

ARCH Update

Lifespan Respite Grantee and Partner Learning Symposium

Huntsville, AL
October 11, 2017

ARCH Resources and Tools

2

- ❑ Fact Sheets
- ❑ Guidebooks and Manuals
- ❑ Webinars (2-3)
- ❑ Networking Teleconferences (4-5)
- ❑ Phone/Email Technical Assistance
- ❑ Lifespan Respite Exchange
- ❑ ARCH Quick News Updates
- ❑ National Respite Locator Service
- ❖ State Lifespan Respite Summits

New Since Last Year

3

- Updated State Respite Coalition Fact Sheets
- Updated ABCs of Respite
- Webinars <http://archrespite.org/webinars-and-teleconferences>
 - *Sustaining Lifespan Respite and Strengthening Stakeholder Engagement*
 - *Assuring Culturally Relevant Respite Services for the Asian American and Pacific Islander (AAPI) Aging Population and their Family Caregivers*
- Teleconferences
<http://www.lifespanrespite.memberlodge.org/confcalls>
- Sustainability Learning Collaborative

ARCH Focus

4

- Respite Research Consortium
- *Lifespan Respite* best practices data-base
- Dissemination of application for *Innovation in Respite Services* https://www.surveymonkey.com/r/respite_models
- Natural supports for respite
- Consumer-focused Fact Sheets
- Tools for Collaboration
- Respite Messaging

For More Information

5



Jill Kagan
ARCH Program Director
703.256.2084

jkagan@archrespite.org

ARCH National Respite Network and Resource Center

<http://www.archrespite.org/>

Lifespan Respite Technical Assistance Center

This project was supported, in part by grant number 90LT0002, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.





ARCH Needs Assessment for 2017-2018

National Lifespan Respite Conference
Huntsville, Alabama
October 11, 2017

Forthcoming ARCH Needs Assessment

2

- Periodic assessment of training/technical assistance needs
 - ▣ Intended to match needs of grantees and respite providers with ARCH's resource development activities and training/technical assistance agenda
- Forthcoming needs assessment will be web based
- Target distribution date is mid-November 2017
 - ▣ You will receive email notification when it is posted
- Needs assessment will be completed anonymously
 - ▣ You will be asked for your program affiliation
- We strongly encourage you to complete the needs assessment

Purpose of today's exercise

3

- Identify leading candidates for inclusion in the more detailed needs assessment to be constructed for web distribution
 - ▣ The intention is to control the breadth and depth of the formal needs assessment, thereby keeping it manageable, and to be respectful of your time
- Results of today's exercise and the formal needs assessment that follows will help us determine not only the areas of most pressing need, but also help us determine the most appropriate mechanisms for delivering training/technical assistance to various audiences

The process

4

- Please review the list of 16 topics (and in some cases subtopics) and check the 3 or 4 most pressing needs.
 - ▣ If you feel you must check more, that's okay (remember, this is anonymous!)
- A 17th topic is offered: “Other (please specify)”
 - ▣ If you have one or more pressing needs for training or technical assistance not included in the list provided, please tell us what it is and provide a few keywords to help guide our thinking on the topic
- At the end of the session please hand in your list, without signing it, in accordance with the directions provided.

For More Information

5



Ray Kirk, PhD
Senior Research Consultant
Ph: 919-426-0696]

E-mail: rskirkassoc@gmail.com

ARCH National Respite Network and Resource Center

<http://www.archrespite.org/>

**Lifespan Respite
Technical Assistance Center**



This project was supported, in part by grant number 90LT0002, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.



Sustaining Lifespan Respite Programs and Systems

Susan Summers, ARCH Senior Consultant
October 11, 2017



Why talk about Sustainability?

2

- Grantees identified Sustainability as their top priority for technical assistance
- Political, social and economic contexts are constantly in flux—necessitating planning, responsiveness, and perseverance
- The need for respite is great and growing
- Social isolation for families—and for professionals—is an issue

How can we best respond to change?

3

Learn from our collective past experiences—ARCH resources

- ▣ Archived conference calls
- ▣ Logic Models
- ▣ Respite Sustainability Plans
- ▣ Work Plans

https://lifespanrespite.wildapricot.org/Sustainability_Tools



□

A Research Agenda for Respite Care

What's the Key Ingredient for a Successful, Sustainable Coalition?

A diverse group of *people* working together to achieve a shared vision.

People in successful collaborative partnerships believe change is possible and goals can be achieved.



Coalition members belong to or are connected with at least one of the systems in the checklist.

A sustainable coalition has a core team of at least 3—the backbone of the coalition. They're knowledge-keepers, connectors, and champions.

Among the members are people:

- With decision-making authority.
- Connected to others with influence knowledge.
- With first-hand experience as a family caregiver.

The number of meetings people attend is not a reliable indicator of successful collaborations. A better indicator is the quality of the relationships within the group.



The coalition's most productive work usually happens outside of meetings



WHO are the people in your coalition?

✓ Do 50% of the members have the qualities in the blue columns?
 ✓ Does at least one member have political clout (direct or indirect)?
 ✓ Do members from key organizations have decision making power?

Your coalition should include or have strong connections with people in the following systems. Make sure each box on the left can be checked.

	Personal experience with respite	Professional knowledge of respite	Political clout and connections	Decision making power
✓ Faith communities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
✓ Private sector non-profit organizations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
✓ Private sector businesses	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
✓ Volunteer organizations and clubs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
✓ Health care sector	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
✓ Aging and disability groups	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
✓ Education community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
✓ Charitable foundations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
✓ Philanthropic individuals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
✓ Legislators and other policy makers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
✓ Veterans and military families	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

FUN FACT! Different sized groups work in different ways. Pairs and threes work well for focused tasks to be brought back to the larger group. Four to 10 work well generating and refining ideas. More than 10 brings a diversity of great ideas and influence, but larger numbers may inhibit reticent members from participating, and leadership struggles are more likely. (www.faculty.londondeanery.ac.uk)



Collaboration Checklist

How can we best respond to change?

7

Share our collective wisdom and collegial support in *real time*:

- ▣ The Sustainability Learning Collaborative
- ▣ 22 Members with varying tenure, diverse skills and experience
- ▣ Meet via teleconference and webinar to discuss key topics and burning issues
 - Starting and Maintaining Coalitions; Logic Modeling and Sustainability Planning; Volunteers and Faith-Based Organizations in Respite
 - Case Studies from Grantees and states engaged in Sustainability activities

https://lifespanrespite.wildapricot.org/Sustainability_Tools