Texas Health and Human Services Commission (HHSC)
Brown-Heatly Building, 4900 North Lamar Boulevard, Austin, TX 78751
http://www.hhsc.state.tx.us

Managed Care 1915(b) and/or Home and Community-Based 1915(c) Waivers for Respite Support
Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America’s poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state’s Medicaid waivers that include respite are:

Texas has introduced an 1115 demonstration called the Healthcare Transformation and Quality Improvement Program. This waiver provides services through a managed care system. Texas’s 1915(c) waivers that provide respite will continue to operate and provide services to participants.

**Texas Healthcare Transformation and Quality Improvement Program**
Provides long-term services and supports, including home and community based services and respite, through the waiver’s STAR+PLUS HCBS program.

**TX Medically Dependent Children Program (0181.R06.02)**
Provides respite, supported employment, financial management services, adaptive aids, employment assistance, flexible family support services, minor home modifications, and transition assistance services for individuals diagnosed as medically fragile ages 0 through 20.

**TX Youth Empowerment Services (YES) (0657.R02.01)**
Provides respite, supported employment, adaptive aids and supports, community living supports (CLS), employment assistance, family supports, minor home modifications, non-medical transportation, paraprofessional services, specialized therapies, supportive family-based alternatives, and transitional services for individuals with a severe emotional disturbance (SED) ages 3 through 18.

**TX HCS Program (0110.R07.00)**
Provides day habilitation, respite, supported employment, adaptive aids, audiology, occupational therapy, physical therapy, prescribed drugs, speech and language pathology, financial management services, support consultation, behavioral support, cognitive rehabilitation therapy, dental treatment, dietary services, employment assistance, minor home modifications, nursing, residential assistance (host home/companion care, supervised living, residential support services), social work, supported home living, and transition assistance services for individuals of all ages diagnosed with Intellectual or Developmental Disabilities.

**TX Community Living Assistance & Support Services (CLASS) (0221.R05.04)**
Provides case management, prevocational services, residential habilitation, respite (in-home and out-of-home), supported employment, adaptive aids, dental treatment, dietary, nursing, occupational therapy, physical therapy, prescribed drugs, speech and language pathology, financial management services, support consultation, auditory integration training/auditory enhancement training, behavioral support, cognitive rehabilitation therapy, continued family services, employment assistance, minor home modifications, specialized therapies, support family services, and transition assistance services for individuals of all ages with developmental disabilities.
TX Deaf Blind w/Multiple Disabilities (DBMD) (0281.R05.02)

Provides case management, day habilitation, residential habilitation, respite, supported employment, prescribed drugs, financial management services, support consultation, adaptive aids and medical supplies, assisted living, audiology services, behavioral support services, chore service, dental treatment, dietary services, employment assistance, intervener, minor home modifications, nursing, occupational therapy services, orientation and mobility, physical therapy services, speech, hearing, and language therapy services, and transition assistance services for individuals of all ages diagnosed with a Developmental Disability.

TX Home Living Program (TxHmL) (0403.R03.03)

Provides day habilitation, respite, supported employment, prescription medications, financial management services, support consultation, adaptive aids, audiology services, behavioral support, community support, dental treatment, dietary services, employment assistance, minor home modifications, nursing, occupational therapy services, physical therapy services, speech-language pathology for individuals of all ages who have been diagnosed with an Intellectual or Developmental Disability.
## TX Healthcare Transformation and Quality Improvement Program

**State Operating Agency:** Texas Health and Human Services Commission

### Description

Through this demonstration, the state aims to: Expand risk-based managed care to new populations and services; Support the development and maintenance of a coordinated care delivery system; Improve outcomes while containing cost growth; and Transition to quality-based payment systems across managed care and providers. The STAR+PLUS HCBS Program provides long-term services and supports under this waiver. A participant-centered service plan of care must be developed for each participant. All waiver services must be furnished pursuant to the service plan, according to the projected frequency and type of provider. Participants have the option to self-direct several of the HCBS provided.

### Waiver Type

1115

### Target Population-Eligibility

The STAR+PLUS HCBS Program serves two distinct populations: STAR+PLUS 217-Like HCBS Group and SSI-Related Eligible Group.

