

NEW HAMPSHIRE

New Hampshire Department of Health and Human Services Medicaid Client Services

129 Pleasant Street Concord, NH 03301-3852

<http://www.dhhs.nh.gov/dcbcs/bds/index.htm>

Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

New Hampshire has introduced an 1115 waiver program, called Building Capacity for Transformation, which also will provide respite to participants. This program delivers services through Integrated Delivery Networks. The 1915(c) waivers that provide respite will continue to operate.

[NH Building Capacity for Transformation](#)

New Hampshire seeks to transform its behavioral health delivery system through: Integrating physical and behavioral health to better address the full range of beneficiaries' needs; Expanding provider capacity to address behavioral health needs in appropriate settings; and Reducing gaps in care during transitions through improved care coordination for individuals with behavioral health issues.

[NH In Home Supports \(IHS\) Waiver for Children with Developmental Disabilities \(0397.R03.00\)](#)

Provides enhanced personal care, consultations, environmental and vehicle modifications, family support/service coordination, respite care for individuals from birth to age 21 diagnosed with autism, intellectual disabilities or developmental disabilities.

[NH Developmental Disabilities \(DD\) Waiver \(0053.R06.00\)](#)

Provides community participation services, residential habilitation/personal care services, respite, service coordination, supported employment, assistive technology support services, community support services (CSS), crisis response services, environmental and vehicle modification services, participant directed and managed services (PDMS), specialty services, wellness coaching for individuals of all ages diagnosed with autism, intellectual disabilities or developmental disabilities.

[NH Acquired Brain Disorder \(ABD\) Waiver \(4177.R05.00\)](#)

Provides community participation services, respite, service coordination, supported employment services, assistive technology support services, community support services (CSS), crisis response services, environmental and vehicle modification services, participant directed and managed services - PDMS, residential habilitation/personal care services, specialty services, wellness coaching for individuals age 22 and older diagnosed with a brain injury that constitutes an Acquired Brain Disorder.

[NH Choices for Independence CFI Waiver \(0060.R07.00\)](#)

Provides adult medical day services, home health aide, homemaker, personal care, respite, supported employment, financial management services, adult family care, adult in-home services, community transition services, environmental accessibility services, home-delivered meals, non-medical transportation, participant directed and managed services, personal emergency response system, residential care facility services, skilled nursing, specialized medical equipment services, supportive housing services for aged individuals 65 years and older and individuals age 18-64 diagnosed with physical and other disabilities.

NH Building Capacity for Transformation

State Operating Agency: Department of Health and Human Services

Description

In New Hampshire the demand for mental health and substance abuse services is increasing. New Hampshire seeks to transform its behavioral health delivery system through: Integrating physical and behavioral health to better address the full range of beneficiaries’ needs; Expanding provider capacity to address behavioral health needs in appropriate settings; and Reducing gaps in care during transitions through improved care coordination for individuals with behavioral health issues. This program is also called the DRISP program and helps provide services through Integrated Delivery Networks (IDNs).

The programs that provide HCBS are two designated state health programs. Emergency services are covered through Community Mental Health Program (CMHP) interventions for the purposes of reducing a person’s acute psychiatric symptoms, the likelihood of harm to self or others, or assisting the person’s return to his or her pre-crisis level of functioning. The outcomes for people receiving emergency services will be referral to, or placement in, the optimal and least restrictive level of care necessary to initiate treatment and stabilize the acute psychiatric condition and resolve the psychiatric emergency or ameliorate the risk of harm to self, others, community or property. Peer Support services inform an increased quality of life, hope for and belief in the possibility of recovery, choice regarding services and supports available, awareness of and access to less restrictive and less costly services as an alternative to more restrictive and/or costly services such as hospitalization, and increased social connectedness for persons living with mental illness. Peer support agencies provide help to people with mental illness who are 18 years of age or older and who identify themselves as a recipient, a former recipient, or a person who is at significant risk of becoming a recipient of publicly funded mental health services.

Waiver Type

1115

Target Population-Eligibility

Community Mental Health Center Emergency Services: the eligible populations associated with the program are individuals with a Severe Mental Illness or Severe and Persistent Mental Illness, as well as children with a serious emotional disturbance who are receiving community mental health services in the community, but have associated program expenses not reimbursable by the Medicaid program.

Peer Support Services: Individuals age 18 and older who self-identify as having a mental illness.

Expansion of Peer Support Access, Capacity, and Utilization program: consumers with behavioral health conditions.

Level of Care

Level of care is not available.

Respite Services

The Community Mental Health Center Emergency Services program provides crisis respite care. Emergency services are available 24 hours a day, 7 days per week to individuals served by the state’s mental health services system who have a psychiatric emergency anywhere in the region served by the CMHP.

The Peer Support Services program also provides crisis respite as a 24 hour, short-term, non-medical crisis program.

