

## New York State Activities Aligned with National Strategy Goals and Outcomes

### *Working Document*

| National Strategy to Support Family Caregiver Goals and Outcomes                                            | Activities New York State is Already Doing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Ideas for Other Strategies to Meet Goal 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
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| <b>Goal 1: Increase awareness of and outreach to family caregivers</b>                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <p><b>Outcome 1.1:</b> Americans are educated about and understand the experience of family caregiving.</p> | <ul style="list-style-type: none"> <li>• New York State Caregiving and Respite Coalition (NYSCRC) <a href="#">Caregiver Simulation</a>:               <ul style="list-style-type: none"> <li>○ Goal is to raise awareness and empathy for professionals who work with caregivers and caregivers themselves</li> </ul> </li> <li>• NYSCRC Caregiver Wellness and Respite Center (<a href="#">CWRC</a>)               <ul style="list-style-type: none"> <li>○ Targets a rural area in NYS</li> <li>○ A pilot of NYSCRC – expands information, education, respite, and other caregiver supports</li> <li>○ Using Tailored Caregiver Assessment and Referral (<a href="#">TCARE</a>) and offering <a href="#">Trealta</a> training platform</li> </ul> </li> <li>• <a href="#">NYS Working Caregiver Initiative</a>: Governor Hochul announced the Working Caregiver Initiative via <a href="#">press release</a> in November 2022. The goal of the initiative is to raise awareness of and provide support to working caregivers               <ul style="list-style-type: none"> <li>○ NYSOFA sent a <a href="#">letter</a> to local Chambers of Commerce across New York State informing them of the Working Caregiver Initiative and the many resources available to support working caregivers</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>• Conduct outreach to unserved and underserved communities using <a href="#">ethnic media</a>. The goal is to create accessible information to caregivers and care receivers in these target populations about their local, state, and federal supportive services and resources that are available to them.</li> <li>• Use inclusive language in marketing materials. Having an understanding that not everyone identifies as a caregiver. Use language that acknowledges grandparents, kin, close friends, neighbors, and others outside of the traditional family structure.</li> <li>• Reduce caregiver cognitive burden by using plain language principles in outreach materials.</li> </ul> |

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|  | <ul style="list-style-type: none"><li>▪ <a href="#">NY State Employed Caregiver Survey</a>: collects data on the number of working caregivers and the tasks they perform. The New York State Office for Aging, the New York State Department of Labor, and the New York State Department of Health has launched a public-private partnership to survey businesses and their families</li><li>▪ Partnership with ARCHANGELS drives awareness and engagement through <a href="#">Any Care Counts – New York (ACCNYS)</a> - a state wide campaign that connects caregivers to the “<a href="#">Caregiver Intensity Index</a>” to assess the intensity of their experience and connect them to resources. Any Care Counts – New York has developed a downloadable toolkit for employers that they can access to create a campaign specific to their organization (in collaboration with ARCHANGELS). Employers receive a report on the impact of caregiving on their organization as well as recommendations for leveraging state and other resources to reduce negative impacts and increase caregiver strengths.</li><li>▪ Caregiver Guide for Businesses: The <a href="#">Guide</a> provides resources for</li></ul> |  |
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|  | <p>businesses to help them understand the impacts caregiving has on employees as well as their work</p> <ul style="list-style-type: none"><li>▪ Trualta: NYSOFA partnered with AgingNY to offer the <a href="#">web-based training</a> platform to all caregivers in New York State</li></ul> |  |
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| National Strategy to Support Family Caregiver Goals and Outcomes                                                                         | Activities New York State is Already Doing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Ideas for Other Strategies to meet Goal 1                                                                                                                                               |
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| <p><b>Outcome 1.2:</b> Caregiver self-identification and knowledge of services is enhanced.</p>                                          | <ul style="list-style-type: none"> <li>• CWRC Caregiver Self-Identification <a href="#">Video</a></li> <li>• Efforts to increase respite awareness, referrals, and access through State No Wrong Door System</li> <li>• NYSOFA Caregivers Guide <a href="#">Video</a></li> </ul>                                                                                                                                                                                                                                                                                       | <ul style="list-style-type: none"> <li>• Reach as many caregivers as possible through evidence-based health information design, plain language principles, and case examples</li> </ul> |
| <p><b>Outcome 1.3:</b> Outreach to family caregivers is improved.</p>                                                                    | <ul style="list-style-type: none"> <li>• Disseminate information through multiple distribution channels (social media, NYSOFA Facebook page, NYSOFA website) <ul style="list-style-type: none"> <li>◦ <a href="#">Facebook live</a> events (November 2022 focused on caregivers)</li> </ul> </li> <li>• Ongoing public outreach efforts through NYSCRC/NYSOFA website, social media, coalition building, radio, and television ads</li> <li>• State Respite programs outreach to the public, long-term care community-based service providers and employers</li> </ul> |                                                                                                                                                                                         |
| <p><b>Outcome 1.4:</b> Family caregiving - and caregivers - are embedded in federal, state, territorial, tribal, and local planning.</p> | <ul style="list-style-type: none"> <li>• <a href="#">Master Plan for Aging</a> will ensure older adults and individuals of all ages can live healthy, fulfilling lives</li> <li>• NYSCRC's participation in the <a href="#">Grantmaker's in Aging Initiative</a> – developing a legislative committee and legislative ask modeled after Alabama Lifespan Respite</li> </ul>                                                                                                                                                                                            |                                                                                                                                                                                         |

