



**take
time
TEXAS**

2014 Texas Respite Summit



BUILDING THE FOUNDATION OF A STRATEGIC
PLAN FOR RESPITE IN TEXAS

June 12, 2014 | 9 a.m.-4 p.m.
San Marcos, Texas

Veramendi Salons G & H
Embassy Suites San Marcos
Hotel & Conference Center

Purpose

The Texas Respite Coalition is a partner with the Texas Department of Aging and Disability Services (DADS) for the Lifespan Respite Care Program. The Coalition supports DADS in its goal to enhance and expand the coordination and availability of respite services in Texas.

The Texas Respite Coalition assists DADS in developing strategies to reduce barriers in accessing respite services, improve the quality of respite services, reach underserved populations, and provide training, education and support to family caregivers. The TRC provides a forum for collaboration and communication between a diverse group of stakeholders.

More than 27 members strong, the Coalition is broadly represented by family caregivers, respite providers, and members of the aging, disability and health services networks.



2014-2015 Texas Respite Coalition Member Organizations

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| AARP of Texas | 2-1-1 Texas Information and Referral Network | Texas Department of Family Protective Services Adult Protective Services |
| Ability Connection Texas | Texas A&M AgriLife Extension Service | Texas Department of Family Protective Services Child Protective Services |
| Alzheimer's Association | Texas Aging and Disability Resource Centers Partner Association | Texas Department of State Health Services Alzheimer's Disease Program |
| Cornerstone Ranch | Texas Association of Area Agencies on Aging | Texas Department of State Health Services Children with Special Health Care Needs Services Program |
| Earl Shelp, Ph.D | Texas Council for Developmental Disabilities | Texas Parent to Parent |
| Easter Seals North Texas | Texas Health and Human Services Commission | Texas Silver-Haired Legislature |
| Easter Seals of Greater Houston | Texas Department of Aging and Disability Services | The Arc of Texas |
| Interfaith Care Partners, Inc. | Texas Department of Assistive and Rehabilitation Services Early Childhood Intervention Program | Visiting Angels Williamson County |
| LeadingAge Texas | | |
| National Multiple Sclerosis Society, South Central Chapter | | |
| Respite Care of San Antonio, Inc. | | |
| Right at Home | | |



**STATE OF TEXAS
OFFICE OF THE GOVERNOR**

Greetings:

As Governor of Texas, I am pleased to welcome you to the first Texas Respite Summit.

Caring for an elderly, ill or disabled family member is an admirable and rewarding expression of love. More than 2.7 million Texans have taken on this role, dedicating much of their time and energy to ensuring the comfort and health of family members who cannot care for themselves.

While many Texans are fortunate to have the time and resources necessary to become caregivers, balancing those duties with existing personal and professional responsibilities can be a challenge. Fortunately, the State of Texas offers critical respite services that give caregivers a much-needed break while ensuring family members are provided for. From health care assistance and personal care to financial management education and counseling, there is sure to be something that will benefit Texas families.

As you gather to learn more about the resources available and strengthen your commitment to caring for Texans in need, I commend everyone participating today. Together, we can work toward a brighter future for all residents of our great state.

First Lady Anita Perry joins me in sending best wishes.

Sincerely,

Rick Perry
Governor



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8:00 a.m.

Registration

9:00 a.m.

Welcome & Introductions:

- *Cara L. Magrane, Chief Operating Officer, Respite Care of San Antonio*
- *The Honorable John Davis, State Representative, House District 129*

9:15 a.m.

Panel of Family Caregivers: Challenges, Rewards and Needs

- *Rosemary Alexander, Ph.D.*
- *Heather Hansen*
- *Diane Kearns*
- *Laura J. Warren*
- *Moderator: Martha Diase, Ph.D., Coordinator, Aging Texas Well Initiative, Texas Department of Aging and Disability Services*

9:45 a.m.

Panel: The Texas Lifespan Respite Care Program and Resources for Respite

- *Joyce Pohlman, Grants Coordinator, Community Access and Grants Unit, Access & Intake Division, Texas Department of Aging and Disability Services*
- *Manda Hall, M.D., Title V Children and Youth with Special Health Care Needs Director, Assistant Medical Director, Purchased Health Services Unit, Texas Department of State Health Services*
- *Christian Wells, Executive Director, Alzheimer's Association, Capital of Texas Chapter*

10:30 a.m.

The State of Respite in Texas

- *Deputy Commissioner Chris Traylor, Texas Health and Human Services Commission*

10:45 a.m.

Break



10:55 a.m. **Facilitated Breakout #1 - Respite Needs**

1. What is respite? Do you offer respite services in your area or are you a family caregiver who uses or needs respite?
2. What are your respite needs? For example, do you need more respite? More affordable respite? A specific type of respite? Respite that better fits your schedule?
3. What is missing from respite care services? What are your challenges, barriers and unmet needs?

11:40 a.m. **Breakout Session Report**

12:00 p.m. **Lunch & Special Guest Speaker**

- *Moderator: Joyce Pohlman, Grants Coordinator, Community Access and Grants Unit, Access & Intake Division, Texas Department of Aging and Disability Services.*
- *The Honorable Judith Zaffarini, State Senator, Senate District 21 (Invited)*
- *Kim Suiter, Executive Vice President, National Multiple Sclerosis Society*

1:15 p.m. **The Lifespan Respite Program: Supporting Families with Better Access to Respite**

- *Greg Link, Aging Services Program Specialist, Administration for Community Living, Administration on Aging*

Engaging Collaborative Partners in Lifespan Respite Programs

- *Jill Kagan, ARCH Program Director, ARCH National Respite Network and Resource Center*

2:00 p.m. **Facilitated Breakout #2 - Creating a Respite Roadmap**

1. If you had a magic wand, what would a “dream” respite care system in Texas look like? What would it offer?
2. What needs to be done to make this “dream” respite care system happen? Brainstorm major goals or next steps for improving respite care.
3. Based on what you learned today, what can the state do to better assist caregivers? What should the Texas Respite Coalition do?

2:45 p.m. **Breakout Session Report**

3:15 p.m. **Next Steps/Action Plan**

4:00 p.m. **Adjourn**

Special Thanks

*to our planning committee and partners for making the 2014 Texas
Respite Summit a success!*

Jake Beeler

Amanda Fredriksen

Cara Magrane

Bridget Crawford

Karissa Garcia

Laura Warren

Martha Diase

Ivy Goldstein

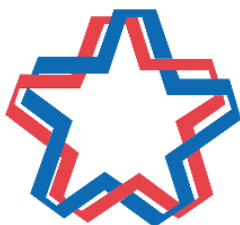
Rachel Duer

Linda Latimer

Our Partners



Texas Parent to Parent



TEXAS ASSOCIATION OF
REGIONAL COUNCILS



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www.TakeTimeTexas.org



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