

## WEST VIRGINIA

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### West Virginia Department of Health and Human Resources, Bureau for Medical Services

350 Capitol Street, Room 251

Charleston, West Virginia 25301

<https://dhhr.wv.gov/bms/Members/Apply/Pages/default.aspx>

#### **Managed Care 1915(b) and/or Home and Community-Based 1915(c) Waivers for Respite Support**

Medicaid is a program in every state that pays for medical assistance for certain individuals and families with low incomes and resources. It is the largest source of funding for medical and health-related services for America's poorest people. Because Medicaid is funded jointly by the federal and state governments, the services paid for vary from state to state. In addition to medical services, Medicaid will pay for home and community-based services (HCBS) through the state plan as well as through Medicaid waivers that offer services as a lower-cost alternative to treatment in a medical or long-term care facility, such as a nursing home. Respite is usually paid for through one or more of the following types of waivers: research and demonstration (1115), managed care (1915b) and HCBS (1915c) waiver programs. This state's Medicaid waivers that include respite are:

#### [WV Intellectual and Developmental Disabilities Waiver \(0133.R06.00\)](#)

Provides facility based day habilitation, home-based agency person-centered support, in-home respite, prevocational, service coordination, supported employment, dietary therapy, occupational therapy, physical therapy, speech therapy, participant-directed goods and services, behavior support professional, crisis intervention, crisis site person-centered support, electronic monitoring, environmental accessibility adaptations, family person-centered support, job development, licensed group home person-centered support, out-of-home respite, skilled nursing by a LPN, skilled nursing by a RN, transportation, and unlicensed residential person-centered support for individuals with intellectual and developmental disabilities (ID/DD) ages 3 and older.

**WV Intellectual and Developmental Disabilities Waiver (IDDW) (0133.R06.00)**

**State Operating Agency: West Virginia Department of Health and Human Resources, Bureau for Medical Services**

**Description**

The purpose of the Intellectual/Developmental Disability Waiver (IDDW) is to offer comprehensive services and supports to eligible individuals in order to avoid or delay institutionalization. Services are provided in community settings of the individual's choice and may include living with their family, in their own home, in foster care settings for individuals with intellectual and/or developmental disabilities or in smaller settings leased by the individual or in larger congregate settings of 4 or more (i.e. licensed group homes). The goal of the IDDW program is to provide services through which qualifying individuals receive person-centered services and supports in the least restrictive manner in the community. All individuals are assessed annually and assigned an individualized budget. The IDDW offers both traditional and self-directed service options.

Waiver services include: facility-based day habilitation, home-based agency person-centered support, in-home respite, prevocational, service coordination, supported employment, dietary therapy, occupational therapy, physical therapy, speech therapy, participant-directed goods and services, behavior support professional, crisis intervention, crisis site person-centered support, electronic monitoring, environmental accessibility adaptations, family person-centered support, job development, licensed group home person-centered support, out-of-home respite, skilled nursing by a LPN, skilled nursing by a RN, transportation, and unlicensed residential person-centered support.

**Waiver Type**

1915(c)

**Target Population- Eligibility**

Individuals age 3 and older with a developmental disability, intellectual disability, or related condition. Condition must have manifested prior to age 22.

Examples of related conditions which may, if severe and chronic in nature, make an individual eligible for the IDDW program include, but are not limited to, the following: Autism; Traumatic Brain Injury; Cerebral Palsy; Spina Bifida; and any condition, other than mental illness, found to be closely related to an intellectual disability because the condition results in impairment of general intellectual functioning or adaptive behavior similar to that of persons with an intellectual disability, and requires services similar to those required for persons with intellectual disability.

**Level of Care**

Individuals require level of care available in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID).

**Respite Services**

This waiver offers two forms of respite: In-Home and Out-of-Home Respite. Both forms are to be used for relief of the primary caregiver(s) from the stress of providing continuous support and care to the participant. Both forms consist of temporary care services for a person who cannot provide for all of their own needs. Persons providing Respite services may participate in person-centered planning.

*In-Home Respite* services are provided in the person's natural family home or Specialized Family Care Home where the person receiving services resides by awake and alert Direct Support Professionals are specifically designed to provide temporary substitute care normally provided by a family member or a Specialized Family Care Provider. In-Home Respite services may be used to: allow the primary caregiver to have planned time from the caretaker role; provide assistance to the primary care-giver in crisis and emergency situations; ensure the physical and/or emotional well-being of the primary care-giver by temporarily relieving them of the responsibility of providing care.

*Out-of-Home Respite* services are services provided to the person receiving services out of their home and in a certified Specialized Family Care Home by awake and alert Direct Support Professionals are specifically designed to provide temporary substitute care normally provided by a family member or a Specialized Family Care Provider. Out-of-Home Respite services may be used to: allow the primary care-giver to have planned time from the caretaker role; provide assistance to the primary care-giver in crisis and emergency situations; ensure the physical and/or emotional well-being of the primary care-giver by temporarily relieving them of the responsibility of providing care; and support the person who receives services while the primary care-giver works outside the home.

Both forms of respite may be participant directed or provider managed.

Respite Provider Eligibility	Information for providers: <a href="https://dhhr.wv.gov/bms/Programs/WaiverPrograms/IDDW/Pages/Member-LR-Information.aspx">https://dhhr.wv.gov/bms/Programs/WaiverPrograms/IDDW/Pages/Member-LR-Information.aspx</a>
Caregiver Eligibility	<i>In-Home Respite</i> and <i>Out-of-Home Respite</i> may be provided by a relative but may not be provided by a legally responsible person or legal guardian.
Enrollment Limit	4634: Year ending 06/30/2020
How to Apply	For information on how to apply to this waiver click here <a href="http://www.dhhr.wv.gov/bms/Programs/Documents/IDD">http://www.dhhr.wv.gov/bms/Programs/Documents/IDD</a> For the application click here <a href="http://www.dhhr.wv.gov/bms/Programs/Documents/IDDApplication.pdf">http://www.dhhr.wv.gov/bms/Programs/Documents/IDDApplication.pdf</a> .
Contact Information	Contact the Program Manager at (304)-356-4853 or the Utilization Management Organization at either (866) 385-8920 or (304) 380-0617.
Link to Waiver Application	Link to application unavailable.
Expiration Date	06/30/2020
Date of Last Update	06/26/2019