Finance Project Work Group Case Study
Written Plan

VISION⁴

**Families:** Beautiful place. No warehousing. People I trust. Part of community. Affordable for families.

**Professionals:** Accessible. Don’t make families jump over hoops. Support families when they first use respite. Reach all kinds of families in need across ages and disabilities. Competent providers. Based on successful models. Responsive to caregivers’ needs. Low or no cost. Creative. Think out of the box.

**Organizations:** Minimize liability. Plan for growth—don’t just jump in. Keep costs under control. Show me it works. Use what we already have—agency partnerships, existing technological platforms, etc.

MISSION ²

Grow a coordinated lifespan respite system that offers an array of accessible, affordable, person- and family-centered, quality respite options to family caregivers of children and adults with disabilities or special health care needs.

PRIORITIES FOR COALITION WORK GROUPS³

1. **Work on No Wrong Door/Upgrade of Existing Web Platform.**
2. **Expand Voucher System.**
3. **Expand Faith Based Options.** Based on recent assessments of needs and resources, we have identified one key faith based respite program that has been helping other parties interested in replicating their program.
4. **Work with Model Programs across the state to Collect Process and Outcome Data.**

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¹ Module I: Building a Sustainable Initiative (*Sustainability self-assessment; Lifespan Respite Summit*)
² Module II: Developing a Vision and Results Orientation (*Mission; Lifespan Respite Summit; Coalition*)
³ Module IV: Building Organizational Capacity and Community Support (*Inviting the right people to the table; Making sure their involvement is meaningful; Making them feel valued*)
  - Module II: Developing a Vision and Results Orientation (*Logic Model*)
  - Module III: Creating a Strategic Financing Plan
3. **Expand Faith Based Options.** Based on recent assessments of needs and resources, we have identified one key faith based respite program that has been helping other parties interested in replicating their program.

Within two years, the model respite program grew to serve 150 families. If three other programs replicated the model program and had similar success, up to 600 families could be served (depending in part on the population of the church and region).

**Question/Goal:**

How can we capitalize on this success and support the replication of the program?

### WORKSHEET 3: STRATEGIES RELATED TO ADAPTABILITY TO CHANGING CONDITIONS

<table>
<thead>
<tr>
<th>Opportunities, Issues and Threats</th>
<th>Potential Strategies</th>
<th>Resources Needed for Implementation</th>
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<tbody>
<tr>
<td>Central City Church has developed a strong respite program for people with disabilities.</td>
<td>Invite program leader(s) to participate in existing state LR planning group.</td>
<td>Identify someone in current LR/FB planning group as a key point of contact.</td>
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<td>The respite program is so popular, they have exceeded capacity the past three years.</td>
<td>Work with program leaders to identify key program features that attract and support families.</td>
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<td>Caregivers and church members have expressed how the ethos and social climate of the congregation has improved to become more inclusive.</td>
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<td>Some families have started informal relationships that include play dates and exchanging care for one another’s children.</td>
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<td>A number of other churches have expressed interest in replicating this program.</td>
<td>Support a gathering of interested churches across the state. Pay honorarium to each of the respite program leaders. Pay for travel for church representatives wishing to replicate the model. Pay for travel and childcare/respite care for participants for initial training.</td>
<td>Space to gather. Food to serve. Training materials (if needed). Money for honorarium, travel and respite/childcare for participants for initial training.</td>
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<td>parent caregivers to attend.</td>
<td>Facilitate a meeting with local UCEDD evaluator, state LR data coordinator. Identify “burning questions” respite program wishes to answer. Include qualitative study of the growth of informal parent-to-parent relationships so that these may be fostered in future. Include qualitative study of how perceptions of and behaviors with persons with disabilities have changed among congregants, and among volunteers in the program.</td>
<td>Identify graduate level researchers from UCEDD enrolled in evaluation or research classes, or who wish to work on a thesis or dissertation to lead a study. Share a copy of ARCH A Research Agenda document to guide study design. Schedule periodic meetings with LR/FB Planning Group Key Contact (or entire LR Planning Group) to share progress and findings.</td>
</tr>
</tbody>
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(Worksheet 3 is included in Module IV: Adapt to changing conditions; Key Champions; Broad-Based Community Supports; Strong Internal Systems)

Prepared by Susan Janko Summers, PhD, for the ARCH Sustainability Planning Workgroup, March 2019