

WASHINGTON

Washington State Health Care Authority (HCA)

626 8th Avenue SE

P.O. Box 45502

Olympia, WA 98504-5502

<http://www.hca.wa.gov/Pages/index.aspx>

Managed Care 1915(b) and/or Home and Community-Based 1915(c) Waivers for Respite Support

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

Washington has introduced an 1115 demonstration called the Medicaid Transformation Project in efforts to improve its healthcare delivery system. The waiver operates through ACHs, which are composed of managed care, provider, and many other community organizations and are focused on improving health and transforming care delivery for the populations that live within their region. The Individual and Family Services 1915(c) waiver operates concurrently with the demonstration. The following 1915(c) waivers with respite will continue to operate and there are currently no plans to incorporate them into the 1115 demonstration.

[WA Medicaid Transformation Project](#)

This demonstration aims to transform the health care delivery system through regional, collaborative efforts led by Accountable Communities of Health (ACH). It will test changes to payment, care delivery models and targeted services. It provides home and community based services (including respite) under three different programs: Medicaid Alternative Care, Tailored Supports for Older Adults (TSOA), and several sub-programs under the Designated State Health Plans (DSHPs).

[WA Children's Intensive In-Home Behavioral Support \(40669.R02.01\)](#)

Provides respite, assistive technology, behavioral health stabilization services-crisis diversion bed services, behavioral health stabilization services-positive behavior support and consultation, environmental adaptations, nurse delegation, positive behavior support and consultation, risk assessment, specialized clothing, specialized medical equipment and supplies, staff/family consultation and training, therapeutic equipment and supplies, transportation, vehicle modifications for individuals with developmental disabilities (DD), intellectual disabilities, or autism ages 8-20.

[WA Core Waiver \(0410.R03.04\)](#)

Provides community inclusion, individual supported employment/group supported employment, prevocational services, residential habilitation, respite, behavioral health stabilization services-specialized psychiatric services, specialized psychiatric services, behavioral health stabilization services-behavioral health crisis diversion bed services, behavioral health stabilization services-positive behavior support and consultation, chemical extermination of bed bugs, community guide, community transition, environmental adaptations, individualized technical assistance, occupational therapy, physical therapy, positive behavior support and consultation, risk assessment, skilled nursing, specialized medical equipment and supplies, speech, hearing, and language services, staff family consultation and training, transportation, wellness education for individuals of any age with developmental disabilities (DD), intellectual disabilities (ID) or autism.

WASHINGTON

[WA Basic Plus Waiver \(0409.R03.02\)](#)

Provides community inclusion, individual supported employment/group supported employment, personal care, prevocational services, respite, behavioral health stabilization services-specialized psychiatric services, specialized psychiatric services, behavioral health stabilization services-behavioral health crisis diversion bed services, behavioral health stabilization services-positive behavior support and consultation, chemical extermination of bed bugs, community guide, emergency assistance, environmental adaptations, individualized technical assistance, occupational therapy, physical therapy, positive behavior support and consultation, risk assessment, skilled nursing, specialized medical equipment and supplies, speech, hearing and language services, staff/family consultation and training, transportation, wellness education for individuals with developmental disabilities (DD), intellectual disabilities (ID), or autism.

[WA COPES \(0049.R08.00\)](#)

Provides adult day health, adult day care, client support training & wellness education, community choice guiding, community support: goods and services, environmental modifications, home delivered meals, skilled nursing services, specialized medical equipment and supplies, transportation for aged individuals ages 65 - no maximum age and physical and other disabilities ages 18-64.

