ARCH Advisory Committee
to the Lifespan Respite Technical Assistance and Resource Center

September 12, 2023
Agenda

Welcome and Introductions

Highlights of Completed and Ongoing Products/Activities

Respite Provider Recruitment, Training and Retention Pilot

Member Updates

Next meeting
New Website and Logo

Helping Caregivers Rest and Recharge

We assist and promote the development of quality respite and eldercare programs, help families locate respite and crisis care services, and serve as a strong voice for people in all forums.

I am looking for...

What is Respite?

Respite is planned or emergency care provided to a child or adult with special needs in order to provide temporary relief to family caregivers.

What does ARCH do?

We work to ensure quality respite care is available to all who need it.
Website Features

New NRLS Platform
- Auto emails to providers to update information
- Improves search capabilities for users
- Improves overall display and access to providers
- Improves communication with respite providers

New Search Capacities
- Respite research annotations
- Innovative and Exemplary Respite Services
- Volunteer and Faith-based Respite Resources
- Performance Measurement Tools
- Resource Library

U.S. Maps
- State Medicaid Waivers
- Lifespan Respite grantee and State Respite Coalition contacts
- State Respite Voucher Programs
Innovative and Exemplary Respite Services

- **Evaluation Initiative**
  - Four mini-grants awarded
  - Monthly Learning Community

- **Practice Initiative: Call for 2024 Services**
  - Application Portal open until Oct 16, 2023
  - [www.tfaforms.com/5080766](http://www.tfaforms.com/5080766)

*Read More*
[archrespite.org/provider-resources/innovative-and-exemplary-respite-services](http://archrespite.org/provider-resources/innovative-and-exemplary-respite-services)*
Learning Collaborative on
Implementing the Respite Actions in the National Strategy

Launch – February 2023 to identify roles that Lifespan Respite grantees and partners could take

Provide Peer-to-Peer Support and Learning with TA from ARCH

Catalogue Alignment of Lifespan Respite Grantee and Partner Activities with Goals and Objectives in the National Strategy

Use Outside Experts on Special Topics

Monitor Progress over time
Learning Collaborative on Respite Actions in the National Strategy

The Role of Respite in the National Strategy to Support Family Caregivers – An ARCH Policy to Practice Brief

archrespite.org/library/the-role-of-respite-in-the-national-strategy-to-support-family-caregivers
Committee for Advancement of Respite Research

Measuring the Value of Respite

A White Paper
by the ARCH Committee
for Advancement of Respite Research

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ARCH National Respite Network and Resource Center

ENVIRONMENTAL SCAN

Resources to help expand culturally and linguistically competent respite research
Prepared by the ARCH Committee for Advancement of Respite Research

An environmental scan was conducted by the ARCH Committee for Advancement of Respite Research (ARCH) to identify resources to help expand culturally and linguistically competent and responsive research with diverse populations. The following is a list of resources, stakeholders (individuals and organizations), articles, and webinars that were identified to help researchers who are interested in learning more about how to engage in culturally appropriate research with diverse and underserved groups. We will continue to update this list as new resources are identified. If you are aware of any additional resources that should be considered, please email them to lswansen@archrespite.org.

Resources:

1) BOLD Public Health Center of Excellence on Dementia caregiving
   - Health Equity Task Force -
     https://bolderdementiacharging.org/about/team/

2) Diverse Elders Coalition (DEC)
   - Contact: Lauren Pergam, le@diverseelders.org
   - Cultural Competence Training Modules: "Caring for those who Care" -
   - Resources for Providers: Meeting the Needs of Diverse Family Caregivers Toolkit -
   - What Providers Should Know (about diverse family caregivers), Factsheet Series -
     https://weareelders.org/resources/

3) Family Voices Anti-Racism Toolkit
   - https://familyvoices.org/FamilyVoices Anti-Racism Toolkit

4) Generations United
   - Diverse Intergenerational Programs Initiative -
     https://www.gu.org/projects/diverse-intergenerational-programs-initiative/
   - Latino Grandfamilies: Helping Children Thrive Through Connection to Family and Cultural Identity -
   - American Indian & Alaska Native Grandfamilies: Helping Children Thrive Through Connection to Family and Cultural Identity -
   - African American Grandfamilies: Helping Children Thrive Through Connection to Family and Culture -
CARR Workplan Activities Underway
(August 1, 2023 – July 31, 2024)

- White Paper on Common Data Elements
- A Guide to Ensuring Cultural and Linguistic Competence in Respite Research
- Respite Research Summit
More Completed Products and Activities

- Webinars
- ARCH Fact Sheet - *Volunteer Respite: Roadmap to Resources*
- Self-Assessment Readiness Review for Self-Directed Respite Voucher Programs
- Orientation Guide for State Lifespan Respite Grantees and Partner
- State Summaries of Lifespan Respite Grantee Final Reports and Proposals
Additional Workplan Activities Underway
(August 1, 2023 – July 31, 2024)

- Ongoing Learning Collaboratives
- Self-Assessment Tool for Delivering Culturally and Linguistically Competent Respite Services
- Findings from Listening Sessions on culturally and linguistically competent respite services
- Fact Sheet/Issue Brief on Respite for family caregivers of children and adults with Autism
- New Start-Up Manual for Community-based Respite Programs
- Respite Financing Strategies Matrix and Medicaid Waivers that Pay for Respite
2024 National Lifespan Respite Conference

**RAISE the Bar for Respite**

- Call for Presentations – Deadline: Oct 16
  archrespite.org/2024-national-lifespan-respite-conference
- Cohost – New York State Caregiving and Respite Coalition and New York State Office for the Aging
- May 21-23, 2024 | Albany, NY
- Lifespan Respite Grantee and Partner Learning Symposium
  May 21, 2024

*Conference Website*
archrespite.org/news-events/national-respite-conference
Read more and access the competencies and training: https://archrespite.org/provider-resources/provider-training-resources/#TrainingAccordion-1
Next Steps

Questions?

Review of Requests

- Disseminate the Application for Innovative and Exemplary Respite Services
- Volunteer to serve on selection committee for 2024 Innovative and Exemplary Respite Services
- Disseminate National Lifespan Respite Conference Call for Presentations and Save the Date!
- Submit a proposal to present at the National Lifespan Respite Conference and/or serve on the proposal review committee
- Consider attending the Conference and the Lifespan Respite Grantee and Partner Learning Symposium
- Review fact sheets and other products as requested
- Present your expertise on a Learning Collaborative or Webinar

Next meeting in about six months