

# Nevada Lifespan Respite Care Coalition 2020 Action Plan •

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**Goal:** Promote Awareness and Acceptance of Respite as a valued and “normalized” support.

## Favorable Conditions we need to create to achieve our goal/ Our Objectives

- 1. Raise awareness to insure people understand that it is OK to accept help—particularly caregiver and patient.*
- 2. Advocate for respite for caregiving in communities so that people will see “caregiving” as a role that requires breaks and help.*
- 3. NLRCC uses the outreach and education sessions as a way to learn more about what each community needs in order to shape their education and advocacy approach.*

**Goal:** Promote choice, access, availability and diverse opportunities.

## Favorable Conditions we need to create to achieve our goal/ Our Objectives

- 1. Increase respite workers to adequately meet the need in target communities.*
- 2. Identify non-traditional resources for respite in rural communities.*
- 3. Empower consumers to use their voice and have control over their respite choices.*
- 4. Train respite care providers/agencies in new ways of providing respite as consumers (caregivers and those requiring caregiving) request other options.*
- 5. Advocate for robust respite care that covers the lifespan and specifically fills service gaps for those 18-59 years and veterans.*

**Goal:** Build and strengthen our capacity for collective action and impact.

## Favorable Conditions we need to create to achieve our goal/ Our Objectives

- 1. Create and sustain a sustainable model of leadership from within where each member sees how they can take action and assume responsibility for different aspects of NLRCC.*
- 2. Increase our ability to take independent action on priority items—setting deadlines and identifying person(s) responsible for insuring movement.*
- 3. Maintain a robust website and on-line and virtual presence.*
- 4. Sustain a fiscal agent, even temporarily, to manage funds for the 2020-21 budget years and their approved activities.*
- 5. Employ/sustain a Director to work with the fiscal agent and provide backbone support to our organization.*
- 6. Gain a better understanding of how state grants and funding mechanisms work.*

<b>S1</b> <i>The Short Race: In the next 60 days, what will we do to Promote Awareness and Access to Lifespan Respite Care?</i>					
	<b>Action</b>	<b>Time-Frame</b>	<b>Resources Available</b>	<b>Resources Needed</b>	<b>Responsible</b>
1	Register for, participate in, and recruit at least one family to join in the Summit on August 27-28, 2020.	By July 31, 2020			All NLRCC Members
2	Review the outcome of the ad campaign and its effect and the 60-day assessment of what community coalitions are currently doing to communicate with partner agencies and community members.	By August 31, 2020			
3	Develop a plan for ongoing rural awareness and outreach.	By August 15, 2020			
4	Do an assessment of how “open” respite programs are and what they are doing for caregivers/clients.	By August 15, 2020			
5	Engage families who are feeling isolated and have little control to come to the Summit and follow-up with what they might be interested in.	By July 31, 2020			
6	Connect families/seniors with Seniors in Service Kindle Tablets through their application process so that they can access training videos; join meetings.	ASAP			
7	Start community-building/engagement at the Summit by setting the expectation for follow-up with participating community members.	August 28, 2020			

<b>S2</b> <i>The Short Race: In the next 60 days, what will we do to build and strengthen our coalition?</i>					
	<b>Action</b>	<b>Time-Frame</b>	<b>Resources Available</b>	<b>Resources Needed</b>	<b>Responsible</b>
1	Ask Jamie for a copy of the ADSD grant submission from May 2020 so the BOD and members are able to review.	By July 20, 2020			
2	Submit Hawkins Foundation proposal.	By July 31, 2020			
3	Research other state models for Lifespan Respite under the state umbrellas and have a conversation between the ADSD and NLRCC Board (mid-to-late August) to explore a both/and option for support and autonomy.	By August 15, 2020			
4	Nevada CAN has a statewide plan that provides support through one-on-one or group connections. All NLRCC members should go to their website, familiarize themselves, and see whether they can offer or recruit people to provide support.	By August 31, 2020			
5	Notify HCC about the ending of ADSD funding and explore conditions for going forward	By July 31, 2020			

<b>S3</b> <i>The Short Race: In the next 6 months, what will we do to Promote Awareness and Access to Lifespan Respite Care?</i>					
	<b>Action</b>	<b>Time-Frame</b>	<b>Resources Available</b>	<b>Resources Needed</b>	<b>Responsible</b>
1	Prepare a formal and non-formal follow-up report with action steps from the Summit meeting in August 2020: disseminate informally through social media for purpose of awareness raising.				
2	Follow-up with community members from the Summit's "How will we grow respite care together in Nevada?" to enlist their participation in NLRCC membership and to learn more about what role they might be able/interested in playing around respite.				
3	Mobilize the legislative awareness plan from the Summit's "How will we grow respite care together in Nevada?" into an awareness campaign for the upcoming session.				
4	Implement the rural community outreach and awareness plan through appropriate channels within each community: attending virtual coalition meetings; hosting an awareness education meeting and coordinating invitations through existing coalitions in rural communities; email fliers; print media; or ongoing social media campaigns.				
5	Get out 5-9 other grant or foundation proposals (project-by-project) by December 2020.				
6	Review the ADSD grant proposal for NLRCC and identify and write in requests for funding for gaps not covered by the ADSD grant.				

<b>S4</b> <i>The Short Race: In the next 6 months, what will we do to build and strengthen our coalition?</i>					
	<b>Action</b>	<b>Time-Frame</b>	<b>Resources Available</b>	<b>Resources Needed</b>	<b>Responsible</b>
1	Outreach to the members for nominations to strengthen a new BOD for the next year and take more responsibility in the Coalition.				
2	Requesting the Summit participants to become members of NLRCC.				
3	Maintain a strong coalition with or without funding, by increasing memberships and collaboration.				
4	Continue to promote the Coalition through Social media and a strong website, membership meetings continuing use of Zoom.				
5	Focus plan on one or two initiatives which address needs of NLRCC and member organizations—i.e., RAVE’s expansion to Elko—collaborate on doing an awareness campaign there.				