[WA Individual and Family Services \(1186.R01.00\)](#)

Provides respite, behavioral health stabilization services - specialized psychiatric services, specialized psychiatric services, assistive technology, behavioral health stabilization services - crisis diversion bed services, behavioral health stabilization services - positive behavior support and consultation, community engagement, environmental adaptations, nurse delegation, occupational therapy, peer mentoring, person-centered plan facilitation, physical therapy, positive behavior support and consultation, risk assessment, skilled nursing, specialized clothing, specialized medical equipment and supplies, speech, hearing and language services, staff/family consultation and training, supported parenting services, therapeutic equipment and supplies, transportation services, vehicle modifications, and wellness education for individuals of any age with autism, intellectual disabilities (ID), or developmental disabilities (DD).

[WA Residential Support \(1086.R01.00\)](#)

Provides adult day health, adult family home specialized behavior support service, client support training and wellness education, enhanced residential services, expanded community services, nurse delegation, skilled nursing, and specialized medical equipment for aged individuals ages 65 - no maximum age and physical and other disabilities ages 18-64.

WA Medicaid Transformation Project

State Operating Agency: Accountable Communities of Health, Washington Health Care Authority

| | |
|--------------------------------------|---|
| <p>Description</p> | <p>This demonstration aims to transform the health care delivery system through regional, collaborative efforts led by Accountable Communities of Health (ACH). It will test changes to payment, care delivery models and targeted services. The goals are to: Integrate physical and behavioral health purchasing and service delivery to better meet whole person needs; Support provider capacity to adopt new payment and care models; Implement population health strategies that improve health equity; and Provide new targeted services that address the needs of the state’s aging populations and address key determinants of health. One program under this waiver is Medicaid Alternative Care (MAC), which will provide support for unpaid family caregivers who support individuals who are eligible for Medicaid but choose to wrap services around their unpaid caregiver as an alternative to other forms of traditional paid services. This benefit package will provide supports enabling unpaid caregivers to continue to provide high-quality care while also focusing on their own health and well-being, and uses a person-centered planning process. Similarly, Tailored Supports for Older Adults (TSOA) helps individuals and their families avoid or delay impoverishment and the future need for Medicaid LTSS services, while providing support to individuals and unpaid family caregivers. The demonstration also furnishes Designated State Health Programs (DSHPs) which provide home and community based services, including respite.</p> |
| <p>Waiver Type</p> | <p>1115</p> |
| <p>Target Population-Eligibility</p> | <p>Designated State Health Programs (DSHPs): Individuals eligible for the State Family Caregiver Support program are adults 18 or older caring for adults 18 or older. Individuals eligible for the Employment & Day and Other Community Services program are 21 and older with a developmental disability diagnosis attributable to intellectual disability, cerebral palsy, epilepsy, autism, or another neurological or other condition found by DDA to be closely related to intellectual disability or requiring treatment similar to that required for individuals with intellectual disability. Individuals eligible for the Community Residential & Homecare program have a developmental disability diagnosis and are enrolled and eligible clients of the Developmental Disabilities Administration, and have been assessed as needing community residential and homecare services to meet their health and welfare needs.</p> <p>Medicaid Alternative Care (MAC): Individuals who are age 55 or older, eligible for Categorically Needy (CN) or Alternative Benefit Plan (ABP) services, and not currently receiving Medicaid-funded LTSS.</p> <p>Tailored Supports for Older Adults (TSOA): Individuals age 55 or older who are U.S. citizens or in eligible immigration status, not be currently eligible for CN or ABP Medicaid, and meet functional eligibility criteria as determined through an eligibility assessment.</p> |
| <p>Level of Care</p> | <p>Individuals in the MAC and TSOA programs require the level of care available in a Nursing Facility (NF).</p> |
| <p>Respite Services</p> | <p>DSHPs: A form of respite is offered through three DSHPs. The State Family Caregiver Support program provides respite as a supportive service for the unpaid caregivers. The Employment & Day and Other Community Services program offers respite through individual providers and enhanced respite. The Community Residential & Homecare program provides companion home respite.</p> <p>Medicaid Alternative Care (MAC) program: Caregiver Assistant Services under the MAC Benefits Package provides in home and out of home respite. Services take the place of those typically performed by the unpaid caregiver in support of unmet needs the care receiver has for assistance with activities of daily living (ADL) and instrumental ADL.</p> <p>The Tailored Supports for Older Adults (TSOA) will also provide respite to provide support to individuals and unpaid family caregivers.</p> |
| <p>Respite Provider Eligibility</p> | <p>Information for providers: https://www.hca.wa.gov/billers-providers-partners</p> |

