COLORADO RESPITE COALITION

VISION

All Colorado families affected by a special need or disability will have convenient access to a variety of exciting, state of the art, planned and emergency respite options.

To learn more and contact us, please visit: ColoradoRespiteCoalition.org

Respite for you = better care for your loved one

Rosadin Carter
“Those who have been caregivers, those who will be caregivers, currently caregivers, and those who will need caregivers. There are only four kinds of people in the world.”

COLORADO RESPITE COALITION
RESPITE CARE?
Respite care offers short breaks to family caregivers providing care to loved ones. Respite relieves stress, restores energy and helps keep families together.

WHO NEEDS RESPITE CARE?
Respite benefits caregivers and care recipients. Everyone needs a break, and respite allows family members to come back refreshed and recharged.

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THE GROWING NEED IN COLORADO
More than 343,000 caregivers provide over 551 million hours of respite care in Colorado annually to children and adults with disabilities and special health care needs.

HOW DOES THE COLORADO RESPITE COALITION HELP?
The Colorado Respite Coalition supports respite across the lifespan for all special needs. Coalition efforts include:

- **Online Respite Locator** helps families connect with respite providers
- **Trainings** for caregivers and providers
- **Marketing and outreach** to increase awareness
- **Grant funding** available to agencies providing respite
- **Advocacy efforts** to increase supports and resources for families