

ARCH Respite Voucher Learning Collaborative

June 8, 2023



ARCH
National Respite Network
AND RESOURCE CENTER

Agenda

1:30 – 1:40 PM	Welcome and Introductions
1:40 -2:00	<i>Presentation of final Readiness Assessment tool for Self-Directed Respite Voucher Programs</i> Laura Mauldin , Applied Self-Direction <i>Presentation followed by Q&A</i>
2:00 – 2:30	<i>Centering Equity in Access to Services: Lessons from the Field</i> Tracy Kahlo and Barb Koumjian , Lifespan Respite Washington
2:30 – 3:00	Group Sharing and Discussion



ARCH Announcements

- Next Meeting of the *Lifespan Respite Grantee and Partner Learning Symposium on Implementing the National Strategy*
 - Thursday, June 15 at 2:00 – 3:30 PM Eastern
- New ARCH Webpage: *Respite Voucher Programs*
<https://archrespite.org/ta-center-for-respite/respite-voucher-programs/>
Map to contact information: <https://archrespite.org/ta-center-for-respite/respite-voucher-programs/apply-for-state-lifespan-respite-voucher-programs/>
- Recorded Webinar Presentation at Applied Self-Direction virtual conference: *Self-Direction in Respite Voucher Programs: Path to Person and Family-Centered Care*
<https://archrespite.org/library/self-direction-in-respite-voucher-programs-path-to-person-and-family-centered-care/>



Readiness Assessment Tool for Self-Directed Respite Voucher Programs

Laura Mauldin
Applied Self-Direction

archrespite.org/ta-center-for-respite/respite-voucher-programs/#AssessmentTool



Welcome to the Self-Assessment Readiness Review for Self-Directed Respite Voucher Programs!

This self-assessment tool contains optional ideas and suggestions for discussion as you determine your readiness to begin or expand a respite voucher program. Needs often vary from program to program. Please use the information in this tool in the way that works best for your needs, including adding or removing rows or spaces or adding dates as goals in the notes section. This document is only for internal self-assessment purposes only, and is not intended to be used for evaluation by outside organizations to assess readiness.

The Self-Assessment Readiness Review for Self-Directed Respite Voucher Programs is a companion to the Self-Direction Respite Voucher Guide: <https://archrespite.org/wp-content/uploads/2022/04/ARCH-Respite-Voucher-Guide.pdf>

The Self-Assessment Readiness Review for Self-Directed Respite Voucher Programs was developed by Applied Self-Direction in partnership with the ARCH National Respite Network and Resource Center. ARCH wishes to acknowledge and thank Lifespan Respite grantees and partners who reviewed and provided useful feedback on the tool.

Blue Lines are Program Components	Self-Directed Voucher Guide Page Number	Notes	Status
Items in GRAY are best practices to consider before a program launches/expands.		This space can be used to track any details or items you would like to consider	Enter: X, I, ?, N/A to track your current status
		This space is	Enter: X, I, ?, N/A to track your current status
	<i>Italics are suggested considerations. Additional lines can be added (or removed). Depending on your needs, add language to include program-specific details</i>	also	Complete = X
		available	In Progress = I
		for	Need to Address = ?
		notes	Not Applicable = N/A

This publication was supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$1,647,597 with 75 percentage funded by ACL/HHS and \$549,200 amount and 25 percentage funded by non-government source(s). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.

Presenters

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Project Coordinator

Lifespan Respite Washington

A program of PAVE


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Tracy Kahlo (she/her)

Executive Director

PAVE/Partnerships for Action, Voices for Empowerment Check-out New

Email: tkahlo@wapave.org

A vibrant field of flowers, including several large pink coneflowers and smaller yellow ones, with a dense green forest in the background under a bright sky. A semi-transparent green rectangular box is centered over the middle of the image, containing white text. Below it, a semi-transparent light blue rectangular box contains black text.

Centering Equity in Access to Services: Lessons from the Field

Barb Koumjian and Tracy Kahlo
Lifespan Respite WA

This session offers opportunities to:

1

Explore with your peers how to intentionally assure equitable access to respite services for your community/state

2

Share what works, what you've tried, and your suggestions during this interactive session

3

Generate suggestions for equitable access in providing respite services

Center Equity: Be Adaptable, Flexible, Creative!

Equitable access to caregiver services including respite may benefit from:

- **Changing how services and supports are offered**
- **Using an internal process or tool to promote access to services**
- **Using funding for novel approaches to expanding caregiver supports and services**





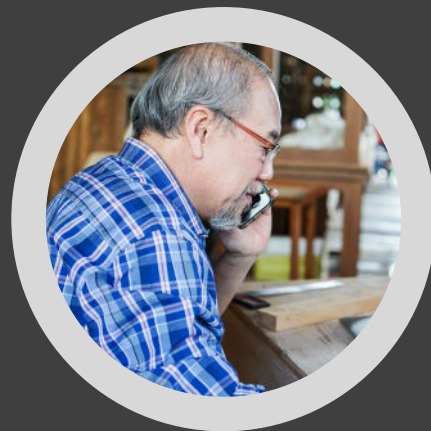
- Before diving in...