WASHINGTON

| | |
|----------------------------|---|
| Caregiver Eligibility | Caregiver eligibility is not available. |
| Enrollment Limit | Enrollment limit is not available. |
| How to Apply | Contact your local Community Living Connections/Area Agency on Aging or Home and Community Services Offices. https://www.dshs.wa.gov/ALTA/resources |
| Contact Information | Email medicaidtransformation@hca.wa.gov or call the Community Living Connections line toll free at 1-855-567-0252. |
| Link to Waiver Application | https://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Waivers/1115/downloads/wa/wa-medicaid-transformation-ca.pdf |
| Expiration Date | 12/31/2021 |
| Date of Last Update | 08/08/2019 |

WA Children’s Intensive In-Home Behavioral Support (CIIBS) Waiver (40669.R02.01)

State Operating Agency: WA Department of Social and Health Services (DSHS), Developmental Disabilities Administration (DDA)

Description

The CIIBS waiver is meant to help children and youth remain living in their family home while difficult behavioral issues are addressed through the evidence-based practice of Positive Behavior Support and Wraparound service delivery. The likelihood of achieving lasting positive outcomes for children increases if positive outcomes are also achieved for the family members supporting the child.

Upon enrollment, families select a contracted behavior specialist of their choice and work together to develop a positive behavior support plan tailored to the individual needs and characteristics of the child and family. Families are actively involved in supporting their child and addressing behaviors through the agreed upon interventions. Families assist in building a support team for their child including the child, parents/guardians, natural supports, waiver service providers, school staff and other involved professionals. Waiver case managers will facilitate these support team meetings, which will occur every month for the first three months of enrollment and at least quarterly thereafter. Services will be provided through contracted vendors with the emphasis on in-home services. The core service is the positive behavior supports in the family environment and respite services to provide regularly scheduled caregiving breaks.

The services provided by this waiver include: respite, assistive technology, behavioral health stabilization services-crisis diversion bed services, behavioral health stabilization services-positive behavior support and consultation, environmental adaptations, nurse delegation, positive behavior support and consultation, risk assessment, specialized clothing, specialized medical equipment and supplies, staff/family consultation and training, therapeutic equipment and supplies, transportation, vehicle modifications.

Waiver Type 1915(c)

Target Population-Eligibility Individuals between the age of 8 and 20 years old who have been diagnosed with a developmental disability, intellectual disability, or autism. The condition must have originated prior to age 18.

Level of Care Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

Respite Services

Respite is short-term, intermittent relief to persons normally providing care for the participant; provided both in-home and out-of-home. A provider of in-home respite is not precluded from taking the client into the community while providing respite.

A DDA assessment determines the amount of respite participants will receive. Respite cannot replace daycare while the parent or guardian is at work or Personal Care Hours available under the state plan. If respite is provided in a private home, it must either be: the participant's home, the participant's relative's home, or a licensed home. The respite care provider cannot be the spouse of the caregiver receiving respite if the spouse and the caregiver reside in the same residence. If the waiver participant's personal care provider is the parent and the individual lives in the parent's adult family home, the individual may not receive respite. Respite provided by an LPN or RN requires a prior approval. Other DDA services may not be provided at the same time as respite.

Respite services are provider managed.

Respite Provider Eligibility Provider eligibility and information can be found at: <https://www.dshs.wa.gov/dda/counties-and-providers/developmental-disabilities-administration-counties-provider-information>

Caregiver Eligibility Respite services may be provided by a relative or legal guardian, but not by a legally responsible person.

