

ARCH Advisory Committee

to the Lifespan Respite Technical Assistance and
Resource Center

January 31, 2023



Agenda

Welcome and Introductions

Review of Completed Products/Activities

Review of Current Year 3 Workplan (August 1, 2022 – July 31, 2023)

Respite Provider Recruitment, Training and Retention Pilot

Member Updates

Next meeting

2022 National Lifespan Respite Conference *Reimagine Respite*

- ❑ Cohost – Respite Care Association of Wisconsin
- ❑ September 13-15, Madison, WI
- ❑ Lifespan Respite Grantee and Partner Learning Symposium, September 13

View recordings and PPT presentations at arch.wildapricot.org/Conference-Program



State Summaries of Lifespan Respite Grant Activities and Outcomes

Final Reports, FY 2017- FY 2020/21

[archrespite.org/images/Lifespan Respite State Updates/Final Report Summaries 2017-2021/2022 State Summaries Compendium.pdf](https://archrespite.org/images/Lifespan%20Respite%20State%20Updates/Final%20Report%20Summaries%202017-2021/2022%20State%20Summaries%20Compendium.pdf)



Self-Directed Respite Voucher Guide

*developed in partnership with
Applied Self-Direction*

https://archrespite.org/images/docs/Guides_Compendiums/ARCH_Respite_Voucher_Guide.pdf

Self-Directed Respite Voucher Guide



Developed by Applied Self-Direction in Partnership with the ARCH National Respite Network and Resource Center



Conversations on Caregiving

EXPLORING RESPITE CARE INNOVATIONS

<https://archrespite.org/innovative-and-exemplary-respite/arch-podcast-series>

PODCAST SERIES



Lifespan Respite Technical Assistance and Resource Center

Adult Day Services and Respite

Adult Day Services are a system of professionally delivered, integrated, home and community-based, therapeutic, social and health-related services provided to individuals to sustain living within the community.

Introduction

Adult Day Services (ADS) provide a break (respite) to the caregiver while providing health related and therapeutic services and social activities for adults with a wide variety of care needs, including those with Alzheimer's disease and related dementias, developmental, intellectual, physical and/or other cognitive disabilities and other conditions that increase their care needs.

Adult Day Services, which provide a coordinated program of professional services for adults in a community-based group setting, have been providing a form of respite for caregivers for more than forty years. The number of Adult Day Services centers in the United States has increased rapidly in recent decades. In 1978, there were only 300 Adult Day Services centers nationwide. Partners in Caregiving, funded through the Robert Wood Johnson Foundation, conducted a census of Adult Day programs in 2009 and identified 3,407 programs. By 2020, the National Adult Day Services Association (NADSA) identified that there are more than 7,500 ADS programs operating in the United States.

NADSA reports that the need for such centers has "jumped sharply to keep pace with the increasing demand for home and community-based services." The demand for home and

community-based services, in turn, increased as Medicaid funding policies shifted to support these services rather than more costly institutional care. This growth in Adult Day Services is also due to increases in the aging population as well as additional funding from sources such as the Veteran's Administration, Older Americans Act and Family Caregiver Support Programs, among others.

Who Uses Adult Day Services?

Adult Day Services are a welcome respite opportunity for individuals who work or who need stretches of time away from their loved one to complete tasks, socialize, or just refresh. Additionally, ADS can be beneficial to the participant when he or she is willing and able to be part of the ADS experience.

Adult Day Services are designed to provide social and some health services to adults who need supervised care in a safe place outside the home during the day. Some Adult Day Services centers are dementia specific, providing services exclusively to that population. Other centers serve the broader population.

According to the National Center for Health Statistics (NCHS) [2018 National Study of Long-Term Care Providers](#):

More Completed Products and Activities

- Webinars
- Update of Nine Steps to Respite and Translation into Spanish
- ARCH Fact Sheets
 - ❖ Adult Day Services
 - ❖ Respite and the Faith Community

Year 3 Workplan Activities Underway

(August 1, 2022 – July 31, 2023)

Website Redesign

Innovative and Exemplary Respite Services –
Minigrants for Evaluation

Committee for the Advancement of Respite
Research (CARR)

A Guide to Ensuring Cultural and Linguistic
Competence in Respite Research

Self-Assessment Tool for Cultural and
Linguistic Competence

Learning Collaboratives

- New Learning Collaborative on *National Strategy to Support Family Caregivers*
- Performance Measurement Learning Collaborative
Facilitator: Casandra Firman at cfirman@friendsnrc.org
lifespanrespite.wildapricot.org/Performance-Measurement-Learning-Collaborative
- Sustainability Learning Collaborative
Facilitator: Susan Janko Summers at sjsummers@archrespite.org
[lifespanrespite.wildapricot.org/Learning Collaborative](https://lifespanrespite.wildapricot.org/Learning-Collaborative)
- Respite Voucher Learning Collaborative
Collaborative Leaders: Aietah Stephens and Ronelle Baker, Oklahoma and Tracy Kahlo, Lifespan Respite WA
lifespanrespite.wildapricot.org/Voucher-Learning-Collaborative
- Volunteer and Faith-based Learning Collaborative
[lifespanrespite.wildapricot.org/Volunteer Faith-Based LC](https://lifespanrespite.wildapricot.org/Volunteer-Faith-Based-LC)