**STAR+PLUS 217-Like HCBS Group.** This group consists of persons age 21 and older who qualify as members of the 217-Like HCBS Group, and who need and are receiving HCBS as an alternative to NF care. The Demonstration population includes persons who could have been eligible had the state continued its section 1915(c) HCBS waiver for persons who are elderly and/or physically disabled. Persons age 65 and older, and adults age 21 and older, with physical disabilities that qualify as SSI eligibles.

**Level of Care**

Both eligibility groups require the level of care available in a Nursing Facility (NF).

### Respite Services

Respite is provided through the STAR+PLUS HCBS Program. Respite care services are provided to individuals unable to care for themselves, and are furnished on a short-term basis because of the absence of or need for relief for those persons normally providing unpaid services. Respite care may be provided in the following locations: member's home or place of residence; adult foster care home; Medicaid certified NF; and an assisted living facility. Members residing in adult foster care homes and assisted living facilities are not eligible to receive respite services. Other waiver services, such as Personal Assistance Services, may be provided on the same day as respite services, but the two services cannot be provided at the exact same time. Respite is limited to 30 days per year. Respite may be provider managed or self-directed.

### Respite Provider Eligibility

Information for providers: [https://hhs.texas.gov/doing-business-hhs/provider-portals/health-services-providers](https://hhs.texas.gov/doing-business-hhs/provider-portals/health-services-providers)

### Caregiver Eligibility

Caregiver eligibility is not available.

### Enrollment Limit

- 25,574 in STAR+PLUS 217-like HCBS group: Year ending 2022
- 47,563 in SSI-related eligible group: Year ending 2022

### How to Apply

- You may call HHS at 1-855-937-2372 or the Medicaid client hotline at 1-800-252-8263
- Or, contact your local Health and Human Services office (locate yours at [https://apps.hhs.texas.gov/contact/search.cfm](https://apps.hhs.texas.gov/contact/search.cfm))

### Contact Information

For more information, email Managed_Care_Initiatives@hhsc.state.tx.us or contact your local Health and Human Services office

### Link to Waiver Application


### Expiration Date

09/30/2022

### Date of Last Update

08/02/2019
The MDCP waiver supports families and primary caregivers of eligible individuals who wish to remain in the community or move from a nursing facility to the community. Services are provided in the least restrictive environment possible including the individual’s, a family member’s, or a foster family home. MDCP supports community inclusion through a process that does not supplant the family role and supports families in their role as the primary caregiver for their children and young adults. This program uses a person directed service plan.

The consumer or their legally authorized representative can choose whether or not to self-direct one or more of these services provided through the participant-directed service delivery model: respite care or flexible family support services provided by an attendant; a registered nurse or a licensed vocational nurse; supported employment; or employment assistance. The consumer or their legally authorized representative is the employer of the individual providers.

If the traditional service delivery model is chosen, the individual or their legally authorized representative chooses the provider for each service included in the service plan.

The services provided by this waiver include: respite, supported employment, financial management services, adaptive aids, employment assistance, flexible family support services, modification, and transition assistance services.

**Waiver Type**

1915(c); concurrent operation with 1115 STAR Kids

**Target Population-Eligibility**

Individuals age 0 through 20 determined to be Medically Fragile.

**Level of Care**

Individuals require level of care available in a hospital or nursing facility (NF).

**Respite Services**

Respite is a service that provides temporary relief from caregiving to the primary caregiver during times when the individual’s primary caregiver would normally provide care. All respite settings must be located within the State of Texas. Respite may be provided in: Individual’s home or place of residence; Foster home; Medicaid certified hospital; Medicaid certified nursing facility; Specialty Care Facilities (an institution that provides a continuum of nursing or medical care or services primarily to persons with terminal illnesses including a special residential care facility); Host Families residence (must be licensed as a foster home or verified by a child-placing agency that is licensed by the Texas Department of Family and Protective Services); Accredited camps; and Licensed child care settings.

This service may not be provided at the same time the following services are provided: flexible family support services; employment assistance or supported employment with the individual present.