Enrollment Limit 100: Year ending 08/31/2022

How to Apply Complete a Service and Information Request over the phone or online. You can both find a list of regional numbers or complete the form online at <https://www.dshs.wa.gov/dda/service-and-information-request>

WASHINGTON

| | |
|----------------------------|---|
| Contact Information | Call DDA's Central office at (360) 407-1500 Or, contact your local DDA office by visiting https://www.dshs.wa.gov/office-locations |
| Link to Waiver Application | https://www.dshs.wa.gov/sites/default/files/DDA/dda/documents/CIIBS%20waiver%20amendment%20no.%201%20approved%20%2011-30-18.pdf |
| Expiration Date | 08/31/2022 |
| Date of Last Update | 06/25/2019 |

WASHINGTON

WA Core Waiver (0410.R03.04)

State Operating Agency: WA Department of Social and Health Services (DSHS), Developmental Disabilities Administration (DDA)

Description

The goal of the Core Waiver is to support individuals who choose to live in their community as an alternative to institutional placement. This is accomplished by coordination of natural supports, community resources/services, Medicaid services and services available via the waiver.

Waiver services include: community inclusion, individual and group supported employment, prevocational services, residential habilitation, respite, behavioral health stabilization services-specialized psychiatric services, specialized psychiatric services, behavioral health stabilization services-behavioral health crisis diversion bed services, behavioral health stabilization services-positive behavior support and consultation, chemical extermination of bed bugs, community guide, community transition, environmental adaptations, individualized technical assistance, occupational therapy, physical therapy, positive behavior support and consultation, risk assessment, skilled nursing, specialized medical equipment and supplies, speech, hearing, and language services, staff family consultation and training, transportation, wellness education.

Waiver Type

1915(c)

Target Population-Eligibility

Individuals of all ages diagnosed with a developmental disability, intellectual disability, or autism. Individuals are at immediate risk of out of home placement due to one or more of the following extraordinary needs: The individual has extreme and frequently occurring behavior challenges resulting in danger to health or safety or; has had 18 or more days of inpatient psychiatric care in the past 12 months or; the individual lives in an ICF/ID and requests community placement, or; the person requires daily to weekly one-on-one support, supervision and 24-hour access to trained others to meet basic health and safety needs.

Level of Care

Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

Respite Services

Respite is short-term intermittent relief for persons who normally provide care for and live with the waiver participant and relief for waiver participants from persons who normally provide care for and live with the waiver participant. Respite care includes personal care services, authorized household tasks and protective supervision as specified in the waiver participant's person-centered service plan.

Respite is limited to individuals who: live in her/his family home and no person living with her/him is contracted by DSHS to provide the waiver participant with services; or live with a family member who is her/his primary caregiver and who is a contracted provider by DSHS to provide her/him with a service; or live with a caregiver who is paid by DDA to provide supports as: (a) A contracted companion home provider; or (b) A licensed children's foster home provider.

Respite care can be provided in the following location(s): individual's home/place of residence; relative's home; licensed children's foster home; licensed, contracted and DDA certified group home; licensed assisted living facility contracted as an adult residential center; adult residential rehabilitation center; licensed and contracted adult family home; children's licensed group home, licensed staffed residential home, or licensed childcare center; or other community settings such as camp, senior center, or adult day care center. Additionally, the respite provider may take the individual into the community during respite services.

A DDA assessment determines the amount of respite participants will receive. Respite cannot replace daycare while the parent or guardian is at work or Personal Care Hours available under the state plan. The respite care provider cannot be the spouse of the caregiver receiving respite if the spouse and the caregiver reside in the same residence. If the waiver participant's personal care provider is the parent and the individual lives in the parent's adult family home, the individual may not receive respite.

