

Department of Health and Social Services
Division of Services for Aging
and Adults with Physical Disabilities

Respite Summit 2015





Delaware's Demographics

- 60+ population is growing rapidly in Delaware
- By 2030 28% of the population will be 60+
- 85+ population will nearly double between 2005 and 2020. Then double again by 2040
- 108,397 individuals in Delaware have disabilities
- 66,367 are under the age of 65
- The number of family caregivers are decreasing
 - Smaller families
 - Family are spread out



Caregiving in Delaware

2014 AARP Caregiving Survey of Delaware Residents

- 45% of Delawareans age 35 and older are or have provided unpaid care to an adult who is elderly or disabled.
- 86% help with shopping & household chores.
- 82% help with transportation
- 74% help with medication management
- 69% help with medical tasks



Value of Family Caregiving

- Slightly more than 200,000 family caregivers in Delaware provide over 132 million hours of care annually.
- The value of their caregiving is estimated at almost \$1.6 billion annually.



What is Delaware Doing to Support Caregivers Today?

Across the public, private and non-profit sectors there programs and services that are designed to target the caregiver.

- Adult Day Services
- Alzheimer's Day Treatment
- Day Habilitation
- In – home Respite
- Respite vouchers/ DE Lifespan Respite Network
- Caregiver Support/Caregiver Resource Centers



Day Services

- Adult Day Services provides activities and assistance for people with physical and/or mental impairments. This service is for people who cannot be left alone for long periods of time. For example, a person may use adult day services while his or her primary caregiver (such as a family member) is at work.
- Alzheimer's Day Treatment is a program for people with Alzheimer's Disease or related dementia. It is a non-residential, day program. Medical, recreational, and personal care services are provided. Staff in the program receive specialized training in Alzheimer's Disease and dementia
- Day Habilitation programs are geared toward social recreational and leisure activities; however focus on interacting with people using community resources.



In-home Respite & Vouchers

- Respite provides a break for caregivers, like family members, who take care of an older person or a person with a disability. The service can be regularly-scheduled (for example, once a week) or can be given from time to time, as needed by the caregiver. Respite is provided in the home of the care recipient or caregiver.
- Delaware Lifespan Respite Care Network program helps Delaware caregivers find and pay for respite care. They can also apply for up to \$500 in financial assistance per care recipient per year.



How do Caregivers Access Services?

The Delaware ADRC can help you...

- Learn more about available resources
- Decide what services would be best for you
- Find the services that you need

The Delaware ADRC features.....

- A comprehensive resource, the [Guide to Services for Older Delawareans and Persons with Disabilities](#)
- A call center with staff available to answer your questions and provide information. 1-800-223-9074
- A dedicated website to search for and locate services in your county: Visit www.DelawareADRC.com
- Options counselors to provide personalized assistance



Will there be more services/supports in the future?

Delaware General Assembly passed HCR 57 to establish the Family Caregiving Taskforce.

- Directing the study of policies, resources, and programs available for family caregivers.
- Encouraging additional innovative and creative means to support family caregivers to continue to provide needed in-home support for older adults, for distance caregivers, caregivers from special populations, and caregivers in the workplace.
- Organizing the taking of testimony on the needs for family caregivers.
- Overseeing the process of compiling an inventory of the resources available to family caregivers.
- Developing and submitting a report on its findings and recommendations.



Task Force Report

Due to the General Assembly 5/31/2015

Recommendation Categories:

- Legislative
- Budgetary
- Policy/Program

Questions?

Lisa Bond

302-255-9358

lisa.bond@state.de.us