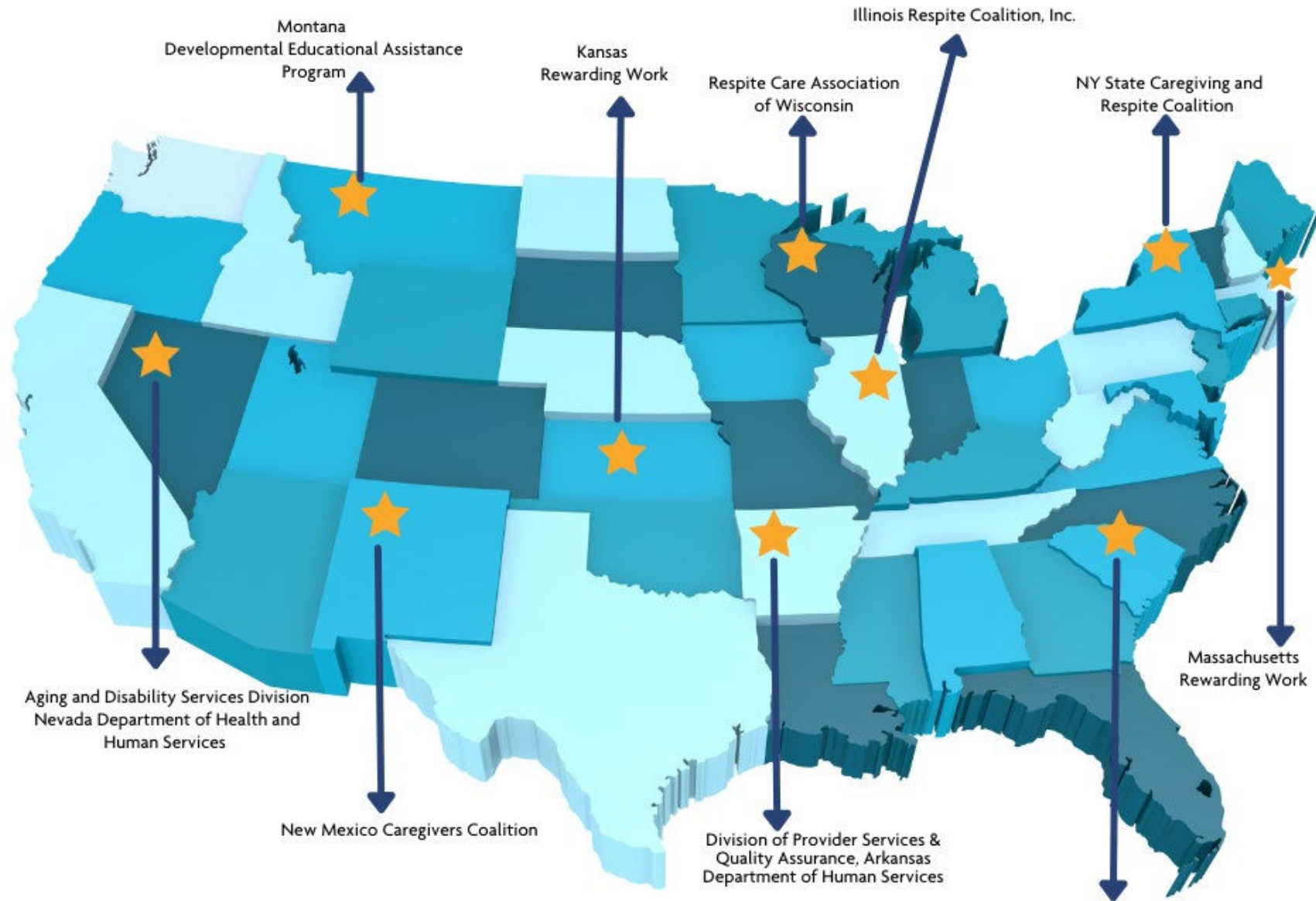


Respite Provider Recruitment, Training and Retention Pilot

For more information: Visit

archrespite.org/respite-provider-recruitment-and-training-project

Pilot Sites



South Carolina Respite Coalition

Next Steps

- Questions?
- Review of Requests
 - 1) Volunteer to serve on selection committee for Innovative and Exemplary Respite Services and help disseminate application.
 - 2) Review fact sheets and other products
 - 3) Present expertise on a Learning Collaborative or Webinar
- Next meeting, July 2023



Member Updates