| National Strategy to Support Family Caregiver Goals and Outcomes                                                          | Activities New York State is Already Doing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Ideas for Other Strategies to meet Goal 1                                                                                                                                      |
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| <p><b>Outcome 1.5:</b> Public-private partnerships at all levels help drive family caregiver recognition and support.</p> | <ul style="list-style-type: none"> <li>• Engaging key stakeholders to strengthen New York’s Lifespan Respite Care System</li> <li>• <a href="#">Employer Engagement Initiatives</a></li> <li>• National Academy for State Health Policy (NASHP) State Policy Institute on Family Caregiving <ul style="list-style-type: none"> <li>○ New York applied and was accepted to participate in the learning collaborative, which provided technical assistance to states in a learning lab model, including opportunities to convene monthly as a group and learn from other states’ approaches <ul style="list-style-type: none"> <li>▪ New York completed the first year of a family caregiver assessment pilot study and administered a statewide survey to employed caregivers.</li> <li>▪ New York is working on developing an outreach campaign for family caregivers – ideas were borrowed from this collaborative</li> </ul> </li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>• Targeted community outreach to diverse areas where caregivers live, work, and play.</li> <li>• Nontraditional partnerships</li> </ul> |

| National Strategy to Support Family Caregiver Goals and Outcomes                                                                                                                                                       | Activities New York State is Already Doing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Ideas for Other Strategies to meet Goal 2                                                                                                                                                                                                                                                                                                                                                                                                         |
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| <b>Goal 2: Advance partnerships and engagement with family caregivers</b>                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <p><b>Outcome 2.1:</b> Family caregivers are recognized as essential partners in the care teams of the person(s) to whom they are providing support.</p>                                                               | <ul style="list-style-type: none"> <li>• Address systemic barriers to include family caregivers in care teams and ensure their needs are represented in care plans. Create opportunities for involvement of caregivers as part of the care team               <ul style="list-style-type: none"> <li>○ <a href="#">Caregiver</a> Advise, Record, and Enable (CARE) Act</li> <li>○ Implementation of CMS HCBS Settings Rule and person-centered planning in social adult day services (SADS)</li> </ul> </li> </ul>                                                                               | <ul style="list-style-type: none"> <li>• NYSOFA should require that SADS with AAA contracts comply with the CMS HCBS Settings Rule, which is currently, only required for SADS with Medicaid Managed Long-Term Care Plan Contracts.</li> </ul>                                                                                                                                                                                                    |
| <p><b>Outcome 2.2:</b> Where appropriate, identifying services and supports needs for caregivers consistently starts with a review of family caregiver strengths and preferences using evidence-based assessments.</p> | <ul style="list-style-type: none"> <li>• Use of TCARE for all caregivers referred to the National Family Caregiver Support Program (NFCSP) and the CWRC through the Lifespan Respite Grant</li> <li>• Partnership with ARCHANGELS that provides the Any Care Counts NY statewide campaign that connects caregivers to the Caregiver Intensity Index to assess the intensity of their experience and connect them to resources.</li> <li>• <a href="#">Assessment tool</a> used by CWRC and other service providers under the Alzheimer’s Disease Caregiver Support Initiative (ADCSI)</li> </ul> | <ul style="list-style-type: none"> <li>• State Respite and SADS programs should be required to complete evidence-based caregiver assessment tools.</li> <li>• Strengths and needs identified through a caregiver assessment should be required in the State Respite program and SADS’ care receiver’s care plan.</li> <li>• NYSOFA should encourage AAAs to include ancillary services requirements in their SADS contracts. Ancillary</li> </ul> |

