

**Delaware: Division of Services for
Aging and Adults with Physical
Disabilities (DSAAPD)**

**Delaware
State Plan on Aging**

October 1, 2024 to September 30, 2028



**2022 National Strategy to Support Family Caregivers: Actions for States,
Communities, and Others**

Presentation Topic:

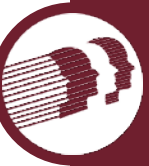
Create Awareness and Strengthen Supports to Caregivers

Geralyn Aellis- Administrator of Caregiver and Dementia Policy

In the 2024-2028 draft of the State Plan on Aging (currently in public comment) the following target areas are specifically outlined in the Equity and Caregiving Focus Areas.

Goal #8: Continue stakeholder engagement to reach new partners to understand unmet needs in the community, identify individuals and communities with the highest economic and social need, and build and expand person-centered service delivery

Goal #9: Enhance services and supports for Family Caregivers by implementing recommendations and best practices from the Delaware Caregiver Action Network (DCAN), Delaware Caregiver Taskforce, RAISE Family Caregiver Advisory Council, other organizations that support family caregivers and in coordination with the National Technical Assistance Center on Grandfamilies and Kinship Families.



National Strategy

Goal 1: Achieving Greater Awareness of and Outreach to Family Caregivers

Increased awareness and recognition of family caregivers creates a better understanding, appreciation, and motivation for cross-disciplinary and cross sector collaboration to affect changes—in new products, services, policies, and legislation—that recognize, assist, include, support, and engage family caregivers in meaningful ways.



DE Draft State Plan on Aging- National Strategy Objective:

- Using the 2022 National Strategy to Support Family Caregivers and the RAISE Act State Policy Roadmap as a guide, understand and implement national best practices for caregiver support.
- Use recommendations from the Delaware Caregiver Action Network (DCAN), the Delaware Caregiver Taskforce and other similar groups to identify recommendations on policy and programs.
- Engage in robust community outreach and marketing targeting family caregivers. Build on the success of the “Are you a Caregiver” campaign and create a public outreach campaign for family caregivers highlighting Caregiver Resource Centers (CRCs).
- Develop a comprehensive marketing campaign surrounding early detection and diagnosis of dementia, services and supports available to caregivers and caregivers of individuals living with Alzheimer’s Disease or a related dementia (ADRD) in Delaware.

National Strategy

Goal 3: Strengthening Services and Supports for Family Caregivers

Family caregivers need consistent access to an array of programs, supports, goods, and services that meet their diverse needs and those of care recipients.

For these services to be effective, they must be person-centered, culturally competent, linguistically appropriate, and trauma informed – and more widely available.



DE Draft State Plan on Aging- National Strategy Objective:

- Enhance programming and services using recommendations from the Aging in Place Workgroup.
- Implement an evidence-based caregiver assessment and an evidence-based/evidence-informed family caregiver support program.
- Research and expand family caregiver and Alzheimer's Disease and related dementia (ADRD) caregiver supports to include culturally appropriate services and programming for underserved populations in Delaware including: African American/Black communities, Spanish-speaking and Latino Caregivers and Asian caregivers.
- Enhance and expand services and supports for caregivers of individuals living with Alzheimer's Disease or related dementias (ADRD) and expand community education and partnerships through Dementia Friendly Delaware (DFD).