



Lifespan Respite Learning Collaborative on the National Strategy

Breakout Room Discussion Guide

October 5, 2023

Instructions: We will break out into 3 smaller groups to discuss the following questions related to leadership on the National Strategy.

Breakout groups will be randomly assigned. Each group will have a facilitator who will record the session. Please identify someone to share a brief report out of discussion highlights when we return to the full group.

Multiple questions are provided to help stimulate a flow of ideas on the topic. Don't worry about getting through all of the questions. They are intended to help guide quality conversation.

Please introduce yourself to the group.

Discussion Questions:

The questions below are designed to help answer the broader questions: *What is your state's buy-in on the National Strategy currently? Are you yourself a champion for implementation on any National Strategy recommendation in your state? Why or why not?*

- 1) How would you describe your role/identity related to the National Strategy? What do you need to do next? Assess the need for change, develop a plan, delegate tasks, decide on timelines? What is stopping you from moving forward?
- 2) Are you cultivating other champions? Do you have enough people joining in the effort? How are you encouraging the involvement of others? Are they connecting in a way that their hearts are involved?
- 3) Does your state (or other leaders in your state) have competing interests, concerns, or priorities? Who are the credible voices who have been most effective in bringing their issue(s) to the forefront? How can you benefit from/leverage their expertise in promoting their issue(s) successfully?

Prepared by ARCH for the Lifespan Respite Grantee and Partner Learning Symposium on Implementing the National Strategy to Support Family Caregivers, October 2023