Someone who lives with the waiver participant may be the respite provider as long as she or he is not the person who normally provides care for the individual and is not contracted to provide any other DSHS paid service to the individual. Respite provided by an LPN or RN requires a prior approval. Other DDA services may not be provided at the same time as respite. Respite services are provider managed.

WASHINGTON

| | |
|------------------------------|---|
| Respite Provider Eligibility | Provider eligibility and information can be found at: https://www.dshs.wa.gov/dda/counties-and-providers/developmental-disabilities-administration-counties-provider-information |
| Caregiver Eligibility | Respite services may be provided by a relative or legal guardian, but not by a legally responsible person. |
| Enrollment Limit | 5300: Year ending 08/31/2022 |
| How to Apply | Complete a Service and Information Request over the phone or online. You can both find a list of regional numbers or complete the form online at https://www.dshs.wa.gov/dda/service-and-information-request |
| Contact Information | Call DDA's Central office at (360) 407-1500 Or, contact your local DDA office by visiting https://www.dshs.wa.gov/office-locations |
| Link to Waiver Application | https://www.dshs.wa.gov/sites/default/files/DDA/dda/documents/Core%20waiver%20amendment%20no.%204%20approved%2011-30-18.pdf |
| Expiration Date | 08/31/2022 |
| Date of Last Update | 06/25/2019 |

WA Basic Plus Waiver (0409.R03.02)

State Operating Agency: WA Department of Social and Health Services (DSHS), Developmental Disabilities Administration (DDA)

Description

The purpose of the Basic Plus Waiver is to provide an alternative to ICF/IID placement for individuals who live with family or in their own home or in another setting with assistance and have a natural support system. The waiver serves individuals who are at high risk of loss of current living situation due to a variety of reasons or whose family/caregiver's ability to continue caring for the individual is at risk for a variety of reasons. The objective is to develop and implement supports and services to successfully maintain individuals in their homes and communities.

The services provided by this waiver include: community inclusion, individual supported employment/group supported employment, personal care, prevocational services, respite, behavioral health stabilization services-specialized psychiatric services, specialized psychiatric services, behavioral health stabilization services-behavioral health crisis diversion bed services, behavioral health stabilization services-positive behavior support and consultation, chemical extermination of bed bugs, community guide, emergency assistance, environmental adaptations, individualized technical assistance, occupational therapy, physical therapy, positive behavior support and consultation, risk assessment, skilled nursing, specialized medical equipment and supplies, speech, hearing and language services, staff/family consultation and training, transportation, wellness education.

Waiver Type

1915(c)

Target Population-Eligibility

Individuals of all ages who have been diagnosed with a developmental disability, intellectual disability, or autism. The condition must have originated prior to age 18.

Level of Care

Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

Respite Services

Respite is short-term intermittent relief for persons who normally provide care for and live with the waiver participant and relief for waiver participants from persons who normally provide care for and live with the waiver participant. Respite care includes personal care services, authorized household tasks and protective supervision as specified in the waiver participant's person-centered service plan.

Respite is limited to individuals who: live in her/his family home and no person living with her/him is contracted by DSHS to provide the waiver participant with a services; or live with a family member who is her/his primary caregiver and who is a contracted provider by DSHS to provide her/him with a service; or live with a caregiver who is paid by DDA to provide supports as: (a) A contracted companion home provider; or (b) A licensed children's foster home provider.

Respite care can be provided in the following location(s): individual's home/place of residence; relative's home; licensed children's foster home; licensed, contracted and DDA certified group home; licensed assisted living facility contracted as an adult residential center; adult residential rehabilitation center; licensed and contracted adult family home; children's licensed group home, licensed staffed residential home, or licensed childcare center; or other community settings such as camp, senior center, or adult day care center. Additionally, the respite provider may take the individual into the community during respite services.

