

YOU CAN GIVE TODAY

Complete this form and mail it to:



TRC

19 Music Square West, Suite J
Nashville, TN 37203

Name: _____

Address: _____

Phone: _____

Email: _____

Amount: _____ Check Enclosed Please charge gift to my credit card

Credit Card #: _____ Exp: _____

Security Code: _____

Would you like to be added to our email list to receive news and updates from the TRC? Yes No

Would you like to volunteer? Yes No

Signature: _____ Date: _____

WAYS TO CONNECT

TNRESPITE.ORG

HELP LINE 1-888-579-3754

19 Music Square West, Suite J, Nashville, TN 37203

Office: 615-269-8687



facebook.com/TNRespite • youtube.com/TNRespite • twitter.com/TNRespite

The TRC is supported, in part by grant number 90JF0006601, from the U.S. Administration on Aging, Department of Health and Human Services, Washington, D.C. 20301. Grants for undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration on Aging policy. This project is also funded in part under an agreement with the State of Tennessee.

respite/respite/

RESPITE IS

temporary relief
for caregivers & families.

IT IS A SERVICE
in which CARE
is provided to individuals
with disabilities
& other special needs.

Tennessee Respite Coalition's MISSION IS

to enhance the
QUALITY OF LIFE
for family caregivers
through respite.



TRC

OUR SERVICES

The Tennessee Respite Coalition is made up of staff, board members, regional group members, committee volunteers, respite volunteers, and family caregivers. We work together to educate the community about the importance of respite for family caregivers and provide respite resources for caregivers in need of a break.

- **Statewide Respite Helpline** - Toll-free information line that families and professionals can access to learn more about the TRC, access our programs, and get information about respite resources around the state
- **Family Directed Respite** - Voucher system providing much needed respite to family caregivers and encourages families to feel in control of and empowered to use respite

- **Advocacy and Awareness** - Volunteers in 7 regional groups across the state educate their local communities about caregiving and the importance of respite

- **Volunteer Respite** - Utilizing the power of volunteers to increase the amount of respite available to family caregivers in Tennessee

PHOTOS BY ANTONY BOSHER



Three ways to GIVE
to the Tennessee Respite Coalition

1. Contact our office
by phone at 615-269-8687

2. Donate directly
through our website
tnrespite.org

3. Complete this form
and mail it to

TRC: 19 Music Square West, Suite
Nashville, TN 3720

Caregivers are those
who care for spouses
parents, children, siblings or
other loved ones facing a
wide array of special needs

Free