



Lifespan Respite Learning Collaborative on the National Strategy Breakout Room Discussion Guide February 1, 2024

Instructions:

We will break out into 2-3 smaller groups to discuss the following questions related to leadership on the National Strategy.

Attendees will be randomly assigned into breakout groups. Each group will have a facilitator who will record the session. Please identify someone to share a brief report out of discussion highlights when we return to the full group.

Multiple questions are provided to help stimulate a flow of ideas on the topic. Don't worry about getting through all the questions. They are intended to help guide quality conversation.

Please introduce yourself to the group.

Discussion Questions:

- 1) Describe a barrier you've encountered and share how you have overcome it. Did you identify your next steps with a "What would that take?" mentality?
- 2) Do you feel your vision and strategy align, given these barriers? If they don't, which one is more likely to change?
- 3) Can you describe "one small change" that has helped you move past a barrier?
- 4) Given the change you hope comes to fruition, what stage of implementation have you achieved? How have the values of family caregivers and organizations that serve them helped inform the process?

Prepared by ARCH for the Lifespan Respite Grantee and Partner Learning Symposium on Implementing the National Strategy to Support Family Caregivers, February 2024