**Outcome 2.3:** Where appropriate, family caregivers are included and considered in the development of the care receiver's plan of care across a range of settings and circumstances.

- Engage and encourage family caregivers in coalition activities
- New York State CARE Act
- SADS New York State Elder Law definition was expanded to congregate, home and community settings
- Care Transitions and Care Coordination
  - Care Transitions are a core function of [NY Connects](#). NY Connects serves as a resource for discharge planners so that an individual can return safely to the community.
  - NY Connects are required to report on care transition activities to NYSOFA.
    - Erie County OFA and Erie County Medical Center are working to develop a care transitions model program using the TCARE assessment tool – this is being funded through an [Exhale grant](#).
- [Care transitions module](#)
  - The module outlines the philosophy and key strategies of care transitions and its relationship to maintaining older adults and people with disabilities in the community and in avoiding readmissions to hospital. Key

services support caregivers and especially working caregivers e.g., include showers, hair/beauty care, transportation/escort for medical appointments, take home suppers, expanded days and hours and overnight respite.

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|  | roles for aging and disability network organizations are described including the role of NY Connects in linking participants to long-term services and supports |  |
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| National Strategy to Support Family Caregiver Goals and Outcomes                                                                                                                                                          | Activities New York State is Already Doing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Ideas for Other Strategies to meet Goal 2                                                                                                                                                                        |
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| <p><b>Outcome 2.4:</b> When policies are proposed or revised, the potential impact on family caregivers is anticipated and understood.</p>                                                                                | <ul style="list-style-type: none"> <li>• Issuance of <a href="#">NFCSP Standards</a> <ul style="list-style-type: none"> <li>○ Assessment of family caregivers</li> <li>○ Expansion of caregiver-directed respite services</li> <li>○ Quality assurance survey</li> </ul> </li> <li>• <a href="#">Master Plan for Aging</a></li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <ul style="list-style-type: none"> <li>• Ensure new and updated policies are understood by including plain language summaries and user testing.</li> </ul>                                                       |
| <p><b>Outcome 2.5:</b> The education curricula of professionals who will potentially work with family caregivers include specific topics and coursework designed to ensure they have the skills to do so effectively.</p> | <ul style="list-style-type: none"> <li>• NYSCRC participation in a field test of a <a href="#">competency-based respite provider training curriculum</a></li> <li>• <a href="#">NYSOFA Training Academy</a> – offers skill-based online certificate programs and training for case managers and other practitioners in partnership with Boston University’s Center for Aging and Disability Education and Research (CADER)</li> <li>• NYSCRC Virtual Resource Center (VRC): Training and resources for professionals working with caregivers</li> <li>• Options Counseling/Person-Centered Counseling (OC/PCC) online modules and in-person training for the No Wrong Door System</li> <li>• Training series offered by the <a href="#">Diverse Elders Coalition</a> on cultural competency</li> </ul> | <ul style="list-style-type: none"> <li>• Education and training opportunities about specific diseases (different types of dementia, Parkinson’s, MS, etc.)</li> <li>• Specific mental health training</li> </ul> |

