

NORTH DAKOTA

North Dakota Department of Human Services, Medical Services Division (DHHS, MSD)

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<http://www.nd.gov/dhs/>

Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

[ND Medicaid Waiver for Medically Fragile Children \(0568.R02.02\)](#)

Provides institutional respite, program management or case management, dietary supplements, environmental modifications, equipment and supplies, in-home supports, individual and family counseling, transportation for individuals ages 3-17 diagnosed as for medically fragile.

[ND Medicaid Waiver HCBS \(0273.R05.02\)](#)

Provides adult day care, adult residential care, case management, homemaker, respite care, supported employment, adult foster care, chore, community transition services, emergency response, environmental modification, extended personal care, family personal care, home delivered meals, non-medical transportation, specialized equipment & supplies, supervision, transitional living for individuals who are aged 65 – no max age, disabled-physical ages 18-64, and disabled-other ages 18-64 yrs.

[ND Children's Hospice Waiver \(0834.R02.01\)](#)

Provides case management, respite, hospice, skilled nursing, bereavement counseling, equipment and supplies, expressive therapy, and palliative for individuals age 21 or younger diagnosed as medically fragile.

[ND Autism Spectrum Disorder Birth through Eleven Waiver \(0842.R02.00\)](#)

Provides: respite, service management, assistive technology, program design and monitoring, and skills training for children ages 0-11 diagnosed with autism.

NORTH DAKOTA

ND Medicaid Waiver for Medically Fragile Children (0568.R02.02)

State Operating Agency: North Dakota Department of Human Services, Developmental Disabilities (DD) Division

Description	<p>The purpose of this waiver is to provide assistance for families who require long-term supports and services to maintain children diagnosed as medically fragile in the family home setting while meeting the children's unique medical needs. This will reduce and prevent institutional placement for children who are medically fragile.</p> <p>The services provided by this waiver include: institutional respite, program management or case management, dietary supplements, environmental modifications, equipment and supplies, in-home supports, individual and family counseling, and transportation.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals 3-17 years old diagnosed as medically fragile.
Level of Care	Individuals require level of care available in a Nursing Facility (NF).
Respite Services	<p>Institutional Respite: The purpose of Institutional Respite is to provide temporary relief to the eligible consumer's legally responsible caregiver from the stresses and demands associated with having a child who is medically fragile. Institutional Respite is provided in a nursing facility or hospital which is capable of meeting the child's unique medical needs while assuring their health and welfare. Institutional Respite can be provided for no longer than 14 consecutive days. Institutional Respite is participant-directed.</p>
Respite Provider Eligibility	<p>Provider must be a nursing facility or hospital certified as a Medicaid provider and licensed to operate in North Dakota by the Department of Health. For more information about provider eligibility: http://www.nd.gov/dhs/services/medicalserv/medicaid/provider.html</p>
Caregiver Eligibility	Respite may not be provided by a legal guardian, relative, or legally responsible person.
Enrollment Limit	25: Year ending 05/31/2021
How to Apply	<p>Contact Developmental Disabilities Division. To find the office nearest you, please visit: http://www.nd.gov/dhs/services/disabilities/dd-offices.html</p>
Contact Information	<p>Department of Human Services, Developmental Disabilities Division: (701) 328-8930 or dhsdd@nd.gov</p> <p>Medical Services Division: (701) 328-7068, toll free number 1-800-755-2604, or dhsmed@nd.gov</p>
Link to Waiver Application	http://www.nd.gov/dhs/info/pubs/docs/medicaid/waiver-childrens-medically-fragile.pdf
Expiration Date	05/31/2021
Date of Last Update	06/28/2019

ND Medicaid Waiver HCBS (0273.R05.02)

State Operating Agency: North Dakota Department of Human Services (DHS), Aging Services Division

Description	<p>This waiver provides options for a continuum of home and community based services in the least restrictive environment. The goal is to adequately and appropriately sustain individuals in their own homes and communities and to delay or divert institutional care. The waiver uses a consumer-centered, affordable delivery system for delivery of in-home services. To accomplish these goals, an array of services is offered through the waiver. A system has been established to assess the needs of consumers, implement a care plan, monitor the progress of the care plan, and re-evaluate consumer needs on a regular basis. The service delivery system includes individual and agency service providers.</p> <p>The services provided by this waiver includes: adult day care, adult residential care, case management, homemaker, respite care, supported employment, adult family foster care, chore, emergency response, environmental modifications, extended personal care, family personal care, home delivered meals, non-medical transportation, specialized equipment and supplies, supervision, and transitional living.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals who are aged 65 years or older or individuals who are 18-64 years old and diagnosed as physically or otherwise disabled (which includes individuals with brain injuries or dementia).
Level of Care	Individuals require level of care available in a Nursing Facility (NF).
Respite Services	<p>Respite Care is for the purpose of providing temporary relief to the individual’s primary care provider from the stresses and demands associated with constant care or in emergencies. Respite is provided in cases where: the primary caregiver’s need for relief is intermittent or occasional; the client requires a qualified caregiver during the primary caregiver’s absence; and/or the relief is not for the primary caregiver’s employment or to attend school. Respite care can be provided in the client’s residence, adult foster care home, hospital, nursing facility, swing bed facility, or in the private home of approved respite home care provider.</p> <p>Generally, these services are limited to approximately 9 hours a week for in-home respite, and 4 days a month for institutional respite. To avoid duplication, respite care cannot be provided to individuals receiving adult residential services. Respite care is provider managed.</p>
Respite Provider Eligibility	<p>Information about provider eligibility: http://www.nd.gov/dhs/services/medicalserv/medicaid/provider.html.</p>
Caregiver Eligibility	Respite may not be provided by a legally responsible person or a legal guardian, but may be provided by a relative.
Enrollment Limit	580: Year ending 03/31/2022
How to Apply	<p>Contact the Medical Services Division of your local County Social Service Office http://www.nd.gov/dhs/locations/countysocialserv/index.html</p>
Contact Information	<p>Medical Services Division (701) 328-7068, toll free number 1-800-755-2604, or dhsmed@nd.gov Aging and Disability Resource 1-855-462-5465</p>
Link to Waiver Application	http://www.nd.gov/dhs/info/pubs/docs/medicaid/waiver-hcbs.pdf
Expiration Date	03/31/2022
Date of Last Update	06/07/2019

