspx</a>
<b>Caregiver Eligibility</b>	Respite may not be provided by the legally responsible person, or the legal guardian. Respite may be provided by a relative. Respite cannot be provided by members living in the individual’s immediate household.
<b>Enrollment Limit</b>	4410: Year Ending 05/31/2022
<b>How to Apply</b>	Contact Developmental Disabilities Service Coordination at (402) 471-8501 or your local Department of Health and Human Services office. Apply online through ACCESSNebraska.
<b>Contact Information</b>	Nebraska Department of Health & Human Services, Division of Developmental Disabilities; (402) 471-8501 or email: <a href="mailto:Dhhs.developmentaldisabilities@nebraska.gov">Dhhs.developmentaldisabilities@nebraska.gov</a>
<b>Link to Waiver Application</b>	<a href="http://dhhs.ne.gov/DD%20Documents/4154%20Approved%20Waiver.pdf">http://dhhs.ne.gov/DD%20Documents/4154%20Approved%20Waiver.pdf</a>
<b>Expiration Date</b>	05/31/2022
<b>Date of Last Update</b>	06/05/2019