ARCH Respite Voucher Learning Collaborative

June 8, 2023
<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
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<tbody>
<tr>
<td>1:30 – 1:40 PM</td>
<td><strong>Welcome and Introductions</strong></td>
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<tr>
<td>1:40 -2:00</td>
<td><strong>Presentation of final Readiness Assessment tool for Self-Directed Respite Voucher Programs</strong>&lt;br&gt;<strong>Laura Mauldin</strong>, Applied Self-Direction&lt;br&gt;<em>Presentation followed by Q&amp;A</em></td>
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<td>2:00 – 2:30</td>
<td><strong>Centering Equity in Access to Services: Lessons from the Field</strong>&lt;br&gt;<strong>Tracy Kahlo</strong> and <strong>Barb Koumjian</strong>, Lifespan Respite Washington</td>
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<td>2:30 – 3:00</td>
<td><strong>Group Sharing and Discussion</strong></td>
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ARCH Announcements

- Next Meeting of the *Lifespan Respite Grantee and Partner Learning Collaborative on Implementing the National Strategy*  
  - Thursday, June 15 at 2:00 – 3:30 PM Eastern

- New ARCH Webpage: *Respite Voucher Programs*  
  [https://archrespite.org.ta-center-for-respite/respite-voucher-programs/](https://archrespite.org.ta-center-for-respite/respite-voucher-programs/)  

- Recorded Webinar Presentation at Applied Self-Direction virtual conference: *Self-Direction in Respite Voucher Programs: Path to Person and Family-Centered Care*  
Readiness Assessment Tool for Self-Directed Respite Voucher Programs

Laura Mauldin
Applied Self-Direction

archrespite.org/ta-center-for-respite/respite-voucher-programs/#AssessmentTool
Presenters

Barb Koumjian (she/her)
Project Coordinator
Lifespan Respite Washington
A program of PAVE
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Tracy Kahlo (she/her)
Executive Director
PAVE/Partnerships for Action, Voices for Empowerment
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Centering Equity in Access to Services: Lessons from the Field

Barb Koumjian and Tracy Kahlo
Lifespan Respite WA
This session offers opportunities to:

1. Explore with your peers how to intentionally assure equitable access to respite services for your community/state.

2. Share what works, what you’ve tried, and your suggestions during this interactive session.

3. Generate suggestions for equitable access in providing respite services.
Center Equity: Be Adaptable, Flexible, Creative!

Equitable access to caregiver services including respite may benefit from:

• Changing how services and supports are offered
• Using an internal process or tool to promote access to services
• Using funding for novel approaches to expanding caregiver supports and services
• Before diving in...
Let's Share (Breakout Rooms)

• What has been your most successful equity effort?
  • What elements helped it to succeed?

• Has your organization had disappointments expanding equity to your services?
  • What would you do differently?
Changing how supports and services are offered:

Virtual Statewide Caregiver Support Group

Platform hosting, scheduling and facilitation were provided by a partner organization which was already offering a similar group.

Lifespan Respite WA’s part of the program was outreach. We used social media and email blasts directed to current and former voucher program applicants—unpaid, unserved family caregivers.

The program ran monthly during a pilot period and attendance supported continuing. Over time attendance dropped and we explored the variables, collaborated with the partner, and continue to adapt.

Going with the seasons and cues from our caregivers.
Our Reflection:
Access was not equitable

Caregiver Support Group!
For unpaid caregivers in WA State
Caring for people of any age
Free! Join by phone or online
First Thursday of each Month, 6-7 PM

Info & registration at lifespanrespitewa.org
Click on “News & Events”

Watch this video for step-by-step account setup and registration for the support group:

Watch this video on how to join a meeting:
We increased access by:

- Open dialogue with our partners
- Technology being used – platform
- Timing
Minimizing Geographic Inequity With a Database (internal tool)

Low population, fewer respite providers

Higher population density, more respite providers
Provider and voucher applicant data helps us to:
The database integrates with a website page—an interactive, self-directed tool for caregivers!

[Website screenshot with a search bar and filters for Counties Served, Respite Type, Ages Served, Populations & Conditions/Dis. Served, and Respite Services Provided. A table titled 'Registered Respite Providers' is also visible.]
• Let’s reflect...on the tools your program is using, what if....?
Using funding for novel approaches to expanding caregiver supports and services:

**Mini-tech Grants**

- Grant expansion pandemic response
- Need for a switch to virtual access to services
- Designed from the start to increase equity in access to services
Grants will be used to purchase technology that supports your service to culturally, economically, and linguistically diverse family caregivers.

Apply for a Mini-Tech Grant of up to $1,500!

These grants will pay for your fees for licenses and products your organization uses to provide support to caregivers in WA.

To learn more and apply visit: https://www.lifespanrespitewa.org/mini-tech-grants/

Zoom subscriptions for online parent training of Spanish-speaking families involved with dependency, child welfare, justice systems

For remotely-located Latino family caregivers lacking internet access to supports, wifi hotspot boosters and cell service packages

Additional laptop for virtual migrant community support group and parenting classes

Volunteer management software for hospice caregiver support organization serving a linguistic, racial and culturally mixed population

Email contact software for virtual family support groups for medically fragile children in a rural, remote area
Share out....

Gathering your reflections, are you noticing...

- Are there **systems** that can help your program to expand equity and inclusion?
- Are there **partners** who can lean-in and expand the service of your program and its equity?
- Are there other ways to offer **services** that can be more inclusive?
- In what ways can any of the **tools** you use be adapted to enhance the equity and inclusion of your program for your state/region?
Grab your seeds
Plant
Water and
Grow
Equity in our network!