Respite is generally limited to 29 days per service plan period when provided in a hospital or nursing facility. Respite may be participant directed or provider managed.

**Respite Provider Eligibility**


**Caregiver Eligibility**

Respite may be provided by a relative or legal guardian, but not by a legally responsible person.

**Enrollment Limit**

6000: Year ending 08/31/2022

**How to Apply**

Call 1-877-438-5658 to get on the MDCP interest list.

**Contact Information**

Contact your local Health and Human Services office (locate yours at [https://apps.hhs.texas.gov/contact/search.cfm](https://apps.hhs.texas.gov/contact/search.cfm))

Or Contact MDCP staff at 1-877-438-5658

**Link to Waiver Application**


**Expiration Date**

08/31/2022

**Date of Last Update**

06/20/2019
TX Youth Empowerment Services (YES) (0657.R02.01)
State Operating Agency: Texas Health and Human Services (HHS)

Description
The YES waiver aims to improve access to services and allow more flexibility in providing intensive community-based services and supports for youth with SED and their families. The goals of the waiver include reducing out-of-home placements and inpatient psychiatric treatment by all child-serving agencies and providing a more complete continuum of community-based services and supports, ensuring and improving the clinical and functional outcomes of children and adolescents.

The services provided by this waiver include: respite, supported employment, adaptive aids and supports, community living supports (CLS), employment assistance, family supports, minor home modifications, non-medical transportation, paraprofessional services, specialized therapies, supportive family-based alternatives, and transitional services.

Waiver Type
1915(c)

Target Population-Eligibility
Individuals age 3 through 18 who have experienced a Serious Emotional Disturbance (SED).

Level of Care
Individuals require level of care available in a hospital (with subcategory of inpatient psychiatric facility).

Respite Services
Respite is furnished on a short-term basis because of the absence or need for relief of those persons who normally provide care for the waiver participant. Respite may be provided in: Waiver participant's home or place of residence; Private residence of a respite care provider, if that provider is a relative of the participant other than the waiver participant, spouse, legal guardian, or legally authorized representative; Foster home verified by the Texas Department of Family and Protective Services licensed child placing agency; General Residential Operations licensed by the Department of Family and Protective Services; Day or overnight camps accredited by the American Camping Association; Day or overnight camps licensed by DSHS; Child care centers or homes licensed by the Department of Family and Protective Services; and Child care homes registered with the Department of Family and Protective Services. All settings must be located within the State of Texas.

Generally, up to 720 consecutive or cumulative hours (30 days) of respite may be provided per individual service plan year. Respite services cannot be provided at the same time as supportive family-based alternatives, community living supports, supported employment, employment assistance, non-medical transportation, or paraprofessional services. Respite services are provider managed.

Respite Provider Eligibility
Provider eligibility information: https://hhs.texas.gov/doing-business-hhs/provider-portals/behavioral-health-services-providers/youth-empowerment-services-waiver-providers

Caregiver Eligibility
Respite may be provided by a relative but not by a legal guardian or legally responsible person. Respite services may be provided by a relative of the consumer other than the parents.

Enrollment Limit
3591: Year ending 03/31/2023

How to Apply

Call their respective YES Waiver Inquiry line to add your child to the YES Waiver Inquiry List

Contact Information
Phone: 512-206-4691 Email: YESWaiver@dshs.state.tx.us

Link to Waiver Application

Expiration Date
03/31/2023

Date of Last Update
06/20/2019

Medicaid Waivers for Respite Support – 2019
ARCH National Respite Network and Resource Center | archrespite.org
**TX HCS Program (0110.R07.00)**

**State Operating Agency:** Texas Health and Human Services

| Description | The Home and Community-based Services (HCS) waiver provides community-based services and supports to participants living in a variety of residential settings including an individual's own home, family home, a host home/companion care setting, or a three or four person group home setting. Services and supports are intended to enhance quality of life, functional independence and health and well-being in community-based living as an alternative to institutional living. The waiver offers provider-managed service delivery option for all services, but consumers may choose to self-direct some services which offer it as an option.