A DDA assessment determines the amount of respite participants will receive. Respite cannot replace daycare while the parent or guardian is at work or Personal Care Hours available under the state plan. The respite care provider cannot be the spouse of the caregiver receiving respite if the spouse and the caregiver reside in the same residence. If the waiver participant's personal care provider is the parent and the individual lives in the parent's adult family home, the individual may not receive respite. Someone who lives with the waiver participant may be the respite provider as long as she or he is not the person who normally provides care for the individual and is not contracted to provide any other DSHS paid service to the individual. Respite provided by an LPN or RN requires a prior approval. Other DDA services may not be provided at the same time as respite.

Respite services are provider managed.

WASHINGTON

| | |
|------------------------------|---|
| Respite Provider Eligibility | Provider eligibility and information can be found at: https://www.dshs.wa.gov/dda/counties-and-providers/developmental-disabilities-administration-counties-provider-information |
| Caregiver Eligibility | Respite services may be provided by a relative or legal guardian, but not by a legally responsible person. |
| Enrollment Limit | 8233: Year ending 08/31/2022 |
| How to Apply | Complete a Service and Information Request over the phone or online. You can both find a list of regional numbers or complete the form online at https://www.dshs.wa.gov/dda/service-and-information-request |
| Contact Information | Call DDA's Central office at (360) 407-1500 Or, contact your local DDA office by visiting https://www.dshs.wa.gov/office-locations |
| Link to Waiver Application | https://www.dshs.wa.gov/sites/default/files/DDA/dda/documents/Basic%20Plus%20amendment%20no.%202%20approved%2011-30-18.pdf |
| Expiration Date | 08/31/2022 |
| Date of Last Update | 06/26/2019 |

WASHINGTON

WA COPES (0049.R08.00)

State Operating Agency: WA State Department of Social and Health Services (DSHS), Aging and Long-Term Support Administration (AL TSA)

| | |
|-------------------------------|--|
| Description | <p>The goal of the Community Options Program Entry System (COPES) waiver is to support participants in their own homes or in residential settings rather than in a nursing facility or other more restrictive settings. The objective of the waiver is to develop and implement supports and services to successfully maintain individuals in their homes and communities. Each applicant participates in completing an individual assessment and developing a written plan of care that is tailored to meet their individual needs. Services include adult day health, adult day care, client support training & wellness education, community choice guiding, community support: goods and services, environmental modifications, home delivered meals, skilled nursing services, specialized medical equipment and supplies, and transportation.</p> |
| Waiver Type | 1915(c) |
| Target Population-Eligibility | Individuals 18 to 64 years old who are diagnosed with a physical or other disability as well as individuals 65 years old or older. |
| Level of Care | Individuals require level of care available in a nursing facility (NF). |
| Respite Services | <p>There are no respite services provided by this waiver, but it does provide Adult Day Care. Adult Day Care services are provided in an adult day care center and include: provision of personal care; routine health monitoring with consultation from a registered nurse; general therapeutic activities; general health education; and supervision and/or protection for at least four hours a day but less than twenty-four hours a day in a group setting on a continuing, regularly scheduled basis. Services also include: provision of recipient meals as long as meals do not replace nor be a substitute for a full day's nutritional regime; and programming and activities designed to meet participants' physical, social and emotional needs.</p> <p>Adult Day Care shall be included in a participant's approved plan of care only when the participant: has mild to moderate dementia and/or is chronically ill or disabled; is socially isolated and/or confused; has significant risk factors when left alone during the day; needs assistance with personal care; and will benefit from an enriched socially supportive experience. Personal care service hours are reduced 30 minutes for each hour of Adult Day Care service in order to avoid duplication of personal care services since it is assumed that some personal care tasks will be met by Adult Day Care services. Adult Day Care services may not be duplicative of any other waiver service. Adult Day Care is provider managed.</p> |
| Respite Provider Eligibility | Information on provider eligibility can be found here https://www.dshs.wa.gov/altsa/long-term-care-professionals-providers |
| Caregiver Eligibility | Adult Day Care may not be provided by a legally responsible person, a relative, or a legal guardian. |
| Enrollment Limit | 56644: Year ending 12/31/2023 |
| How to Apply | To apply, contact your local Area Agency on Aging (AAA) https://www.dshs.wa.gov/altsa/home-and-community-services/information-aaa-aaa-contractors . |
| Contact Information | For more information, contact the Home and Community Services Division of Aging and Long-term Support Administration at (360) 725-2300 |
| Link to Waiver Application | https://www.dshs.wa.gov/sites/default/files/AL TSA/stakeholders/documents/HCBS/COPES%20Application.pdf |
| Expiration Date | 12/31/2023 |
| Date of Last Update | 07/24/2019 |

