

Lifespan Respite Program Sustainability in the Commonwealth of Virginia

Lifespan Respite Care Grantee and Partner
Learning Symposium
2014
Nashville, TN

Get in Tune with Respite



**“The long and winding road that leads to your door will never disappear.” *The Long and Winding Road*,
Paul McCartney**



Road Map

Tool Kit from The Finance Project

Who is going to “drive the bus” down the Yellow Brick Road to the Land of Sustainability
A Committee!



Composed of DARS Staff, Members of the Virginia Caregiver Coalition and a Family Caregiver!

“Together we stand , divided we fall ,
Come on now people let's get on the ball and work together... “
Let's Work Together, Canned Heat



Sustainability Committee

Vision Statement: Caregivers of individuals of any age or disability should be valued and supported.

Goal Statement: Strengthen and expand the availability and delivery of quality lifespan respite support for caregivers who provide unpaid care to individuals of any age, disability or special need.

With a Little Help from My Friends The Beatles



SUSTAINABILITY SELF-ASSESSMENT TOOL

Project manager completed and circulated for
committee's comments

Major decision: The Sustainability Project was going
to take longer than the time determined by the
Finance Project

“Help me
I think I'm falling...” **Help Me**, Joni Mitchell



Series of Phone Calls from The Finance Project:

- Technical assistance to explain tool kit modules
- Confirmation that the sustainability project was going to be a long-term activity
- Inspiration to establish specific objectives to accomplish our vision and goal for sustaining Virginia's Lifespan Respite Care Program

“So put me on a highway, And show me a sign, And take it to the limit one more time...” **Take It to the Limit,**
Eagles



Objectives:

- Renewal of the Lifespan Respite Care Voucher Program.
- Sustaining the Virginia Family Caregiver Solution Center. www.virginiannavigator.org/vf
- Expanding the Virginia Caregiver Coalition to include professionals and family caregivers who provide care to individuals of all ages and disabilities.

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- Participation in the activities of the ARCH Lifespan Respite Care Program.
 - Strengthening advocacy efforts for Lifespan Respite Care in the Commonwealth.
 - Establishing volunteer respite groups throughout the Commonwealth.



“My friends are gonna be there too
I'm on the highway to hell...” **Highway to Hell, ACDC**

The Logic Model

Integral part of the road map to sustainability

- Define existing conditions
- Objective and activities
- Outcomes

“I can see clearly now the rain is gone.
I can see all obstacles in my way...”

I Can See Clearly Now, Jimmy Cliff and Johnny



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Building Long-Term Sustainability in State Lifespan Respite Programs Grant Opportunity

- Contributions of DARS Lifespan Respite Care Sustainability Committee, Lifespan Respite Care Program Coordinator, Lifespan Voucher Committee and DARS Grant Writer and Finance Project Technical Assistance
- Logic model plan for sustainability

“It might seem crazy what I'm about to say
Sunshine she's here,... “ **The Happy Song**
Pharrell Williams



Plan for obtaining goal and implementing objectives

- Three year implementation plan
- Activities clearly outlined
- Participant responsibilities defined
- Outcomes can be evaluated



**“Tomorrow will be too late,
it's now or never...” It's Now or Never, Elvis Presley**

Building Long-term Sustainability in State Lifespan Respite Programs Grant

Implementation of the grant activities began
September 1, 2014

1. Reopening voucher program
2. Adapting on-line respite provider training
3. Forming VCC Committees to partner with DARS
on grant activities
4. Revisiting Finance Project Tool Kit

“Well, there’s thirteen hundred and fifty-two guitar pickers in Nashville...” **Nashville Cats**, John Sebastian,
The Lovin’ Spoonful



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