

# OREGON

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**Oregon Health Authority, Division of Medical Assistance Programs, (OHA)**

500 Summer Street NE

Salem, OR 97301-1079

<http://www.oregon.gov/oha/healthplan/pages/index.aspx>

## **Home and Community-Based 1915(c) Waivers for Respite Support**

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs.

Medicaid in Oregon no longer provides respite or respite like services through Home and Community-Based 1915(c) Waivers. As of 2013, Oregon provides long-term supports and services, including respite, through its 1115 demonstration: Oregon Health Plan. The majority of health care services under the OHP are provided through managed care organizations.

## [Oregon Health Plan](#)

Through this demonstration, respite care services are offered with three different programs. One such program is the MH Children and Adolescent program which provides mental health services for children and adolescents with primary mental, emotional or behavioral conditions. This program offers provision of screening, assessment and level of service intensity, referral and care coordination services, skills training, crisis planning, respite care, and in-home support. The second program is the Family Support program, which provides services for families with children who have been diagnosed with developmental disabilities. This program offers: assistance in determining needed supports, respite care, purchase of adaptive equipment. The third program is the Children's Long-Term Support program which provides supports to a child with a developmental disability at risk of out-of-home placement (foster care, residential, etc.). Supports include: In-Home Supports, Respite, Behavior Consultation, Family Training, Environmental Adaptations, Specialized Medical Equipment and Supplies.

**Oregon Health Plan**  
**State Operating Agency: Oregon Health Authority**

<p>Description</p>	<p>Through this demonstration, respite care services are offered with three different programs. One such program is the MH Children and Adolescent program which provides mental health services for children and adolescents with primary mental, emotional or behavioral conditions. This program offers provision of screening, assessment and level of service intensity, referral and care coordination services, skills training, crisis planning, respite care, and in-home support. Services may be delivered, as appropriate, in a clinic, home, school or other settings familiar and comfortable for the individual receiving such services. Other settings may be aftercare/daycare, county case manager office, mental health clinic, and primary care clinic. The second program is the Family Support program, which provides services for families with children who have been diagnosed with developmental disabilities. This program offers: assistance in determining needed supports, respite care, purchase of adaptive equipment. Services are proactive and are intended to help prevent families from going into crisis. Families and service coordinators work to develop a plan revolving around the child and family needs and identify all available resources from the family and community. The third program is the Children’s Long-Term Support program which provides supports to a child with a developmental disability at risk of out-of-home placement (foster care, residential, etc.). Children are assessed for level of service by the local Community Developmental Disability Program Service Coordinator. With the family, the Service Coordinator assists in plan development that identifies supports needed for the child to stay in the home. Supports include: In-Home Supports, Respite, Behavior Consultation, Family Training, Environmental Adaptations, Specialized Medical Equipment and Supplies.</p>
<p>Waiver Type</p>	<p>1115</p>
<p>Target Population-Eligibility</p>	<p>MH Children and Adolescent program: individuals under age 18 who have primary mental, emotional or behavioral conditions and are not eligible for Medicaid.</p> <p>Family Support program: Families who have children with developmental disabilities. It is a capped program (\$1,200 per eligible child per year). The child must be 17 years of age or younger and have been determined developmentally disabled (DD) eligible and have tried to get access to funds to cover their needs prior to submitting request for Family Support. These individuals are not eligible for Medicaid.</p> <p>Children Long-Term Support program: Families who have children with developmental disabilities who are at risk for out of home placement. It is a capped program. The child must be 17 years of age or younger and have been determined developmentally disabled (DD) eligible and meet a crisis criteria of risk of out of home placement. These individuals are not eligible for Medicaid.</p>
<p>Level of Care</p>	<p>Level of care unavailable.</p>
<p>Respite Services</p>	<p>Services provided to individuals unable to care for themselves; furnished on a short-term basis because of the absence or need for relief of those persons normally providing the care.</p>
<p>Respite Provider Eligibility</p>	<p>For information on eligibility and becoming a provider, visit the Oregon Health Plan website for providers: <a href="https://www.oregon.gov/oha/HSD/OHP/Pages/Provider-Splash.aspx">https://www.oregon.gov/oha/HSD/OHP/Pages/Provider-Splash.aspx</a></p>
<p>Caregiver Eligibility</p>	<p>Caregiver eligibility unavailable.</p>
<p>Enrollment Limit</p>	<p>Family Support program: 500 case load; Children Long-Term Support program: 180 case load. Enrollment limit is unavailable for the MH Children and Adolescent program.</p>
<p>How to Apply</p>	<p>You can apply for Oregon Health Plan online by going to <a href="http://www.oregon.gov/oha/healthplan/Pages/apply.aspx">http://www.oregon.gov/oha/healthplan/Pages/apply.aspx</a> and finding the application that works best for you and your family. Or you can request a paper application by calling OHP Customer Service at 1-800-699-9075.</p>

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Contact Information	Any general questions about applying can be posed to the Customer Service office at 1-800-699-9075. Contact your Coordinated Care Organization (CCO), whose number you can find here: <a href="https://www.oregon.gov/oha/HSD/OHP/Pages/Coordinated-Care-Organizations.aspx">https://www.oregon.gov/oha/HSD/OHP/Pages/Coordinated-Care-Organizations.aspx</a> Or contact the Member Customer Service Number: 800-273-0557. Visit the Oregon Health Plan Contact Us website: <a href="https://www.oregon.gov/oha/HSD/Medicaid-Policy/Pages/Contact-Us.aspx">https://www.oregon.gov/oha/HSD/Medicaid-Policy/Pages/Contact-Us.aspx</a>
Link to Waiver Application	<a href="https://www.oregon.gov/oha/HSD/Medicaid-Policy/Documents/Oregon%20Health%20Plan%20STCs_2017-2022.pdf">https://www.oregon.gov/oha/HSD/Medicaid-Policy/Documents/Oregon%20Health%20Plan%20STCs_2017-2022.pdf</a>
Expiration Date	06/30/2022
Date of Last Update	07/29/2019

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