

# Lifespan Respite Care Program: Updates from ACL

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# Welcome and Introduction

- Lori Stalbaum, Federal Project Officer
  - My job is to help ensure your success
- Let's talk, I really am here to help
  - Good news, obstacles, issues, questions, concerns, confusion, or anything else
- Staff Updates:
  - Sean Lewis, Grants Management Specialist
  - Emily Anozie, new Project Officer

# Presentation Overview

- Lifespan Respite Care Program Updates
- ACL's Caregiving Advisory Councils  
Background Information and Updates
- Discussion – Questions/Answers

# Three new grants awarded

1. New Mexico
2. Nevada
3. Wisconsin

# Semi-Annual Program Progress Reports (PPRs)

- Currently have 22 active grants
- Project start dates vary (7/1; 8/1; 9/1; 9/30)
- Narrative PPRs due 30 days after every 6-month portion of the project period
- If have more than one grant, separate PPRs are required (based on project start date and grant number, not grantee)

# Carryover Requests

- What is a Carryover Request?
  - A Carryover is a request to forward an unobligated balance of funds from a previous budget (project) period to cover allowable costs in the current budget (project) period.
  - A Carryover must be requested in support of activities aligned with a grantee's existing project goals and objectives to cover costs not already incurred by the recipient.

# No-Cost Extensions

- What is a No-Cost Extension (NCE)?
  - Requested at end of full project period, when no continuation funding will be provided
  - A non-competitive increase of time, up to 12 months, at the end of the final budget period
  - No additional federal funds are added, only using remaining funds to close-out previously approved program work; no new activities.
- NCE requests must be submitted as non-monetary amendments in GrantSolutions
- Deadline to submit is 30 days BEFORE project period ends

# Lifespan Respite Care Reauthorization Act of 2020

- Section 2094 of Act amended
- Data Collection & Reporting
  - Evaluate State programs and activities
  - Identify effective programs and activities
- Requires report to Congress detailing outcomes of programs/activities funded



# Future Notices of Funding Opportunity (NOFOs)

- 15 grant projects will end on Aug 31, 2023
- Due to balance of funds from grants ending, new NOFOs will be published
  - Program Enhancement Grant Projects
  - New or Returning State Grant Projects
- Maximum funding availability determined after get appropriation from Congress

# ACL's Caregiving Advisory Councils Background Information & Updates

1. Recognize, Assist, Include, Support, & Engage (RAISE) Family Caregiving Advisory Council (FCAC)
2. Advisory Council to Support Grandparents Raising Grandchildren (SGRG)

# RAISE Act

- Became law in January 2018  
([RAISE Family Caregivers Act](#))
- Three key components:
  - Establish Family Caregiving Advisory Council
  - Deliver Initial Report to Congress
  - Develop National Family Caregiving Strategy

# RAISE–FCAC Council Membership

- 15 members of the public with professional expertise, several family caregivers or individuals with disabilities who receive assistance and support from one or more family caregivers.
- 13 federal agencies from across federal government

# RAISE-FCAC Report to Congress

## Released September 22, 2021

- “This report outlines progress to date on the council’s efforts to evaluate and document the experiences and unmet needs of the nation’s family caregivers in the current environment.”
- “The report includes 26 recommendations that were developed in response to a broad range of information-gathering efforts conducted between 2019 and 2021.”

# RAISE-FCAC Report to Congress

## Respite-Related Recommendations

- 3.1: Increase access to meaningful and culturally relevant information, services, and supports for family caregivers.
- 3.2: Increase the availability of high-quality, setting-appropriate, and caregiver-defined respite services to give caregivers a healthy and meaningful break from their responsibilities.
- 3.5: Encourage use of technology solutions as a means of supporting family caregivers

# SGRG Act

- Became law in January 2018  
([Supporting Grandparents Raising Grandchildren Act](#))
- Five Key Components:
  - Establish SGRG Advisory Council;
  - Identify, promote, coordinate, and disseminate information and resources available to help grandparents and other older relatives;
  - Consider needs of those affected by the opioid crisis;
  - Consider needs of members of Native American tribes;  
and
  - Deliver Initial Report to Congress.

# SGRG Council Membership

- 13 non-federal appointees who are grandparents, advocates, educators, and child welfare professionals; and
- 10 federal agencies from across federal government



# SGRG Council Report to Congress

Released November 16, 2021

- “The report...outlines progress of the Advisory Council to date and proposes 22 recommendations for changes to formal and informal systems that will benefit grandparents and other kin caregivers of children who cannot remain in the homes of their parents.”

# SGRG Respite-Related Recommendations

- 3.1: Increase kinship families and grandfamilies' access to information, services, and supports.
- 3.2: Increase the availability of high quality, setting-appropriate, and kinship family and grandfamily-centered respite and childcare services.
- 3.4: Increase the availability of supports and services that specifically meet the needs of the caregiver.
- 3.5: Expand the use of technology as a means of supporting kinship families and grandfamilies.

# “Strategy” to Support Family Caregivers Must:

- Be developed jointly by Federal agencies and the FCAC
- Include actions that Federal agencies can take within current programs
- State, local, community, health and LTSS providers and others can take to recognize and support family caregivers (i.e., a *National* strategy)
- Reflect the diverse needs of family caregivers
- Be submitted to Congress and made available online

# RAISE/SGRG Strategy to Support Family Caregivers

When released later this month, “Strategy” will provide an initial roadmap for eliminating redundancies and “promoting greater adoption of”:

- Person- and family-centered care across settings
- Assessment and service planning
- Information, education and training supports, referral and care coordination
- Respite options
- Financial security and workplace issues
- Service delivery based on performance, mission, and purpose of a program

# RAISE-FCAC/SGRG: Five Priority Areas for Action

1. Awareness and Outreach
2. Engagement (of family, kin, and grandparent caregivers)
3. Services and Supports
4. Financial and Workplace Security
5. Research, Data, and Evidence-Informed or Evidence-Supported Practices

# Strategy Consists of Four Documents/Components


## **1. 2022 Strategy to Support Family Caregivers**

- Intro and background
- Caregiver needs requiring new legislation
- Framework for systemic caregiver supports – 5 goal-based chapters describing each outcome (former recommendations)

## **2. Appendix A: Federal Actions to Support the 2022 National Family Caregiving Strategic Plan**

- 350+ specific actions from 15 federal agencies (many in support of multiple goals)
- Near, mid- and longer-term goals

## **3. Appendix B: Actions for States, Communities, and Other Stakeholders to Support the 2022 National Family Caregiving Strategic Plan**

- 250+ broad actions for states, communities, and other stakeholders
  - A “roadmap” of ideas to promote systemic change
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## 4. First Principles: Cross-Cutting Themes and Considerations

- Placing the person and family at the center of all interactions
- Addressing trauma and its impact on families
- Advancing racial equity and support for family caregivers in underserved communities
- Understanding the implications of the direct care workforce

# Discussion – Questions/Answers



# Thank You

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