

Student Respite Toolkit

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Acknowledgements



RCAW
Respite Care Association
of Wisconsin

- Respite Care Association of Wisconsin (RCAW)
- Student Respite Project Team
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Presentation Overview

- Benefits of student respite programs
- Overview of the Student Respite Toolkit
- Invitation to join the Student Respite Collaborative

Why Student Respite?



Student Benefits

- Students gain hands-on experience working with people with disabilities
- Earn volunteer, clinical, or service-learning hours
- Students providing respite are able to develop professionally through communication and acts of service while providing someone much-needed care

Benefits to Universities

- Increase clinical opportunities for students
- Closely aligns with the American Association of Colleges of Nursing (AACN) Core Competencies for Professional Nursing Education domains and concepts
- Enhance students' Knowledge for Nursing Practice, ability to provide Person-Centered Care, and understand that disability is an important part of the healthcare system, as a whole

Benefits of Partnering with Universities

- University facilities provide accessible location for respite services
- Limited funding required
- Students often already have background checks and some training

Caregiver Benefits

- Increased access to respite care
- Caregivers receive a much-needed break
- Beneficial to caregiver mental and physical health
- Care recipient participates in fun and personalized activities
- Increased trust in having students (and faculty) as providers

Methods

- Conducted a comprehensive environmental scan to identify current student respite programs
- International survey to identify current programs
- 1-on-1 interviews with program coordinators
 - Program summaries
 - Example documents

Student Respite Programs

- Identified 16 published articles about student respite programs
- 10 programs completed survey
 - Most serve across the lifespan with any condition
 - Student providers are typically post-secondary students
 - Most don't provide medical cares

20 Total Programs Identified

- ACON-HP Children's Respite Program (AL)
- UNA Lion Buddies (AL)
- Georgetown UCEDD (DC)
- SW ID AHEC Scholar Respite Program (ID)
- UMASS Respite (MA)
- June Jessee Memorial Foundation (MO)(*In development*)
- Messiah Respite Program (NE)
- University of Nebraska Medical Center (NE)
- Northern Nevada RAVE Family Foundation (NV)

20 Total Programs Identified (cont...)

- The Home Away from Home Respite Center (NY)
- Time Out Caregiver Respite (PA)
- Rhode Island Lifespan Respite Nursing Initiative (RI)
- CareBreaks (RI)
- Claude Moore Precious Time (VA)
- UCP Dane County (WI)
- Project REACH (WI)
- Respite Camp Immersion (WI)
- Lori's Hands (DE, MD, MI)
- YouthCare (National)
- Family Respite Services Windsor-Essex (Canada)

Student Respite Toolkit

- Overview of online toolkit
- Request FREE access to the Student Respite Toolkit at bit.ly/StudentRespiteToolkit or by scanning the QR Code



Next Steps

- Broadly disseminate the Student Respite Toolkit
- Encourage partnerships between universities and respite programs
- Track and evaluate implementation of student respite programs
- Continue to update toolkit with new resources

Student Respite Collaborative

- Purpose: to connect academic partners and program staff involved in student respite programs to share ideas, best practices, and identify potential collaborative opportunities
- First Monday from 12 – 1 pm CST
- Register at bit.ly/StudentRespiteCollaborative



**STUDENT
RESPITE
PROGRAM
COLLABORATIVE**



The purpose of the Student Respite Collaborative is to connect academic partners and program staff involved in student respite programs to share ideas, best practices, and identify potential collaborative opportunities.

JOIN US AT OUR MONTHLY MEETINGS!
First Monday of the month from 12 - 1 pm CST
Register at bit.ly/StudentRespiteCollaborative

The Student Respite Program Collaborative is led by the Building Respite Evidence and Knowledge (BREAK) Exchange in partnership with the Respite Care Association of Wisconsin and the ARCH National Respite Network and Resource Center.





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Discussion



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