WA Individual and Family Services Waiver (1186.R01.00)

State Operating Agency: WA Department of Social and Health Services (DSHS), Developmental Disabilities Administration (DDA)

| | |
|-------------------------------|---|
| Description | <p>The purpose of the Individual and Family Services (IFS) Waiver is to provide support to individuals residing in the family home as an alternative to institutional placement. It aims to serve individuals whose family/caregiver’s ability to continue caring for them is at risk for a variety of reasons. The objective is to support natural support systems and develop and implement supports and services to successfully maintain individuals in their family homes and communities.</p> <p>The services provided by this waiver include: respite, behavioral health stabilization services - specialized psychiatric services, specialized psychiatric services, assistive technology, behavioral health stabilization services - crisis diversion bed services, behavioral health stabilization services - positive behavior support and consultation, community engagement, environmental adaptations, nurse delegation, occupational therapy, peer mentoring, person-centered plan facilitation, physical therapy, positive behavior support and consultation, risk assessment, skilled nursing, specialized clothing, specialized medical equipment and supplies, speech, hearing and language services, staff/family consultation and training, supported parenting services, therapeutic equipment and supplies, transportation services, vehicle modifications, and wellness education.</p> |
| Waiver Type | 1915(c), concurrent operation with 1115 MTD |
| Target Population-Eligibility | Individuals of any age who have been diagnosed with a developmental disability, intellectual disability, or autism. Condition must have developed before age 18. |
| Level of Care | Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID). |
| Respite Services | <p>Respite is short-term intermittent relief for persons who normally provide care for and live with the waiver participant and relief for waiver participants from persons who normally provide care for and live with the waiver participant. Respite care includes personal care services, authorized household tasks and protective supervision as specified in the waiver participant's person-centered service plan.</p> <p>Respite is limited to individuals who: live in her/his family home and no person living with her/him is contracted by DSHS to provide the waiver participant with a services; or live with a family member who is her/his primary caregiver and who is a contracted provider by DSHS to provide her/him with a service; or live with a caregiver who is paid by DDA to provide supports as: (a) A contracted companion home provider; or (b) A licensed children's foster home provider.</p> <p>Respite care can be provided in the following location(s): individual's home/place of residence; relative's home; licensed children's foster home; licensed, contracted and DDA certified group home; licensed assisted living facility contracted as an adult residential center; adult residential rehabilitation center; licensed and contracted adult family home; children's licensed group home, licensed staffed residential home, or licensed childcare center; or other community settings such as camp, senior center, or adult day care center. Additionally, the respite provider may take the individual into the community during respite services.</p> <p>A DDA assessment determines the amount of respite participants will receive. Respite cannot replace daycare while the parent or guardian is at work or Personal Care Hours available under the state plan. The respite care provider cannot be the spouse of the caregiver receiving respite if the spouse and the caregiver reside in the same residence. If the waiver participant's personal care provider is the parent and the individual lives in the parent's adult family home, the individual may not receive respite. Someone who lives with the waiver participant may be the respite provider as long as she or he is not the person who normally provides care for the individual and is not contracted to provide any other DSHS paid service to the individual. Respite provided by an LPN or RN requires a prior approval. Other DDA services may not be provided at the same time as respite.</p> <p>Respite services are provider managed.</p> |

