

**Respite Across the Lifespan  
Eastern Service Area**

**LOGIC MODEL**

VISION: The Eastern Service area will be a strong support for the Nebraska Lifespan Respite Network’s vision to have a well-developed system to support high-quality planned and emergency respite care across the lifespan for all families caring for a loved one at home, regardless of the family member’s disability and/or chronic illness diagnosis, special needs, and family circumstances.

What Do We want to Sustain?	How Will We Measure Progress?
<b>ULTIMATE OUTCOMES</b>	<b>INDICATORS OF ULTIMATE OUTCOMES</b>
<ul style="list-style-type: none"> <li>• All family caregivers, and employers with employees who are caregivers, are supported and have easy access to respite resources in Douglas and Sarpy counties, including both information and services that enable them to care for their loved ones at home.</li> </ul>	<ul style="list-style-type: none"> <li>• Improved access to information and services to help caregivers care for loved ones at home.               <ul style="list-style-type: none"> <li>○ Creation and dissemination of well-developed materials that are culturally appropriate, address all disabilities/chronic illness and family circumstances, etc.</li> <li>○ Increased data collection for the state-wide “Respite Evaluation Plan”.</li> <li>○ Provide access to the NRRS statewide respite network system to all families we work with and have done outreach to.</li> <li>○ Collaborate with MMI to inform Respite providers of the NRRS System, the Respite Network and establish a pathway for them to become respite providers.</li> <li>○ Increase by 10% the number of family caregivers who have access to respite care resources as a result of employer engagement activities.</li> <li>○ Increase presence on Facebook, website and other forms of social media by 10%.</li> <li>○ Increase the number and percentage of employers, faith-based organizations, community organizations, medical professionals and organizations that represent disabling conditions/chronic illnesses across the lifespan that</li> </ul> </li> </ul>

<ul style="list-style-type: none"> <li>• The Respite Care Advisory Committee and the identified Time-Limited Workgroup will have a better understanding of respite and the need to identify and expand funding to sustain and expand our impact and reach to the community.</li> </ul>	<p>understand the benefits of respite care and the need for caregivers to have information.</p> <ul style="list-style-type: none"> <li>○ Increase opportunities for caregivers to meet providers by offering 2 planned networking events.</li> <li>○ Offer employee informational training opportunities with businesses.</li> <li>○ Successful creation of a marketing plan on how our office will keep the community informed about respite services.</li> </ul>
<p><b>INTERIM OUTCOMES/CONDITIONS AND CAUSES THAT MUST CHANGE</b></p> <ul style="list-style-type: none"> <li>• Lack of appropriately trained Network-approved respite providers. <ul style="list-style-type: none"> <li>○ Insufficient supply of respite providers that are trained to address the needs of family members with specific disabilities/chronic illnesses; difficult behaviors and of different ages.</li> </ul> </li> <li>• Lack of knowledge about what respite is, the benefits, identifying as a family caregiver and how to access resources.</li> <li>• Lack of available providers, both in-home and facility-based, properly trained to provide respite to individuals that experience mental health concerns.</li> </ul>	<p><b>INDICATORS OF INTERIM OUTCOMES</b></p> <ul style="list-style-type: none"> <li>○ Increasing our provider network by 20% from FY 2016 baseline.</li> <li>○ Increase the number of retained providers by 10%.</li> <li>○ Increase the skills of respite providers by offering (2) REST training and notifying providers of other relevant training opportunities.</li> <li>○ Increase target groups to participate in training and becoming providers.</li> <li>○ Increase by 10% our outreach to the community by giving presentations, attending health and community events (schools, disability specific and others) addressing what respite is and how to access resources.</li> <li>○ Successful presentations to 2 area businesses to share information on respite services.</li> <li>○ Increased collaboration with area mental health professionals to identify appropriate training.</li> </ul>
<p><b>STRATEGIES AND ACTIVITIES</b></p>	<p><b>PERFORMANCE MEASURES</b></p>

<ul style="list-style-type: none"> <li>• Schedule 2 REST trainings for FY 2017.</li> <li>• Continue ongoing efforts in reaching out to organizations and businesses that serve a variety of disability groups.</li> <li>• Consider culturally appropriate training and outreach materials.</li> <li>• Do 3 presentations to schools and faith-based groups and participate in two community events to recruit new providers.</li> <li>• Participate in any requests for information or data collection as request for statewide “Respite Evaluation Plan”.</li> <li>• Introduce providers to caregivers at two meet and greet events.</li> </ul>	<ul style="list-style-type: none"> <li>• Meeting the number of providers to complete the REST training and have positive REST evaluations from the participants.</li> <li>• Secure two participants from the targeted groups to attend the REST trainings.</li> <li>• Materials are available to families in their language and consider cultural issues.</li> <li>• Timely response to requests for data collection.</li> <li>• The successful addition of new providers to the network-approved registry.</li> <li>• Successful feedback at the networking events (positive connections made).</li> <li>• Will continue to do REST training classes</li> <li>• Will continue to recruit providers</li> </ul>