The services provided by this waiver include: day habilitation, respite, supported employment, adaptive aids, audiology, occupational therapy, physical therapy, prescribed drugs, speech and language pathology, financial management services, support consultation, behavioral support, cognitive rehabilitation therapy, dental treatment, dietary services, employment assistance, minor home modifications, nursing, residential assistance (host home/companion care, supervised living, residential support services), social work, supported home living, and transition assistance services. |
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<tr>
<td><strong>Waiver Type</strong></td>
<td>1915(c)</td>
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<tr>
<td><strong>Target Population- Eligibility</strong></td>
<td>Individuals of all ages diagnosed with an Intellectual Disability or a Developmental Disability.</td>
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<tr>
<td><strong>Level of Care</strong></td>
<td>Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).</td>
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| **Respite Services** | Respite is provided for the planned or emergency short-term relief of the unpaid primary caregiver of an individual who lives in the same residence as the individual. It is provided intermittently when the primary caregiver is temporarily unavailable to provide supports. This service provides an individual with: personal assistance with activities of daily living (grooming, eating, bathing, dressing, and personal hygiene) and functional living tasks; assistance with planning and preparing meals; transportation or assistance in securing transportation; assistance with ambulation and mobility; reinforcement of behavioral support or specialized therapies activities; assisting an individual with administration of certain medications or with supervision of self-medication; and supervision as needed to ensure the individual's health and safety. It includes habilitation activities that facilitate the individual's inclusion in community activities, use of natural supports and typical community services available to all people, social interaction and participation in leisure activities, and development of socially valued behaviors and daily living and functional living skills.

Respite is provided in the residence of the individual or in other locations, including residences in which supervised living or residential support is provided, camps or in a respite facility that meets HCS waiver requirements. Transportation costs associated with respite are included in the respite rate and not billable as a separate service.

Reimbursement for respite is limited to 300 hours annually for in-home respite and out-of-home respite. Respite may not be provided at the same time supported home living, supported employment, state plan community first choice personal assistance services/habilitation, or day habilitation is provided. Respite is not a reimbursable service for individuals receiving host home/companion care, supervised living, or residential support. Each 24-hour day of out-of-home respite is paid at the rate of 10 hours of in-home respite.

Respite services may be participant-directed or provider managed. |
<p>| <strong>Caregiver Eligibility</strong> | Respite may be provided by a relative or legal guardian, but not by a legally responsible person. |
| <strong>Enrollment Limit</strong> | 26357: Year ending 08/31/2023 |</p>
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<tr>
<th><strong>How to Apply</strong></th>
<th>Contact your county's Local Intellectual and Developmental Disability Authority (LIDDA) to be placed on an interest list. The LIDDA Directory can be found at: <a href="https://apps.hhs.texas.gov/contact/la.cfm">https://apps.hhs.texas.gov/contact/la.cfm</a></th>
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<tr>
<td><strong>Contact Information</strong></td>
<td>Contact your LIDDA or email <a href="mailto:hcspolicy@hhsc.state.tx.us">hcspolicy@hhsc.state.tx.us</a></td>
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<td><strong>Date of Last Update</strong></td>
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The Community Living Assistance and Support Services (CLASS) Program provides community-based services and supports to eligible individuals as an alternative to institutionalization. CLASS waiver services are intended to, as a whole, enhance the individual’s integration into the community, maintain or improve the individual’s independent functioning, and prevent the individual’s admission to an institution. Services and supports are intended to enhance an individual’s quality of life, functional independence, health and welfare, and to supplement, rather than replace, existing informal or formal supports and resources. A person-centered service plan is developed to addresses the individual’s needs. The waiver offers provider-managed service delivery option for all services, but consumers may choose to self-direct some services which offer it as an option.

The services provided by this waiver include: case management, prevocational services, residential habilitation, respite (in-home and out-of-home), supported employment, adaptive aids, dental treatment, dietary, nursing, occupational therapy, physical therapy, prescribed drugs, speech and language pathology, financial management services, support consultation, auditory integration training/auditory enhancement training, behavioral support, cognitive rehabilitation therapy, continued family services, employment assistance, minor home modifications, specialized therapies, support family services, and transition assistance services.

