



## **Lifespan Respite Learning Collaborative on the National Strategy Breakout Room Discussion Guide November 2, 2023**

**Instructions:** We will break out into 3 smaller groups to discuss the following questions related to leadership on the National Strategy.

Breakout groups will be randomly assigned. Each group will have a facilitator who will record the session. Please identify someone to share a brief report out of discussion highlights when we return to the full group.

Multiple questions are provided to help stimulate a flow of ideas on the topic. Don't worry about getting through all of the questions. They are intended to help guide quality conversation.

**Discussion Questions:** *(Please introduce yourself to the group.)*

- 1) Do you have a vision statement for your efforts aligned with the National Strategy? Tell us the area of interest for your leadership and talk about your vision of the future. If you have a statement, picture a friend or family member asking: "what does this actually mean?" Does the message get across?
- 2) The real stakeholders in your vision are a diverse group of family caregivers, with unique perspectives on what they want your efforts to "look like." You are leading the way to making their dreams come true. How are you making sure that the vision you propose fits with the outcomes they want to see?
- 3) Vision is like a magnet, as it draws people in and pushes others away. How do you know if you have core people engaged in your vision who really care? If they don't, what are you going to do about it?
- 4) November is **National Family Caregivers Month**. What are you doing to help recognize and support family caregivers? What activities are happening in your state or locality?

*Prepared by ARCH for the Lifespan Respite Grantee and Partner Learning Symposium on Implementing the National Strategy to Support Family Caregivers, November 2023*