

Meeting Notes

Lifespan Respite Grantee and Partner Learning Collaborative on State Lifespan Roles for Implementing the National Strategy's Respite Recommendations

February 16, 2023

2:00-3:30 pm EST

[Meeting Recording and Resources](#)

- **Welcome and Introductions - Jill Kagan, ARCH**

Key introductions:

- Wendy Fox Grage, National Academy for State Health Policy
- Lori Stalbaum, Administration for Community Living,
- Meghan Kluth, Learning Collaborative facilitator

- **Overview of National Strategy - Wendy Fox Grage, Senior Policy Fellow - National Academy for State Health Policy**

- Wendy provided a comprehensive overview of [2022 National Strategy to Support Family Caregivers](#), and the many respite activities within it. [Presentation Slides](#).
- Following the presentation, we had robust discussion about how lifespan respite grant activities align with the National Strategy, as well the goals for this collaborative over the course of the coming year. Several states shared the exciting work they are already doing through their lifespan respite efforts that fit within the National Strategy, including self-directed voucher programs and culturally responsive resources for families.
- We will continue discussion of how current and planned activities in your lifespan respite grants align with the strategy in upcoming meetings.

- **Purpose and Goals of Learning Collaborative - Jill Kagan**

- Build familiarity with the 2022 National Strategy to Support Family Caregivers
- Identify respite strategies that your state is already doing or could begin, and help develop action plans for implementation
- Provide peer support, peer learning, expert guidance and technical assistance

- **Moving Forward Through the Learning Collaborative - Meghan Kluth**

- Proposed Collaborative Structure and Activities
 - Facilitate peer learning opportunities to learn about other states' approaches, bright spots, and lessons learned.
 - Encourage mentorships/collaborations between state grantee and

coalition leaders outside the Collaborative.

- Bring in outside speakers to help provide resources for the group.
- Assist NASHP in the development of a Respite Action Guide.
- Document learnings and challenges to help inform next steps for the new RAISE Family Caregiving Advisory Council (to be appointed in 2023).

○ Frequency of meetings

- We will meet monthly via Zoom.
- Our next meeting will be on March 16 from 2:00-3:30 pm EST. Following that we will switch to meeting the first week of the month. Please watch your calendars for these calendar invites. All meetings will be recorded.

○ Future topics and presentations

- We will utilize a variety of meeting formats, including ample time for group discussion so you can share your state's approaches and learn from other states and grantees.
- Please post any ideas for discussion topics and external presenters using the [Jamboard](#). This board will be available between meetings.
- Respite models suggested for further exploration
 - Arizona's Friends and Neighbors respite care option for rural areas.
 - Idaho's Family Caregiver Navigator project (with Medicaid MFP \$) and includes Spanish-speaking navigators connecting Latinx family caregivers with culturally appropriate services.
 - Mobile Respite
- Ideas shared by group for future topics/presentations:
 - Information sharing on culturally and linguistically responsive services
 - How to address workforce shortages
 - How states are incorporating National Strategy into their state scope
 - How to incorporate this work into ongoing/upcoming strategic planning efforts
 - Opportunities within state policymaking- advocacy, what other states have done with respite policy, etc.
 - How states can follow and support federal actions and policies

- Strategies to break down local and state level silos (between agencies, geographic areas, etc.)
 - Overview of where states are in their respite efforts – some are very early on and some are long-standing – How does this impact their approach to the National Strategy?
 - Aligning current and planned Lifespan Respite activities with National Strategy’s goals
 - Identify alternative forms of respite
 - How to coordinate with CMS Medicaid at state level “in lieu of services” broader menu
 - Transportation to and from adult day health center models and payers. Opportunities within lifespan respite grant for funding and transportation supports.
 - Respite eligibility related to service funding stream (e.g., OAA Title II-E, Medicaid, etc.)
 - Examples of state legislation to address workforce shortage (e.g., New Mexico, PHI)
 - Presentation on respite programs for families with medically complex children, including in-home and out-of-home respite and how other states are providing this
- **Wrap Up and Next Steps**
 - At our March meeting we will continue discussion about what your states are doing currently that fit within the National Strategy, and activities you are interested in scaling or exploring.
 - Prior to the March meeting, please review the [2022 National Strategy to Support Family Caregivers](#), especially the volume on [Actions for States, Communities, and Others](#).
 - For context, please review [The Role of Respite in the National Strategy to Support Family Caregivers - An ARCH Policy to Practice Brief](#)
 - Think about which, if any, partners you would like to participate in the Learning Collaborative. While we want to keep the group size reasonable, we recognize how collaborative your work is and that participating with partners may be beneficial.
- **Contact Information**
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 - Meghan Kluth - meghanbkluth@gmail.com