



DEPARTMENT OF ECONOMIC SECURITY

Your Partner For A Stronger Arizona



Division of Aging and Adult Services

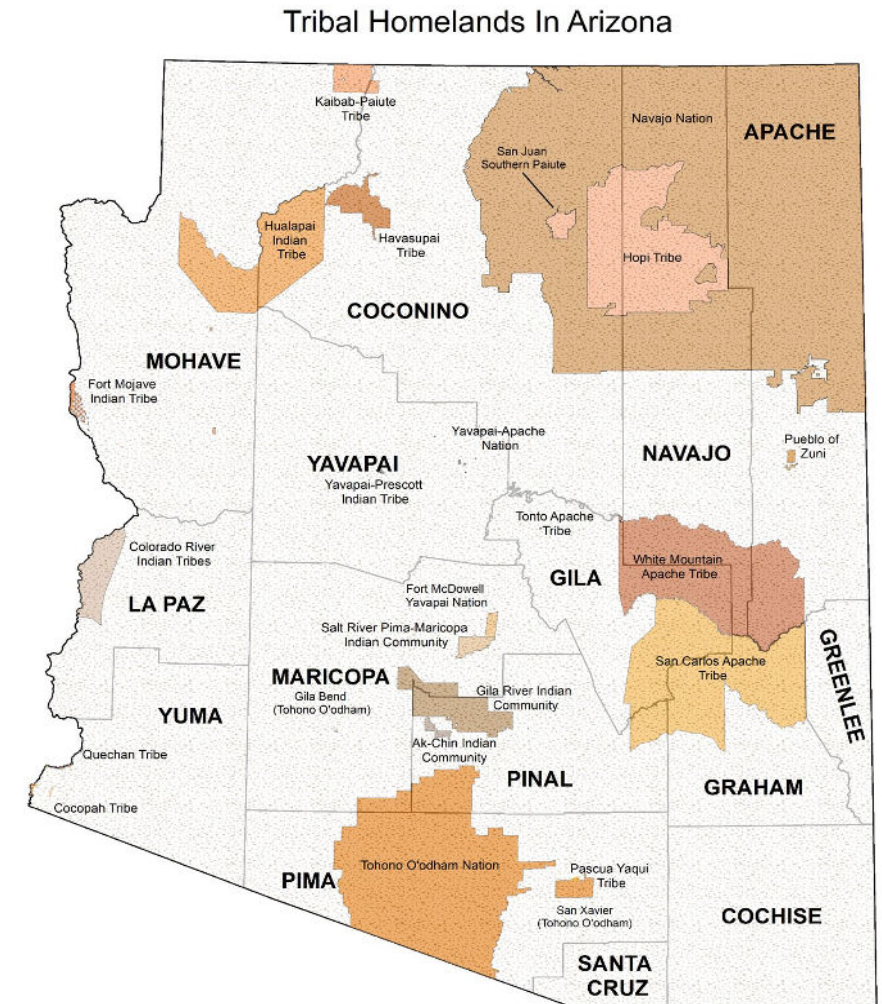
Goal 1: Increase awareness and outreach

Tribal Collaboration (starting phase)

1. Northern Arizona Caregiver Summit - Window Rock, Arizona
 - a. Over 100+ attendees from Navajo, Hopi and Zuni tribal communities
2. Collaborative with AZ Department of Health Services and other partners to develop an Alzheimer's and Dementia State Plan.

Considerations:

- Reframe respite with tribal input
- Define family caregiver in Native communities
- Inclusivity
- Increased coordination of Titles III and VI



Inter Tribal Council on Aging Map

Goal 2: Build Partnerships & Engagement

- Consideration of family caregivers during policy changes – Family Caregiver Network sponsored by two grants Vitalyst and AZ Impact for Good.
- ACC has formed a network of more than a dozen organizations and agencies that support the thousands of family and informal caregivers across the state, including rural and tribal areas who are providing care for a diverse range of individuals including elderly, deaf and hard of hearing communities, Alzheimer's and dementia, children with disabilities, veterans, and more. Representatives from these organizations meet regularly, for the next 12 months, to discuss: vision building/casting, strategic planning; peer to peer support; and information sharing.

Goal 3: Strengthen Service and Supports

ACC's Emergency Respite Booklets provide comprehensive guidance to caregivers on advance care planning, ensuring preparedness and support in the event of an emergency. One advantage of utilizing the ACC's **Emergency Respite Booklet** for advanced care planning is the emphasis on client-centered care. This approach prioritizes the individual's unique preferences regarding their medical treatment and care, ensuring that their personal wishes are at the forefront of their healthcare decisions.

- [Video](#): *Plan Ahead for Emergency Respite 2023*



Emergency Respite Toolkit:

Information To Be Prepared During a Crisis Situation

Are you helping to take care of a loved one? Plan ahead!

Caring for a loved one can take a toll on a caregiver's physical and mental health. For this reason, it is important to take breaks from caregiving duties. Respite can be planned, but sometimes emergency situations can occur where a caregiver needs to rely on others.

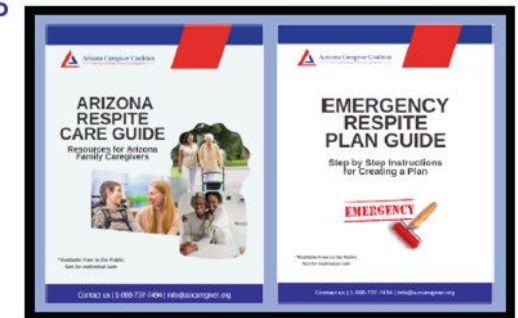
Preparation is key!

VISIT US ONLINE TO DOWNLOAD THE AZ RESPITE TOOLKIT FOR ADDITIONAL INFORMATION



(888) 737 7494

www.azcaregiver.org



Arizona Caregiver Coalition
— Serving the Needs of Arizona Caregivers —

Questions

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