A photograph of a field of wildflowers, including purple and yellow daisy-like flowers, with a white text box overlay. The background shows a green landscape under a cloudy sky.

Let's Share (Breakout Rooms)

- What has been your most successful equity effort?
 - What elements helped it to succeed?
- Has your organization had disappointments expanding equity to your services?
 - What would you do differently?



Changing how supports and services are offered:

Virtual Statewide Caregiver Support Group

Platform hosting, scheduling and facilitation were provided by a partner organization which was already offering a similar group.

Lifespan Respite WA's part of the program was outreach. We used social media and email blasts directed to current and former voucher program applicants—unpaid, unserved family caregivers.

The program ran monthly during a pilot period and attendance supported continuing. Over time attendance dropped and we explored the variables, collaborated with the partner, and continue to adapt.

Going with the seasons and cues from our caregivers.

Our Reflection: Access was not equitable



Caregiver Support Group!

For unpaid caregivers in WA State
Caring for people of any age

Free! Join by phone
or online

First Thursday
of each Month,
6-7 PM

Info & registration at
lifespanrespitewa.org
Click on "News & Events"



Watch this video for step-by-step account setup and registration for the support group:



How to Register for WA State Family Caregiver Support Group sessions 1

Watch later Share

Lifespan Respite
WASHINGTON

How to Register for the *NEW* Caregiver Support Group

Watch on YouTube

How to Register for the Statewide Caregiver Support Group

Watch this video on how to join a meeting:



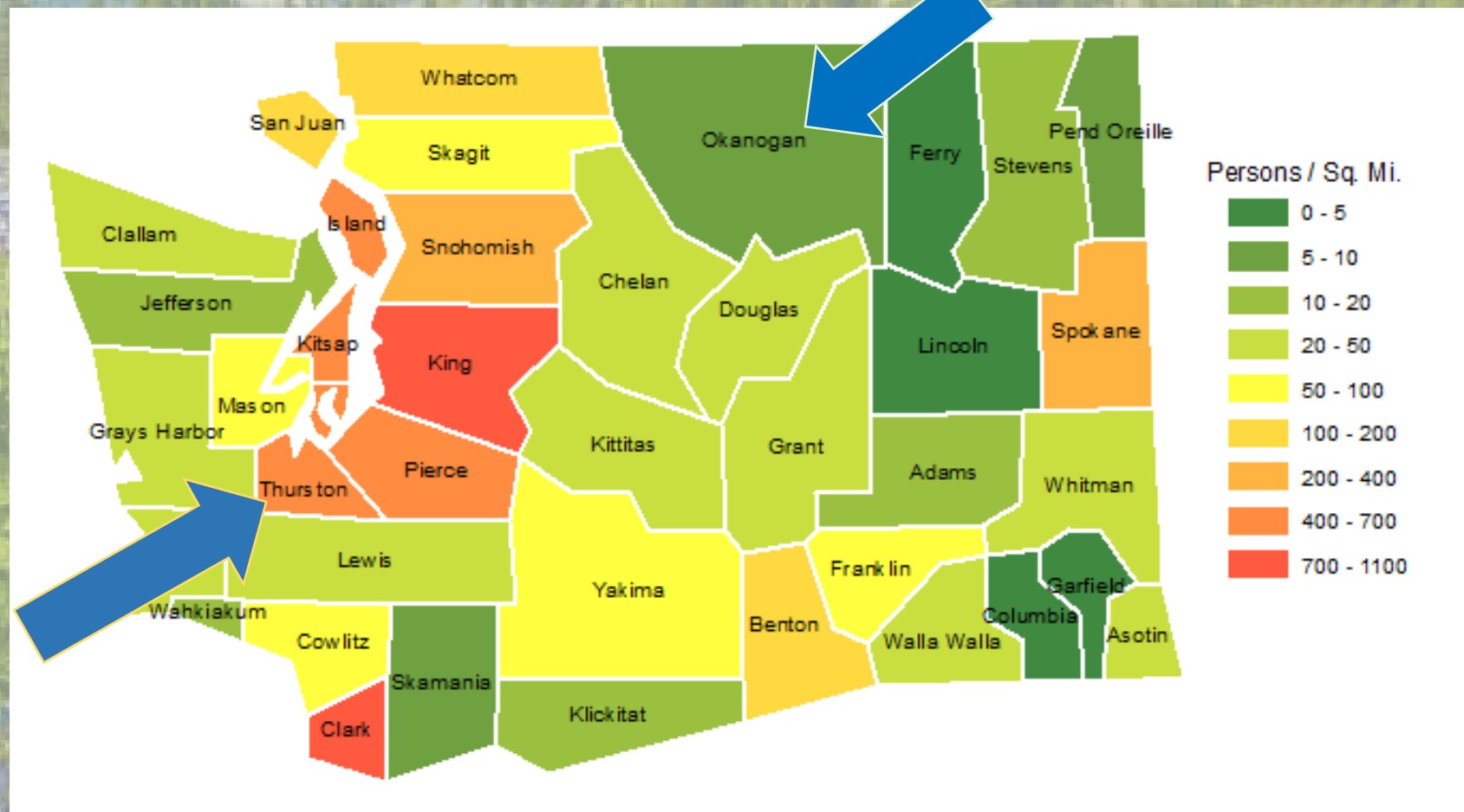


We increased access by:

- ✓ Open dialogue with our partners
- ✓ Technology being used – platform
- ✓ Timing

Minimizing Geographic Inequity With a Database (internal tool)

Low population, fewer
respite providers



Higher population density,
more respite providers

Provider and voucher applicant data helps us to:



The database integrates with a website page -an interactive, self-directed tool for caregivers!