WASHINGTON

| | |
|------------------------------|---|
| Respite Provider Eligibility | Provider eligibility and information can be found at: https://www.dshs.wa.gov/dda/counties-and-providers/developmental-disabilities-administration-counties-provider-information |
| Caregiver Eligibility | Respite services may be provided by a relative or legal guardian, but not by a legally responsible person. |
| Enrollment Limit | 6500: Year ending 08/31/2019 (pending approval of renewal) |
| How to Apply | Complete a Service and Information Request over the phone or online. You can both find a list of regional numbers or complete the form online at https://www.dshs.wa.gov/dda/service-and-information-request |
| Contact Information | Call DDA's Central office at (360) 407-1500 Or, contact your local DDA office by visiting https://www.dshs.wa.gov/office-locations |
| Link to Waiver Application | https://www.dshs.wa.gov/sites/default/files/DDA/dda/documents/IFS%20DRAFT%20Waiver%20Renewal%20Application%20%203-19-19.pdf |
| Expiration Date | 08/31/2019 (pending approval of submitted renewal application) |
| Date of Last Update | 06/26/2019 |

WASHINGTON

WA Residential Support Waiver (1086.R01.00)

State Operating Agency: WA State Department of Social and Health Services (DSHS), Aging and Long-Term Support Administration (AL TSA)

| | |
|-------------------------------|--|
| Description | <p>As an important element of the State's commitment to provide community alternatives to institutional care, the Residential Support Waiver provides supports and services in licensed community residential settings to adults who have the need for enhanced residential services. The goal of the waiver is to provide residential supports and other services needed by participants to successfully live in the community.</p> <p>The services provided by this waiver include: adult day health, adult family home specialized behavior support service, client support training and wellness education, enhanced residential services, expanded community services, nurse delegation, skilled nursing, specialized medical equipment.</p> |
| Waiver Type | 1915(c) |
| Target Population-Eligibility | Individuals 18 to 64 years old who are diagnosed with a physical or other disability as well as individuals 65 years old or older. |
| Level of Care | Individuals require level of care available in a nursing facility (NF). |
| Respite Services | This waiver does not provide respite, but it does offer Adult Day Health. Adult Day Health is a supervised daytime program providing nursing and rehabilitative therapy services to adults with medical or disabling conditions that require the intervention or services of a registered nurse, or a licensed speech therapist, occupational therapist, or physical therapist acting under the supervision of the participant's physician, when required. Services provided are specified in the participant's service plan and encompass both health and social services needed to ensure the optimal functioning of the participant. Transportation between the participant's place of residence and the Adult Day Health site is included as a component of Adult Day Health services and is reflected in the rate paid to the Adult Day Health providers. Adult Day Health services are available to participants living in an adult family home, assisted living facility, enhanced adult residential care or enhanced services facility. For individuals living in an enhanced services facility, skilled nursing is provided by facility staff and cannot be duplicated in the Adult Day Health setting. Adult Day Health is provider managed. |
| Respite Provider Eligibility | Information on provider eligibility can be found here https://www.dshs.wa.gov/altsa/long-term-care-professionals-providers |
| Caregiver Eligibility | Adult day health services may not be provided by a relative, legal guardian, or legally responsible person. |
| Enrollment Limit | 4026: Year ending 12/31/2023 |
| How to Apply | To apply, contact your local Area Agency on Aging (AAA) https://www.dshs.wa.gov/altsa/home-and-community-services/information-aaa-aaa-contractors . |
| Contact Information | For more information, contact the Home and Community Services Division of Aging and Long-term Support Administration at (360) 725-2300 |
| Link to Waiver Application | https://www.dshs.wa.gov/sites/default/files/AL TSA/stakeholders/documents/HCBS/RSW%20application.pdf |
| Expiration Date | 12/31/2023 |
| Date of Last Update | 07/24/2019 |