Project Objectives

1. Advance the collaboration between Massachusetts state programs that provide respite and the Aging Disability Resource Consortia (ADRC)

2. Develop and test an academic credit-based respite care program, titled *Campus to Community* at the University of Massachusetts Amherst

3. Develop and disseminate an academic respite framework to replicate the *Campus to Community* program across MA institutions of higher education
Students are placed in pairs with families to provide respite care to children, adolescents, and adults with intellectual and developmental disabilities.

• Students receive basic training at the start of the semester and participate in weekly discussion with peers and instructor.

• Students go to the family’s home for about 2-3 hours, once a week (e.g., after school, evenings, weekends).
Steps toward Replication

Independent evaluation of *Campus to Community* Program at UMass Amherst

Refine curriculum based on parent and student feedback

Package curriculum for dissemination to other colleges and universities