FIND RESPITE

+ Counties Served

∨ Respite Type

- Day Camp
- Overnight Camp
- In-home Services
- Day Services
- Education/Classes
- Recreation
- Retreat
- 24-hour Care

+ Ages Served

+ Populations & Conditions/Dis. Served

+ Respite Services Provided

Registered Respite Providers

Print Selected

<input type="checkbox"/> Organization Name	Respite Client Access Call in number	Counties Served	Website	Respite Type	Ages Served
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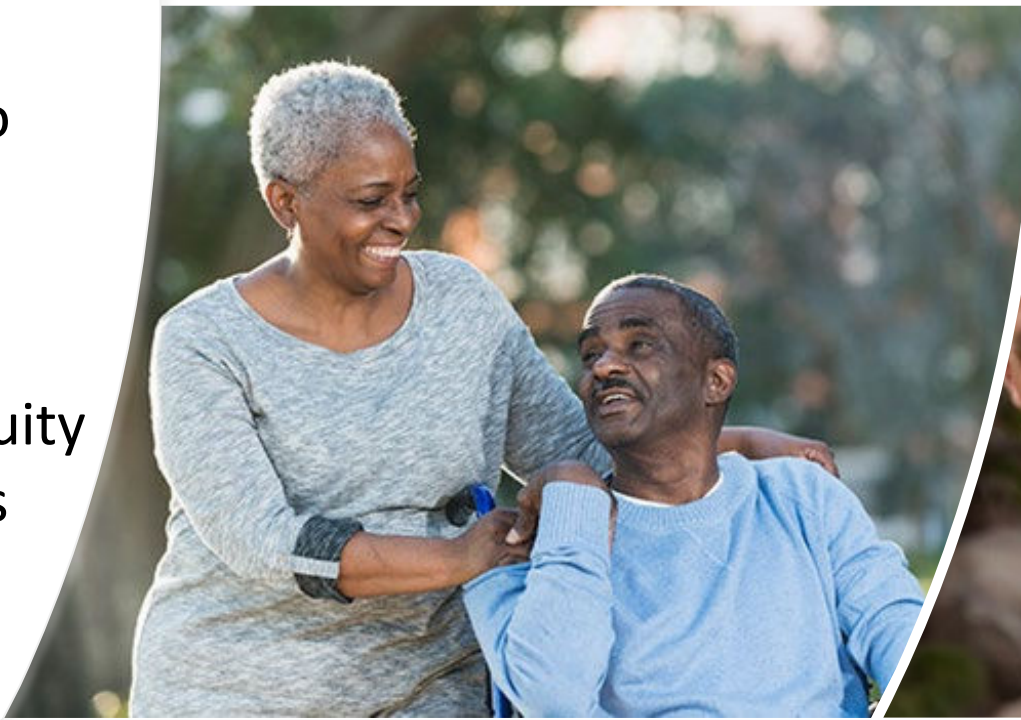
- Let's reflect...on the tools your program is using, what if....?



Using funding for novel approaches to expanding caregiver supports and services:

Mini-tech Grants

- Grant expansion pandemic response
- Need for a switch to virtual access to services
- Designed from the start to increase equity in access to services



Does your nonprofit support culturally, economically, and linguistically diverse caregivers in WA?

Apply for a Mini-Tech Grant of up to \$1,500!

These grants will pay for your fees for licenses and products your organization uses to provide support to caregivers in WA.

**To learn more and apply visit:
<https://www.lifespanrespitewa.org/mini-tech-grants/>**



“Grants will be used to purchase technology that supports your service to culturally, economically, and linguistically diverse family caregivers.”

Zoom subscriptions for online parent training of Spanish-speaking families involved with dependency, child welfare, justice systems

For remotely-located Latino family caregivers lacking internet access to supports, wifi hotspot boosters and cell service packages

Additional laptop for virtual migrant community support group and parenting classes

Volunteer management software for hospice caregiver support organization serving a linguistic, racial and culturally mixed population

Email contact software for virtual family support groups for medically fragile children in a rural, remote area

Share out....

Gathering your reflections, are you noticing...

- Are there **systems** that can help your program to expand equity and inclusion?
- Are there **partners** who can lean-in and expand the service of your program and its equity?
- Are there other ways to offer **services** that can be more inclusive?
- In what ways can any of the **tools** you use be adapted to enhance the equity and inclusion of your program for your state/region?

**Grab your seeds
Plant
Water and
Grow
Equity in our
network!**

