

Adult Day Health Center Respite



BEHIND THAT SMILE IS A FAMILY CAREGIVER WHO NEEDS A BREAK

Call the Arizona Caregiver coalition today and ask about our respite program at adult day health centers. We offer respite at no cost in Arizona for family caregivers who:

- live full-time with the care recipient.
- are not already getting any other respite services.
- are not working outside the home.



☎ 888-737-7494

245 families

15,000 hours of ADHC respite

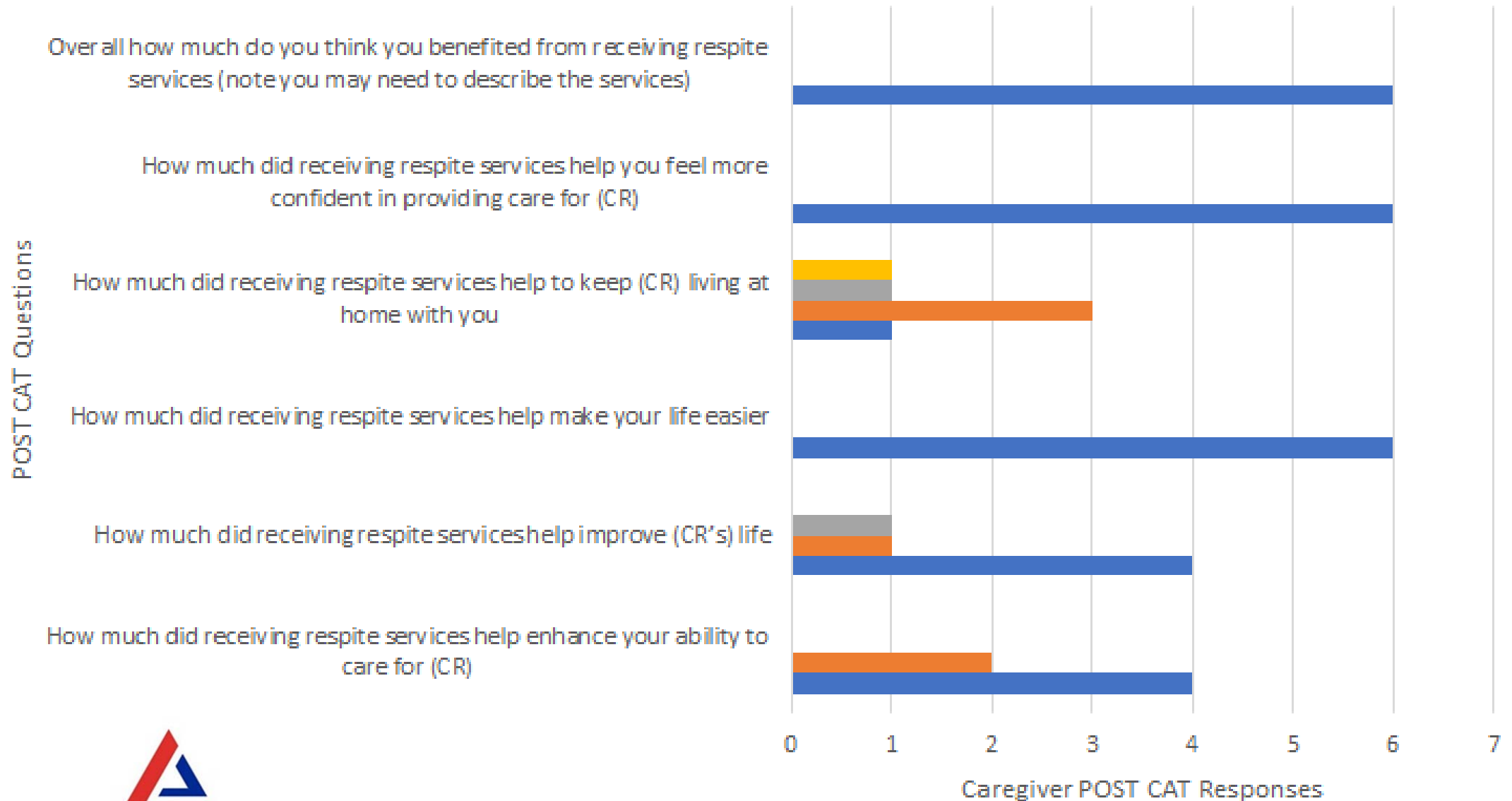
13 Centers, most in one county

Win-win for caregiver and care receiver

Conversion to private pay challenging

Less suitable for younger care receivers

Lifespan Respite - POST Caregiver Assessment



Program Highlights



DAY CENTER

- 44% of caregivers are over 70**
- Only 10% Latin – despite outreach**
- 86% urban**
- 54% caregivers live with spouse**
- High number of caregivers with college degree**

VOUCHER

- Target originally rural areas without day center**
- Also educational respite**
- With COVID-19, allow ADHC enrollees to get voucher**
- Gap group: DD members not getting respite from State**
- Latin/Native population hard to reach**