



Goal Three: Strengthen Services and Supports for Family Caregivers

Breakout Room Discussion Guide

June 15, 2023

Instructions: We will break out into 3-4 smaller groups to discuss the following questions related to Goal Three of the [2022 National Strategy to Support Family Caregivers](#). (See pages 53-70).

Helpful Resource: [Matrix of Grantee Activity Alignment with National Strategy](#)

Breakout Groups: Breakout groups will be randomly assigned. Each group will have a facilitator. Please identify someone to share a brief report out of discussion highlights when we return to the full group.

Discussion Questions

Don't worry about getting through all of the questions. They are intended to help guide quality conversation. We will continue the conversation at our July meeting, so do not rush through the questions.

Current Work and Opportunities Related to Goal 3: Strengthen services and supports for family caregivers.

- Which Goal 3 outcomes have you focused most on in your state in recent years? Why?
- Which Goal 3 outcomes would you like to explore further and what might this look like?
- What are the most common barriers you have faced related to implementing activities that align with Goal 3? If you have been able to overcome them, how?
- Have any activities or supports you focused on as a result of the COVID-19 pandemic continued to be part of your work?

Care Workforce: Volunteers and Paid Caregivers

- How are you and your partners addressing volunteer and workforce recruitment and retention? What barriers have you faced? What opportunities do you see?

Individualized Support for Family Caregivers

- Several Goal 3 outcomes are related to support that meets unique individual and family needs including trauma-informed and culturally appropriate care and services. How does your state work to make this possible? Where are there gaps and opportunities?
- Which partnerships are most impactful to your ability to provide person and family-center support for family caregivers? Which partnerships would you like to see develop in your state? Why?

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