**Waiver Type**

1915(c)

**Target Population-Eligibility**

Individuals of all ages diagnosed with a Developmental Disability.

**Level of Care**

Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

**Respite Services**

Respite is provided for the planned or emergency short-term relief of the unpaid primary caregiver who lives with the individual. Respite is provided intermittently when the primary caregiver is temporarily unavailable to provide supports.

Respite provides an individual with assistance with activities of daily living (ADLs) and instrumental activities of daily living (IADLs), performance of tasks delegated by a registered nurse in accordance with state law, and supervision of the individual’s safety and security. Respite includes activities that facilitate the individual’s inclusion in community activities, use of natural supports and typical community services available to all people, social interaction, and participation in leisure activities, and development of socially valued behaviors and daily living and functional living skills.

Respite care will be provided in the following locations: Individual’s home or place of residence; 3 or 4 person Adult Foster Homes; Licensed Assisted Living Facilities; nursing facility; Medicaid certified Intermediate Care Facility; and Approved Outdoor Camps accredited by American Camping Association.

Respite cannot be provided during the same period that residential habilitation, continued family service, or support family services are provided. The provision of respite care precludes the provision of, or payment for, other duplicative services under the waiver.

Respite is limited to 30 days of combined in-home respite and out-of-home respite for each service plan year. Respite services may be provider managed or participant directed.

**Respite Provider Eligibility**


**Caregiver Eligibility**

Respite may be provided by a relative or a legal guardian, but not a legally responsible person.

**Enrollment Limit**

5633: Year ending 08/31/2019

**How to Apply**

Call 1-877-438-5658 to be placed on the CLASS interest list.
| Contact Information | Contact your local Health and Human Services office (locate yours at https://apps.hhs.texas.gov/contact/search.cfm)  
Or Contact CLASS staff at 1-877-438-5658 |
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<tr>
<td>Expiration Date</td>
<td>08/31/2019; application for renewal submitted</td>
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<td>Date of Last Update</td>
<td>06/21/2019</td>
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**TX Deaf Blind w/Multiple Disabilities (DBMD) (0281.R05.02)**

**State Operating Agency:** Texas Health and Human Services

**Description**
The Deaf Blind with Multiple Disabilities (DBMD) waiver provides community based services and supports to participants in order to assist an individual to live in his/her own home, parent's or guardian’s home, or in a small group home setting. The goals are to enhance quality of life, functional independence, health, and well-being. Services are intended to enhance, rather than replace, existing informal or formal supports and resources. The waiver offers provider-managed service delivery option for all services, but consumers may choose to self-direct services which offer it as an option.

The services provided by this waiver include: case management, day habilitation, residential habilitation, respite, supported employment, prescribed drugs, financial management services, support consultation, adaptive aids and medical supplies, assisted living, audiology services, behavioral support services, chore service, dental treatment, dietary services, employment assistance, intervener, minor home modifications, chore service, dental treatment, dietary services, employment assistance, intervener, minor home modifications, nursing, occupational therapy services, orientation and mobility, physical therapy services, speech, hearing, and language therapy services, and transition assistance services.

**Waiver Type**
1915(c)

**Target Population-Eligibility**
Individuals of all ages diagnosed with a Developmental Disability. Participants must have legal blindness, deafness, or a condition that leads to deaf blindness, and at least one additional disability that limits functional abilities.

**Level of Care**
Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

**Respite Services**
Respite is provided on a short-term basis to address a need caused by the absence or need for relief of persons normally providing care for the individual. This service provides the individual with assistance with activities of daily living (grooming, eating, bathing, dressing, and personal hygiene) and functional living tasks; assistance with planning and preparing meals; transportation or assistance in securing transportation; assistance with ambulation and mobility; reinforcement of behavioral support or therapy activities; assistance with medications and the performance of tasks delegated by a registered nurse in accordance with state law; and supervision of the individual’s safety and security. This service includes activities that facilitate the individual’s inclusion in community activities, use of natural supports and typical community services, social interaction and participation in leisure activities, and daily and functional living skills.

