



Bring, Brag and Borrow Lifespan Respite Grantee and Partner Learning Symposium

The **Lifespan Respite Grantee/Partner Learning Symposium** features ***Bring, Brag, and Borrow (BBB)*** sessions. Although the format is rapid fire presentations, a bit of planning in advance is required of each participant.

During a BBB session, **ONE** person from each state brings one resource, tool, story, video, song, update or idea related to their Lifespan Respite grant or coalition activities to share informally with symposium participants. Be creative! Participants may use up to 3 PPT slides, or show documents or a video. However, this is not required. Telling a story or sharing some news is another way to participate. Given the large number of states that participate, only **one person from each state is allowed up to 5 minutes to present**. Our goal is to ensure every state has the opportunity to share knowledge and resources.

If you are new to this, or need inspiration, you can watch **BBB** session recordings from past years and view shared resources and presentations from states [here](#).

It's important to confirm your topic with ARCH in advance, and provide the name, title, and affiliation of the person who will present on behalf of your state.

- ***Bring*** –PowerPoint slides; videos, brochures or other promotional materials; newspaper articles; survey or evaluation reports; voucher tools; descriptions of respite volunteer or faith-based initiatives or innovative respite options for underserved populations; sustainability or strategic plans; reports and report templates; event highlights; RFPs for mini-grants, etc.
- ***Brag*** - If you don't have visuals to share, no worries! Please bring your ideas, updates, accomplishments, or stories to share. This is your chance to brag!
- ***Borrow*** – Feel free to borrow good ideas! If you hear something you want to learn more about, time will be set aside during the Symposium for Q & A and networking. Be sure to visit the [ARCH website](#) to review shared materials.

FAQs about BBB

1. Will **Bring, Brag, and Borrow** be part of the Learning Symposium?

We will have guest speakers, but the BBB session will be a focus of the Learning Symposium.

2. Who will be participating?

It is requested that one person from each state present for no more than 5 minutes on one state Lifespan Respite grant or State Respite Coalition activity. If there is more than one person from your state attending the symposium, please designate one individual in advance to be the spokesperson.

3. I want to share materials, but I don't have permission to post them on the website, is that ok?

We will be recording the symposium and posting the recording on the ARCH website. Please do not share materials that cannot be permanently archived on the ARCH website.

4. Will I be participating in the BBB if I don't have anything to show?

Yes! This is also an opportunity to “brag” about a Lifespan Respite grant or Coalition effort or activity through ideas, poems, songs, dramatizations, updates or stories. This opportunity will also allow you to “borrow” good ideas from others!

MORE QUESTIONS? Contact [ARCH](#).