



## **Lifespan Respite Learning Collaborative on the National Strategy Breakout Room Discussion Guide January 4, 2024**

**Instructions:** We will break out into 2-3 smaller groups to discuss the following questions related to leadership on the National Strategy.

Breakout groups will be randomly assigned. Each group will have a facilitator who will record the session. Please identify someone to share a brief report out of discussion highlights when we return to the full group.

Multiple questions are provided to help stimulate a flow of ideas on the topic. Don't worry about getting through all of the questions. They are intended to help guide quality conversation.

**Discussion Questions:** *(Please introduce yourself to the group.)*

To strengthen your partnerships or collaborations, consider all the things you are doing to gain partners, collaborators, and stakeholders and involve family caregivers in your efforts.

Separate the efforts described above into one of three groups:

1. **START** – Group for all **things you think might be good to ramp up**, including tasks you should be doing but aren't doing yet.
2. **STOP** – These are **tasks that don't do a lot, don't contribute a lot**. These are activities that you want to stop doing.
3. **CONTINUE** – These are the **activities that are working**, and you want to continue them.

What if there are disagreements about the value of some activities? Maybe you can try something for a little while (a trial period) and if it doesn't work, then it will go to the Stop group.

If everything is in the Start group, that might indicate that there are way too many things you want to start. Or say that everything is in the Continue group. You aren't trying anything new, and you aren't stopping anything. Force yourself to at least try to pull things over into other groups.

*Prepared by ARCH for the Lifespan Respite Grantee and Partner Learning Symposium on Implementing the National Strategy to Support Family Caregivers, January 2024*