Respite may be provided in the individual's home/place of residence, private residence of the respite provider, Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) with a certified capacity of six or less, Assisted Living Facility with a certified capacity of six or less, or camp accredited by the American Camping Association.

Respite is not provided to an individual receiving assisted living. This service may not be provided at the same time that supported employment, day habilitation, residential habilitation or state plan Community First Choice Personal Assistance Services/Habilitation is provided. The respite service is limited to 720 hours or 30 calendar days per service plan year.

Respite services may be provider managed or participant-directed.

**Respite Provider Eligibility**

**Caregiver Eligibility**
Respite may be provided by a relative or legal guardian but not by a legally responsible person (parent or spouse) or a paid caregiver of residential habilitation with whom the individual resides.

**Enrollment Limit**
345: Year ending 02/28/2023

**How to Apply**
Call 1-877-438-5658 to be placed on the DBMD interest list.
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<tr>
<th><strong>Contact Information</strong></th>
<th>Contact your local Health and Human Services office (locate yours at <a href="https://apps.hhs.texas.gov/contact/search.cfm">https://apps.hhs.texas.gov/contact/search.cfm</a>)&lt;br&gt;Or Contact DBMD program consultant at 512-438-3633 or staff at 1-877-438-5658</th>
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<td><strong>Expiration Date</strong></td>
<td>02/28/2023</td>
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<td><strong>Date of Last Update</strong></td>
<td>06/21/2019</td>
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The Texas Home Living Program (TxHmL) provides essential community-based services and supports to participants living in their own homes or with their families. Services and supports are intended to enhance quality of life, functional independence, and health and well-being in continued community-based living in their own or family home and to enhance, rather than replace, existing informal or formal supports and resources. TxHmL makes all service components available through both the consumer directed services option and the traditional service delivery option. Individuals choose which services will be delivered through either service delivery option.

Services include: day habilitation, respite, supported employment, prescription medications, financial management services, support consultation, adaptive aids, audiology services, behavioral support, community support, dental treatment, dietary services, employment assistance, minor home modifications, nursing, OT services, PT services, and speech-language pathology.

**Waiver Type**
- 1915(c)

**Target Population-Eligibility**
- Individuals of all ages diagnosed with a Developmental or Intellectual Disability.

**Level of Care**
- Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

**Respite Services**
Respite is provided for the planned or emergency short-term relief of the unpaid caregiver of an individual when the caregiver is temporarily unavailable to provide supports. Respite provides an individual with personal assistance with activities of daily living (grooming, eating, bathing, dressing, and personal hygiene) and functional living tasks; assistance with planning and preparing meals; transportation or assistance in securing transportation; assistance with ambulation and mobility; reinforcement of behavioral support or specialized therapies activities; assistance with medications and performance of tasks delegated by a registered nurse in accordance with state law; and supervision of the individual’s safety and security. It includes habilitation activities that facilitate the individual’s inclusion in community activities, use of natural supports and typical community services available to all people, social interaction and participation in leisure activities, and development of socially valued behaviors and daily living and functional living skills. Respite will be provided in an individual’s home or family home and in HCBS waiver program foster/companion care home, HCBS waiver group home, in respite provider’s home, or at a camp accredited by the American Camp Association. Respite cannot be provided in an institution such as a nursing facility, intermediate care facility for individuals with intellectual disabilities, or a hospital. Hourly-reimbursed respite may not be provided at the same time as Community Support, Supported Employment or Day Habilitation. Respite services may be participant directed or provider managed

**Respite Provider Eligibility**

**Caregiver Eligibility**
- Respite may be provided by a relative or legal guardian but not by a legally responsible person.

**Enrollment Limit**
- 5460: Year ending 02/28/2022

**How to Apply**
- Contact your county’s Local Intellectual and Developmental Disability Authority (LIDDA) to be placed on an interest list. The LIDDA Directory can be found at: [https://apps.hhs.texas.gov/contact/la.cfm](https://apps.hhs.texas.gov/contact/la.cfm)

**Contact Information**
- Contact your LIDDA or email TxHmLPolicy@hhsc.state.tx.us

**Link to Waiver Application**

**Expiration Date**
- 02/28/2022

**Date of Last Update**
- 06/21/2019