

Respite and Caregiver Support Programs in Texas

Agency	Program	Eligible Participants	Age of Care Recipient Eligible for Respite			Respite Available	Interest List or Waiting List?
			Children	Non-elderly adults	Seniors		
Department of Aging and Disability Services (DADS)	Medically Dependent Children's Program (MDCP)	Children under age 21 who are medically dependent and at risk of nursing facility placement	X			2,096 hours per annual individual plan of care (IPC) period	Yes
	Community Living Assistance and Support (CLASS)	Diagnosis of a related condition which originated before age 22 and affects their ability to function in daily life	X	X	X	30 days per annual IPC period	Yes
	Deaf Blind with Multiple Disabilities (DBMD)	Deaf, blind and one or more additional disabilities that limit daily functioning	X	X	X	30 days or 720 hours per annual IPC period	Yes
	Home and Community Based Services (HCS)	Diagnosis of intellectual disability or related condition and live at home or in community setting	X	X	X	300 hours in-home or 30 days out of home per annual IPC period	Yes
	TX Home Living (TxHML)	Diagnosis of intellectual disability or related condition and live at home or in community setting	X	X	X	\$1,700 per year	Same as HCS
	Local Authorities	Diagnosis of intellectual disability or developmental disability	X	X	X	Determined by each LA	Varies by LA
	Area Agency on Aging (AAA) Caregiver Support	Adult family members providing care to older adult (60+) or individual of any age with Alzheimer's disease or	X	X	X	Varies by Area Agency on Aging	No

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	Area Agency on Aging (AAA) Caregiver Support (cont.)	or grandparent or other relative (not parent, 55+) caring for a relative under age 19	X	X	X	Varies by Area Agency on Aging	No
	Texas Lifespan Respite Care Program (TLRCP)	Individuals not eligible for any other respite service	X	X	X	Determined by grantee	No
	Day Activity and Health Services (DAHS)	Functional disability related to medical diagnosis, medical diagnosis and physician order requiring care by a licensed nurse		X	X	<10 units week (unit = 3-6 hrs.) <23 2-unit days/month (2 unit day = 6-10 hrs.)	Yes
	In-Home and Family Support (IHFS)	Individuals with physical disabilities and their families. Respite is one of several eligible activities	X	X	X	Funding for any service, including respite, is \$1,200	Yes
	Primary Home Care (PHC)	Functional limitation with at least one personal care task		X	X	Up to 50 hours per week	No
	Community Attendant Services (CAS)	Functional Assessment score minimum of 18	X	X	X	Up to 50 hours per week	No
	Family Care (FC)	Functional Assessment Score of 24		X	X	Up to 50 hours per week	Yes
Department of State Health Services (DSHS)	Children's Mental Health	Age 3-17 with a diagnosis of mental illness and who exhibit serious, emotional, behavioral or mental disorders	X			Intended for temporary periodic relief	Not specified
	Youth Empowerment Services (YES)	Age 3-18 with serious emotional disturbance and likely to qualify for inpatient care	X			720 hours or 30 days per annual IPC period	Yes

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	Children with Special Health Care Needs (CSHCN)	Children with complex medical needs and their families	X			Varies by subcontractor	Not specified
Department of Assistive and Rehabilitative Services (DARS)	Early Childhood Intervention	Children from birth to age 3 who have developmental delays or disabilities	X			20 hours per child per month	Not specified
Texas Education Agency (TEA)	Non-educational Community Based Support Services	Students with disabilities who, without support, would be placed in residential facilities for education reasons	X			Varies by Educational Service Center	Varies
Department of Family and Protective Services (DARS)	Child Protective Services – Respite Care for Adoptive Families	Families that have adopted children with special needs.	X			60 days per 12 month period	Not specified
	Child Protective Services – Intermittent Alternate Care and Respite Care for Foster Families	Foster families	X			Not specified	Not specified
	Adult Protective Services (APS)	APS Client		X	X	Depends on need of client	No
Veterans Administration	Caregiver Support	Veteran who suffered a serious injury or aggravated in line of duty on or after 9/11		X	X	30 days per year	Not specified
	Respite Care	Veterans of all Eras		X	X	30 days per year	Not specified
Easter Seals	Name varies by Easter Seals office	People living with autism and other disabilities	X	X	X	Varies by Easter Seals Office	Not specified

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Alzheimer's Association	Name varies by program. Usually referred to as "day programs"	Older adults with Alzheimer's disease or dementia		X	X	Varies by program. Not available statewide.	Varies
Private pay services	Varies by name of company providing service	Some may serve children with disabilities but most are targeted to caregivers of older adults	X	X	X	Fee for service; typically a minimum of four hours per session is required	Varies
Faith Based and Volunteer Respite	Varies by name of organization/ church sponsoring the program	Varies based on program	X	X	X	Varies by program. Ranges from 4 hours per month to one evening or half day per week.	Varies