One Capacity Building Project that includes respite is the Expansion of Peer Support Access, Capacity, and Utilization program. This project seeks to promote the inclusion of the peer support perspective in behavioral health service planning/delivery, increase collaboration between traditional clinical behavioral health programs and alternative mental health consumer-run peer support agencies, and expand peer support workforce capacity, including peer-run Crisis Respite Centers. It is anticipated that the project will result in improved health status for individuals with behavioral health conditions and reduced use of more restrictive crisis service settings including involuntary hospital admissions. Requirements specific to peer support agencies: On-site provision of respite at peer support agencies, as one of many peer-run program offerings; Training for Peer Support Agency staff in Intentional Peer Support (IPS) with additional specific training in crisis respite for staff assigned to that program.

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Respite Provider Eligibility	Provider eligibility is not available.
Caregiver Eligibility	Caregiver eligibility is not available.
Enrollment Limit	The state expects the demonstration to affect 140,000 Medicaid beneficiaries. All will not need respite services.
How to Apply	To apply online, go to: https://nheasy.nh.gov ; or For information on all of the ways to apply, go to https://www.dhhs.nh.gov/dfa/apply.htm <ul style="list-style-type: none">• Print out one of the following Applications, completing it, and mailing it in to your local District office at https://www.dhhs.nh.gov/contactus/districtoffices.htm or• Call (800) 852-3345, ext 4344; or (603) 271-4344
Contact Information	Please contact the Department through 1115waiver@dhhs.state.nh.us with any questions you have
Link to Waiver Application	https://www.dhhs.nh.gov/section-1115-waiver/documents/bct-stc-dshp-amendment-approved.pdf
Expiration Date	12/30/2020
Date of Last Update	08/02/2019

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NH In Home Supports (IHS) Waiver for Children with Developmental Disabilities (0397.R03.01)

State Operating Agency: New Hampshire DHHS, Bureau of Developmental Services (BDS)

Description	<p>The purpose of this waiver is to provide personal care and other related supports and services to promote greater independence and skill development for a child, adolescent, or young adult who has a developmental disability. It provides assistance to families with children or individuals who require long-term supports and services. Families and individuals work with the State to identify, through a family or person-centered planning process, those specific services and supports offered under this waiver that are needed to avoid placement in an institutional setting as to allow the individual to remain actively engaged with their community.</p> <p>The services provided by this waiver include: enhanced personal care, consultations, environmental and vehicle modifications, family support/service coordination, and respite care.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals from birth to age 21 who are diagnosed with autism, developmental disabilities, and/or intellectual disabilities. Waiver services are limited to individuals who live at home with his or her family.
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	Respite care services consist of the provision of short-term assistance, in or out of an eligible child's/individual's home, for the temporary relief and support of the family with whom the child/individual lives. Respite care is participant-directed, and can be family-arranged or agency-arranged.
Respite Provider Eligibility	Information about provider eligibility: http://www.dhhs.nh.gov/ombp/medicaid/providerservices.htm .
Caregiver Eligibility	Respite may not be provided by a legally responsible person, relative, or legal guardian.
Enrollment Limit	500: Year ending 12/31/2020
How to Apply	To apply for developmental services, contact the local Area Agency for Developmental Services in the geographical region where the person resides (http://www.dhhs.nh.gov/dcbcs/bds/agencies.htm).
Contact Information	Bureau of Developmental Services, Division of Community Based Care Services (603) 271-5034 or BDS@dhhs.nh.gov
Link to Waiver Application	https://www.dhhs.nh.gov/dcbcs/bds/documents/ihs waiver.pdf
Expiration Date	12/31/2020
Date of Last Update	06/06/2019

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NH Developmental Disabilities (DD) Waiver (0053.R06.00)

State Operating Agency: New Hampshire DHHS, Bureau of Developmental Services (BDS)

Description	<p>This waiver provides services which maximize the ability and informed decision-making authority of people with developmental disabilities and which promote the individual's personal development, independence and quality of life in a manner that is determined by the individual. Families and individuals work with the State to identify, through a family or person-centered planning process, those specific services and supports offered under this waiver that are needed to avoid placement in an institutional setting as to allow the individual to remain actively engaged with their community.</p> <p>The services provided by this waiver include: community participation services, residential habilitation/personal care services, respite, service coordination, supported employment, assistive technology support services, community support services (CSS), crisis response services, environmental and vehicle modification services, participant directed and managed services (PDMS) formerly consolidated developmental services, specialty services, and wellness coaching.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals of any age diagnosed with: autism, developmental disabilities (DD), and/or intellectual disabilities (ID).
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	Respite is provided to individuals unable to care for themselves and is furnished on a short-term basis because of the absence or need for relief of the caregiver normally providing the care. Respite services may be participant directed or provider managed.
Respite Provider Eligibility	Information about provider eligibility: http://www.dhhs.nh.gov/ombp/medicaid/providerservices.htm
Caregiver Eligibility	Respite may not be provided by the legally responsible person or legal guardian, but may be provided by a relative.
Enrollment Limit	5303: Year Ending 08/31/2021
How to Apply	To apply for developmental services, contact the local Area Agency for Developmental Services in the geographical region where the person resides (http://www.dhhs.nh.gov/dcbcs/bds/agencies.htm).
Contact Information	Bureau of Developmental Services, Division of Community Based Care Services (603) 271-5034 or BDS@dhhs.nh.gov
Link to Waiver Application	https://www.dhhs.nh.gov/dcbcs/bds/documents/ddwaiver.pdf
Expiration Date	08/31/2021
Date of Last Update	06/06/2019