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|  | <ul style="list-style-type: none"><li>• ARCH (Access to Respite Care and Help) Webinars and Learning Collaboratives for Lifespan Respite Grantees</li><li>• Regional trainings on the NFCSP Standards</li><li>• Monthly Caregiver Coordinator Webinars</li><li>• <a href="#">Parenting A Second Time Around (PASTA) Curriculum</a></li><li>• AAA network (NFCSP and NY Connects) will be trained in the use of TCARE so they can better provide care management to caregivers</li><li>• AAA network (NFCSP and NY Connects) will be trained on the use of the <a href="#">LifeCourse Tools for Respite</a> to assist caregivers with planning for respite care</li><li>• All paid and non-paid SADS staff who have contact with participants have training in Family Dynamics including working with caregivers</li><li>• Home Health Aide training offered in Spanish by <a href="#">Centro de Amigos</a> – a social adult day program in Rockland County, NY</li></ul> |  |
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| National Strategy to Support Family Caregiver Goals and Outcomes                                                                                                              | Activities New York State is Already Doing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Ideas for Other Strategies to meet Goal 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
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| <b>Goal 3: Actions to strengthen services and supports for family caregivers.</b>                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <p><b>Outcome 3.1:</b> Person- and family-centered, trauma-informed, and culturally appropriate caregiver services and supports are accessible for all family caregivers.</p> | <ul style="list-style-type: none"> <li>• <a href="#">National Family Caregiver Support Program</a></li> <li>• <a href="#">Caregiver Resource Centers (CRCs)</a> <ul style="list-style-type: none"> <li>○ Under this program, NYSOFA is authorized to establish training and assistance programs for caregivers for people who are frail or have a disability. Since its inception in the late 1980's, New York State has provided funding annually to 17 AAAs for local CRCs to provide caregivers with information, assistance and counseling, support groups, and training, as well as initiatives including specialized training curricula for caregivers of adults with developmental disabilities, minority populations, and caregivers of grandchildren</li> </ul> </li> <li>• Lifespan Respite Grant</li> </ul> | <ul style="list-style-type: none"> <li>• Encouraging school districts to develop a special orientation at the beginning of new school year for kin and grandparents raising grandchildren.</li> <li>• States and communities can work together to support family caregivers in addressing needs that are not “about” caregiving, but which contribute directly to health and well-being of the caregiver and the care receiver.</li> <li>• Ensure caregivers needs are part of emergency plans at the local level.</li> </ul> |

| National Strategy to Support Family Caregiver Goals and Outcomes                                       | Activities New York State is Already Doing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Ideas for Other Strategies to meet Goal 3 |
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| <p><b>Outcome 3.2:</b> Family caregivers can obtain respite services that meet their unique needs.</p> | <ul style="list-style-type: none"> <li>• <a href="#">NY Connects Statewide Resource Directory</a></li> <li>• Caregiver-directed respite, including voucher programs</li> <li>• NYSCRC <a href="#">Respite Voucher Program</a> <ul style="list-style-type: none"> <li>○ Launched in January 2022 is designed to support informal family caregivers. NYSCRC's Voucher Program helps caregivers pay for respite services through a one-time voucher of up to \$600. This statewide program is caregiver-directed, which means caregivers have the freedom to choose how much to pay, when to take a break, etc. Caregivers are also responsible for hiring, firing, and training decisions</li> </ul> </li> <li>• NYSCRC Respite Care Provider Community</li> <li>• Provide information and referral to respite care or help connect family caregivers to respite services through State Respite Coalitions, statewide information lines and/or state respite registries</li> <li>• CWRC</li> <li>• Erie County Faith-based Respite Initiative <ul style="list-style-type: none"> <li>○ 30+ drop-in respite centers at faith-based communities in Erie County</li> </ul> </li> </ul> |                                           |

