

Seeking individuals who live with and help care for a loved one with dementia to investigate effectiveness of an online education program and respite care services for caregiver burden and depression.

You are eligible to participate in this research if you are:

1. 18 years or older
2. live with and provide unpaid care for an individual with dementia
3. live in the US
4. have access to a computer

I am recruiting 2 groups (180 participants). You qualify for the respite group if you have used respite services (such as adult daycare or in-home respite) once a week over the past six months. If you have not used respite, you would qualify for the non-respite group.

If you decide to participate you will be asked to:

- 1 Complete a pretest online survey about yourself, respite care, caregiver burden and depression (20 minutes).
- 2 You may be randomly selected to complete an education course (1 hour weekly for 6 weeks) about how to care for someone with dementia; if you are not randomly assigned, no activities are required.
- 3 You may be invited to participate in an online recorded one-on-one interview (45-60 minutes).
- 4 Complete a posttest online survey about caregiver burden and depression.

During these activities, you will be asked questions about:

1. Your age, gender, racial background, marital status, education, employment, household income, relationship to the care recipient, and type of dementia the care recipient has.
2. Symptoms of depression and caregiver burden.
3. iSupport training (if selected).

To participate, click the correct link below:

Non-respite group: https://ncu.co1.qualtrics.com/jfe/form/SV_5jZ1VKp2m4laZ4W

Respite group: https://ncu.co1.qualtrics.com/jfe/form/SV_6R1tGnWLVBgw8VE

Please contact the researcher with questions or concerns at dementiacaregivers@yahoo.com