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NH Acquired Brain Disorder (ABS) Waiver (4177.R05.00)

State Operating Agency: New Hampshire DHHS, Bureau of Developmental Services (BDS)

Description	<p>The goal of this waiver is to provide services that maximize the ability and decision-making of people with acquired brain disorder (ABD), and promote personal development, independence, and quality of life in a manner that is determined by the individual. Individual/families work with the Area Agencies (AA) and State to identify, through a person-centered planning process, those specific services and supports offered under this waiver that are needed to avoid placement in an institutional setting.</p> <p>The services provided by this waiver include: community participation services, respite, service coordination, supported employment services, assistive technology support services, community support services (CSS), crisis response services, environmental and vehicle modification services, participant directed and managed services - PDMS, residential habilitation/personal care services, specialty services, and wellness coaching.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals age 22 and older who have been determined to have a brain injury that is classified as an Acquired Brain Disorder (ABD). While there is no maximum age limit to continue receiving this waiver, the brain injury must have occurred before the individual was 60 years of age in order to be classified as an ABD.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	Respite is provided to individuals unable to care for themselves and is furnished on a short-term basis because of the absence or need for relief of the caregiver normally providing the care. Respite services may be participant directed or provider managed.
Respite Provider Eligibility	Information about provider eligibility: http://www.dhhs.nh.gov/ombp/medicaid/providerservices.htm
Caregiver Eligibility	Respite may not be provided by the legally responsible person or a legal guardian, but may be provided by a relative.
Enrollment Limit	307: Year Ending 10/31/2021
How to Apply	To apply for developmental services, contact the local Area Agency for Developmental Services in the geographical region where the person resides (http://www.dhhs.nh.gov/dcbcs/bds/agencies.htm).
Contact Information	Bureau of Developmental Services, Division of Community Based Care Services (603) 271-5034 or BDS@dhhs.nh.gov
Link to Waiver Application	https://www.dhhs.nh.gov/dcbcs/bds/documents/abdwaiver.pdf
Expiration Date	10/31/2021
Date of Last Update	06/06/2019

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NH Choices for Independence (CFI) Waiver (0060.R07.00)

State Operating Agency: New Hampshire DHHS, Bureau of Elderly and Adult Services (BEAS)

Description	<p>The goal of this waiver is to support elders and adults with disabilities to live independently in their community. The individual selects an Independent Case Management agency, which provides the supports necessary for development of the supports outlined in the person centered plan and provides ongoing monitoring and support to ensure services are provided as outlined in the plan.</p> <p>The services provided by this waiver include: adult medical day services, home health aide, homemaker, personal care, respite, supported employment, financial management services, adult family care, adult in-home services, community transition services, environmental accessibility services, home-delivered meals, non-medical transportation, participant directed and managed services, personal emergency response system, residential care facility services, skilled nursing, specialized medical equipment services, and supportive housing services.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals who are: 65 years and older or between 18 and 64 years old who are diagnosed as having a physical or other disability.
Level of Care	Individuals require level of care available in a nursing facility (NF).
Respite Services	<p>Respite is provided to individuals unable to care for themselves and is furnished on a short-term basis because of the absence or need for relief of the caregiver normally providing the care. Respite services may be participant-directed or provider managed.</p> <p>Services are limited to the equivalent of 30, 24 hour days of care per state fiscal year/participant. Services are provided in units of time that are determined appropriate by the caregiver and case manager.</p>
Respite Provider Eligibility	Information about provider eligibility: http://www.dhhs.nh.gov/ombp/medicaid/providerservices.htm
Caregiver Eligibility	Respite may be provided by the legally responsible person, legal guardian, or relative.
Enrollment Limit	3766: Year Ending 06/30/2022
How to Apply	To apply, contact New Hampshire ServiceLink at (866) 634-9412 or your local area agency on aging.
Contact Information	Contact Bureau of Elderly and Adult Services at (603) 271-9203, BEAS@dhhs.nh.gov or go the Home and Community Care website at http://www.dhhs.nh.gov/dcbcs/beas/homecare.htm to find more information on the program.
Link to Waiver Application	https://www.dhhs.nh.gov/dcbcs/bds/documents/cfiwaiver2017.pdf
Expiration Date	06/30/2022
Date of Last Update	06/06/2019