| National Strategy to Support Family Caregiver Goals and Outcomes                                                                           | Activities New York State is Already Doing                                                                                                                                                                                                                                                                         | Ideas for Other Strategies to meet Goal 3                                                                                                                                                                  |
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| <p><b>Outcome 3.3:</b> A range of evidence-based, education, counseling, and peer support services are available to family caregivers.</p> | <ul style="list-style-type: none"> <li>• Powerful Tools for Caregivers training offered through NYSCRC</li> <li>• ADCSI</li> <li>• Trualta</li> <li>• Stress-Busting Program for Family Caregivers</li> <li>• PREPARE For Your Care</li> <li>• SHARE for Dementia</li> <li>• Building Better Caregivers</li> </ul> | <ul style="list-style-type: none"> <li>• Promote the importance of a caregiver emergency plan and encourage caregivers to develop a backup plan of care in case they are unable to provide care</li> </ul> |
| <p><b>Outcome 3.4:</b> Family caregivers and families have safe places to live, nutritious food, and adequate transportation.</p>          | <ul style="list-style-type: none"> <li>• Recognized the need for food, transportation, and technology from the outset of the COVID-19 pandemic and worked to incorporate these into their service models</li> </ul>                                                                                                |                                                                                                                                                                                                            |
| <p><b>Outcome 3.5:</b> Family caregivers have innovative tools and technology to assist them in their roles.</p>                           | <ul style="list-style-type: none"> <li>• Distribution of tablets and technology support during COVID-19 pandemic and ongoing</li> <li>• Elli-Q</li> <li>• Trualta</li> <li>• Animatronic pets</li> <li>• Virtual “arm-chair travel”</li> </ul>                                                                     |                                                                                                                                                                                                            |

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|  | <ul style="list-style-type: none"><li>• Virtual reality</li><li>• ViewClix</li><li>• Personal Emergency Response Systems (PERS)</li><li>• Medication dispensers</li><li>• Medical monitoring equipment (blood pressure cuffs, diabetes monitoring, etc.)</li><li>• Provided virtual programming and equipment for individuals and caregivers when COVID restrictions were in place and continue to do so today</li></ul> |  |
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| National Strategy to Support Family Caregiver Goals and Outcomes                                                                             | Activities New York State is Already Doing                                                                                                                                                                                                                                                                                                                                                                                                                                   | Ideas for Other Strategies to meet Goal 3                                                                                                        |
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| <p><b>Outcome 3.6:</b> Volunteers of all ages and abilities are trained, vetted, and ready to assist family caregivers.</p>                  | <ul style="list-style-type: none"> <li>• Mini-grants to volunteer and faith-based community agencies and required training of volunteers</li> <li>• Partnership with AmeriCorps to build the volunteer and paid respite workforce</li> <li>• NYSCRC Respite Care Certificate Program</li> <li>• New York State Volunteer Respite Training (in-person) – modified from the REST curriculum</li> <li>• Collaboration with Universities to expand the volunteer pool</li> </ul> | <ul style="list-style-type: none"> <li>• Expand collaboration with local high schools, colleges, and universities for volunteer pool.</li> </ul> |
| <p><b>Outcome 3.7:</b> Family caregivers' and care receivers' needs are a key consideration in emergency response efforts.</p>               | <ul style="list-style-type: none"> <li>• Working on emergency preparation program for caregivers</li> <li>• Emergency Operations Plan</li> </ul>                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                  |
| <p><b>Outcome 3.8:</b> Family caregivers have the skills and tools necessary to prepare for the future needs of the person they support.</p> | <ul style="list-style-type: none"> <li>• Working Caregivers <a href="#">Resource Brochure</a></li> <li>• <a href="#">Trualta Training Platform</a></li> <li>• Center for Elder Law and Justice (Erie County)</li> </ul>                                                                                                                                                                                                                                                      |                                                                                                                                                  |

