

# NORTH DAKOTA

Alexis Witt, Program Administrator

Adults & Aging

[awitt@nd.gov](mailto:awitt@nd.gov)



A woman with blonde hair, wearing a white lab coat over a grey long-sleeved shirt, is smiling and looking down at a patient's arm. The patient's arm is resting on a dark surface. The background is bright and out of focus.

# CAREGIVER SUMMIT

## Addressing Goal #1

- INCREASE AWARENESS AND OUTREACH
- “Caring for the Caregiver”
- Target attendees
- 1 day Summit
- October 2024

# SUMMIT PRESENTATION TOPICS

## *Presentations Tailored to Caregivers across the Lifespan*

- Identify as caregiver
- Aging info/resources
- Communication Strategies for Persons with Dementia
- Chair yoga/exercise
- Additional resources

## *Panel Discussions*

- **Caregiver**
  - What caregiving looks like
- **Provider (individual AND agency)**
  - Provider process
  - Types of services
- **MD**
  - Criteria for medical diagnosis