NORTH DAKOTA

ND Children's Hospice Waiver (0834.R02.01)

State Operating Agency: North Dakota Department of Human Services (DHS), Medical Services Division

Description	<p>The purpose of this waiver is to keep children, who have a life limiting diagnosis that may be less than one year, in their home as much as possible, avoiding lengthy hospital stays and delaying or diverting institutional care. This waiver allows the family to provide treatments that are both curative and palliative for the child to successfully handle each day from time of diagnosis to death.</p> <p>The services provided by this waiver include: case management, respite, hospice, skilled nursing, bereavement counseling, equipment and supplies, expressive therapy, and palliative. Services are provided through the traditional service method.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals who are aged 0-21 and diagnosed as medically fragile. Child will have a letter from their primary physician stating they have a life limiting diagnosis that could possibly be end of life within one year or less.
Level of Care	Individuals require level of care available in a Nursing Facility (NF).
Respite Services	<p>Respite can provide temporary relief to the legally responsible caregiver in order for the caregiver to possibly but not be limited to accompanying other siblings to daily activities, provide relief for brief periods of time, and complete all Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs) for the child. Respite is defined as taking total care of child for a short period of time (not overnight). The legal caregiver will be able to attend to other siblings or family members, and take care of self needs or other tasks.</p> <p>This service will only be authorized when listed on the service plan as a need. The family can use respite in conjunction with a Home Health Aide (not a waiver service). Child must be residing in their legally responsible caregiver's home and respite must occur within this home. Respite services are provider managed. Respite services are limited to 76 hours per year for the identified child.</p>
Respite Provider Eligibility	Information about provider eligibility: http://www.nd.gov/dhs/services/medicalserv/medicaid/provider.html
Caregiver Eligibility	Respite may not be provided by a legally responsible person, relative, or legal guardian.
Enrollment Limit	30: Year ending 06/30/2023.
How to Apply	Contact the Medical Services Division of your local County Social Service Office http://www.nd.gov/dhs/locations/countysocialserv/index.html
Contact Information	Medical Services Division (701) 328-7068, toll free number 1-800-755-2604, or dhsmed@nd.gov
Link to Waiver Application	http://www.nd.gov/dhs/info/pubs/docs/medicaid/waiver-childrens-hospice.pdf
Expiration Date	06/30/2023
Date of Last Update	06/07/2019

NORTH DAKOTA

ND Autism Spectrum Disorder Birth through Eleven Waiver (0842.R02.00)

State Operating Agency: North Dakota Department of Human Services, Autism Services Division

Description	<p>The waiver provides service options for children from birth through age 11 living with a primary caregiver who are diagnosed with autism. The goal of the waiver is to support the primary caregiver to maximize the child's development and prevent out of home placements. The state oversees the process from application to delivery of service including child outcomes.</p> <p>The services provided by this waiver include: respite, service management, and assistive technology.</p>
Waiver Type	1915(c)
Target Population-Eligibility	Individuals ages 0-11 who has been diagnosed with Autism or are on the Autism Spectrum.
Level of Care	Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).
Respite Services	<p>Respite services are provided to participants unable to care for themselves and are furnished on a short-term basis because of the need for relief of the primary caregivers. Routine respite care may include hourly, daily, and overnight support and may be provided in the individual's place of residence, a facility approved by the State which is not a private residence, or in the private residence of the respite care provider. Respite is only available to primary caregivers in family settings.</p> <p>Respite care shall not be used as day/child care to allow the persons normally providing care to go to work or school. The maximum number of hours of respite for which a family is eligible is 40 hours per month. Respite services may be participant-directed or provider managed.</p>
Respite Provider Eligibility	Information on becoming a provider of services: http://www.nd.gov/dhs/autism/asdprovider.html or http://www.nd.gov/dhs/services/medicalserv/medicaid/provider.html
Caregiver Eligibility	Respite may not be provided by a legally responsible person or a legal guardian, but may be provided by a relative.
Enrollment Limit	96: Year ending 10/31/2023.
How to Apply	Contact Autism Services Division or complete the application online at: http://www.nd.gov/dhs/autism/
Contact Information	North Dakota Department of Human Services, Autism Services Division 701-328-2324, toll-free 800-755-2719 or dhsautism@nd.gov .
Link to Waiver Application	http://www.nd.gov/dhs/autism/docs/autism-spectrum-disorder-waiver-thru-age-11.pdf
Expiration Date	10/31/2023
Date of Last Update	06/07/2019