| <b>National Strategy to Support Family Caregiver Goals and Outcomes</b>                                                                    | <b>Activities New York State is Already Doing</b>                                                                                                                                         | <b>Ideas for Other Strategies to meet Goal 3</b> |
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| <b>Outcome 3.9:</b> An agile, flexible, and well-trained direct care workforce is available to partner with and support family caregivers. | <ul style="list-style-type: none"> <li>• Participated in ARCH/NASP/RCAW respite recruitment and provider training pilot – NYSCRC is continuing to provide and enhance training</li> </ul> |                                                  |
| <b>Outcome 3.10:</b> Kinship families and grandfamilies are recognized, supported, and valued within the child welfare system.             | <ul style="list-style-type: none"> <li>• Inclusion of these populations in voucher program eligibility</li> <li>• Generations Crossing Initiative</li> </ul>                              |                                                  |



| National Strategy to Support Family Caregiver Goals and Outcomes                                                                                                                                                        | Activities New York State is Already Doing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Ideas for Other Strategies to meet Goal 4                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| <b>Goal 4: Ensure financial and workplace security for family caregivers.</b>                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <p><b>Outcome 4.1:</b> Family caregivers can provide care without negative impacts to their near- and long-term financial health.</p>                                                                                   | <ul style="list-style-type: none"> <li>• Outreach material, website content, and intake forms related to financial issues</li> <li>• Legal and financial consultation at the AAA</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                 | <ul style="list-style-type: none"> <li>• Adapt “caregiver-friendly” policies for businesses that will improve public awareness and appreciation for caregivers:               <ul style="list-style-type: none"> <li>•Discounts for family caregivers</li> <li>•Special shopping hours for family caregivers</li> <li>•Displays that highlight family caregiver-focused services and products</li> <li>•Expanded and rebranded care programs in gyms and retail stores to offer care and meaningful engagement to care receivers of all ages, including children and adults with disabilities.</li> <li>•Feature diverse caregivers and the full range of family caregiving situations in print and media advertising.</li> <li>•Connect family caregivers with their state assistive technology programs so they can learn about assistive technology options that allow care receivers to communicate and live more independently (e.g., fidget devices, weighted blankets,</li> </ul> </li> </ul> |
| <p><b>Outcome 4.2:</b> Family caregivers have access to employee-centered flexible workplace policies and practices that support work/life balance and professional performance when personal circumstances change.</p> | <ul style="list-style-type: none"> <li>• <a href="#">NY State Employed Caregiver Survey</a> - collects data on the number of working caregivers and the tasks they perform. New York State Office for Aging, New York State Department of Labor, and the New York State Department of Health have launched a public-private partnership to survey businesses and their families</li> <li>• <a href="#">Caregivers in the Workplace Guide</a> – provides information to businesses on employed caregivers and resources that can help them provide a caregiver-friendly workplace</li> </ul> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

