

ARCH Podcast Series

Conversations in Caregiving: Exploring Innovations in Respite Care

BIO

Speaker: MaryJo Alimena Caruso, Former Director of CareBreaks Respite Care Program, Sewickly, PA

MaryJo Alimena Caruso is a Training and Technical Assistance Coordinator for the FRIENDS National Center for Community-Based Child Abuse Prevention. MaryJo has over 25 years' experience in respite service development, delivery and evaluation. Prior to joining FRIENDS, she developed an evidence-based volunteer respite program which been replicated nationally in faith and community organizations. MaryJo has a Master's Degree in Counseling and Education with an emphasis in disability issues. MaryJo serves as Pennsylvania's Point of Contact for respite services and leads the Alliance for Community Respite Care.