

# Montana Caregiver Respite Food Box Program



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Montana State University Extension  
In partnership with MT DPHHS & MT  
Lifespan Respite



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# Food Box Program

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- Food Box Program Started 30 days ago
- Estimated Respite 995 hours to date
- Intersects with goals 1 and 5 of the National Plan
- 2 main food boxes
  - “Orders Up” 195 Food boxes (5 prepared meals)
  - “Hello Fresh” 4 subscriptions (3 weeks - self Prep)



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- Fed over 421 adults and 74 children
- Spans over 28 different counties and tribal communities
- 34% of food boxes went to Native American residents
- Caregiver ages across the lifespan (from 24 – 95)
- Total spending will be \$77,800 lifespan funds, \$25,000 matching
- The goal is to send out more than 300 food boxes that cover 45 counties