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|  |  | noise-canceling headphones, etc.)<br>•Train staff to recognize behavioral signs that a family caregiver or care receiver may have unique needs (e.g., sensitivity to noise, dementia, etc.) |
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| National Strategy to Support Family Caregiver Goals and Outcomes                                                                                | Activities New York State is Already Doing                                                                                                                                                                                                                                                                                                                                                                                 | Ideas for Other Strategies to meet Goal 4                                                                                                                        |
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| <p><b>Outcome 4.3:</b> Family caregivers have access to and use of financial education and advance planning tools.</p>                          | <ul style="list-style-type: none"> <li>• Outreach material, website content, and intake forms related to financial issues</li> <li>• Legal and financial consultation as a supplemental service under NFCSP</li> <li>• NYSOFA administers the statewide Elder Abuse, Education and Outreach Program and the Expanded Multidisciplinary Teams that address and provide services regarding financial exploitation</li> </ul> | <ul style="list-style-type: none"> <li>• AAAs can seek out non-traditional partnerships (banks, financial planners) to benefit and support caregivers</li> </ul> |
| <p><b>Outcome 4.4:</b> Long-term services and supports are more affordable, allowing family caregivers to reduce their out-of-pocket costs.</p> | <ul style="list-style-type: none"> <li>• <a href="#">Tax Credits for New York Family Caregivers (2021)</a> <ul style="list-style-type: none"> <li>○ AARP New York is advocating for a state tax credit for family caregivers and the federal Credit for Caring Act, which would provide a tax credit of up to \$5,000 to offset costs such as home modifications, in-home care and transportation</li> </ul> </li> </ul>   |                                                                                                                                                                  |

| National Strategy to Support Family Caregiver Goals and Outcomes                                                                                                                                                                                                                                         | Activities New York State is Already Doing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Ideas for Other Strategies to meet Goal 5                                                                                                                                                                                                                   |
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| <b>Goal 5: Actions to expand data, research, and evidence-based practices to support family caregivers.</b>                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                             |
| <p><b>Outcome 5.1:</b> A national infrastructure will exist to support the collection of population- based data, using standardized wording of the definition of family caregiving, and standardized wording of questions that address the core characteristics of the family caregiving experience.</p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <ul style="list-style-type: none"> <li>• Implementing additional EBIs for caregivers               <ul style="list-style-type: none"> <li>○ PREPARE</li> <li>○ SHARE</li> <li>○ Stress-busting</li> <li>○ Building Better Caregivers</li> </ul> </li> </ul> |
| <p><b>Outcome 5.2:</b> Family caregiver research facilitates the development and delivery of programs and services that support and enhance the health and well-being of the family caregiver and the person receiving support.</p>                                                                      | <ul style="list-style-type: none"> <li>• Caregiving Coalitions               <ul style="list-style-type: none"> <li>○ NYSCRC</li> <li>○ <a href="#">KinCare Coalition</a>: A group of kinship caregivers, service providers, and other stakeholders who are committed to advancing the cause of kinship care in New York. They serve as the voice on kinship issues ranging from access to available benefits, custodial and family court issues, and funding for kinship support services throughout the state.</li> </ul> </li> <li>• Caregiving Advisory Councils               <ul style="list-style-type: none"> <li>○ NYC Grandparent Resource Center</li> <li>○ NYSCRC</li> </ul> </li> <li>• New York State Adult Day Services Association is contracted by NYSOFA to provide professional development and technical assistance to SADS programs including caregiver specific services.</li> </ul> |                                                                                                                                                                                                                                                             |

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|  | <ul style="list-style-type: none"><li>• New York State Alzheimer's Association chapters share research and best practices with the New York State Coordinating Council on Services for Alzheimer's Disease and Other Related Disorders</li></ul> |  |
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| National Strategy to Support Family Caregiver Goals and Outcomes                                                                                                                                 | Activities New York State is Already Doing                                                                                                                                                                                                                                                                                               | Ideas for Other Strategies to meet Goal 5                                                                                                                     |
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| <p><b>Outcome 5.3:</b> Promising and evidence-informed practices are promoted, translated, and disseminated to support family caregivers in the delivery of health care and social services.</p> | <ul style="list-style-type: none"> <li>• TCARE</li> <li>• Evidence-based Interventions (EBIs) for family caregivers <ul style="list-style-type: none"> <li>○ Powerful Tools for Caregivers</li> <li>○ Stress-Busting Program for Family Caregivers</li> <li>○ PREPARE For Your Care</li> <li>○ SHARE for Dementia</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>• Use effective health communication strategies and concepts to improve the quality of life for caregivers.</li> </ul> |