

Empowering Caregivers:

Navigating the Future of Respite through Massachusetts' 40 Innovation Grants

2024 National Lifespan Respite Conference

May 24th, 2024

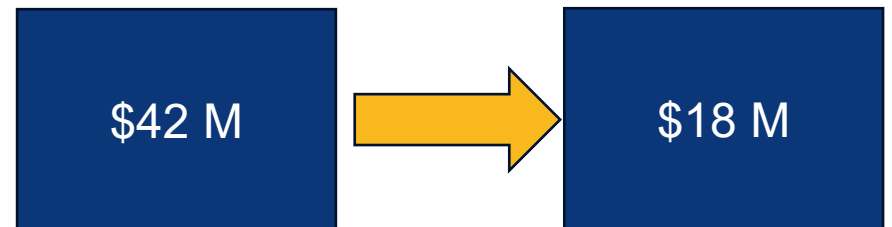
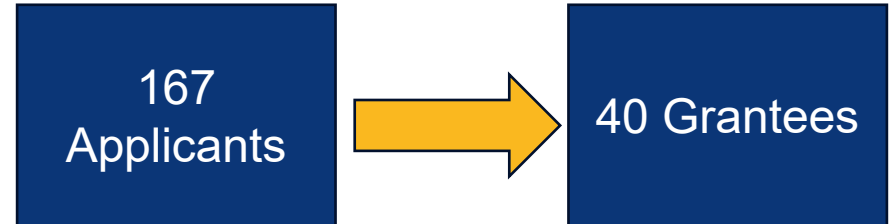
Agenda

- Introduction to the MA Respite Grants Project
- Grantee Overview
- Evaluation Methodology
- Early Lessons Learned



MA Respite Innovations Grants Overview

- One of 13 targeted grant programs utilizing HCBS ARPA funding
- Focus on the Caregiver, not the type of respite service provided



Respite Grantee Overview



- Develop, and implement new or enhanced innovative models of Respite service delivery.
- Provide innovative, high quality, person-centered Respite services to provide relief to Caregivers while providing a meaningful, safe, enjoyable experience for the care recipient.
- Provide an inclusive, diverse, equitable plan for the provision of Respite services
- Develop strategies that create person-centered Respite opportunities that are gender inclusive and serve culturally, linguistically, or ethnically diverse Caregivers.
- Develop sustainable programs and services to offer relief to Caregivers.
- Recruit and retain Respite workers in innovative ways.
- Assess programs and evaluate outcome measures/metrics to determine efficiency and efficacy of pilots.

Technical Assistance

MA set grantees up for success by providing technical assistance



Dedicated Email for Questions

MAHCBSGrants@pcgus.com



**Shared Data & Lessons Learned
from Other National Projects**



Personalized Support

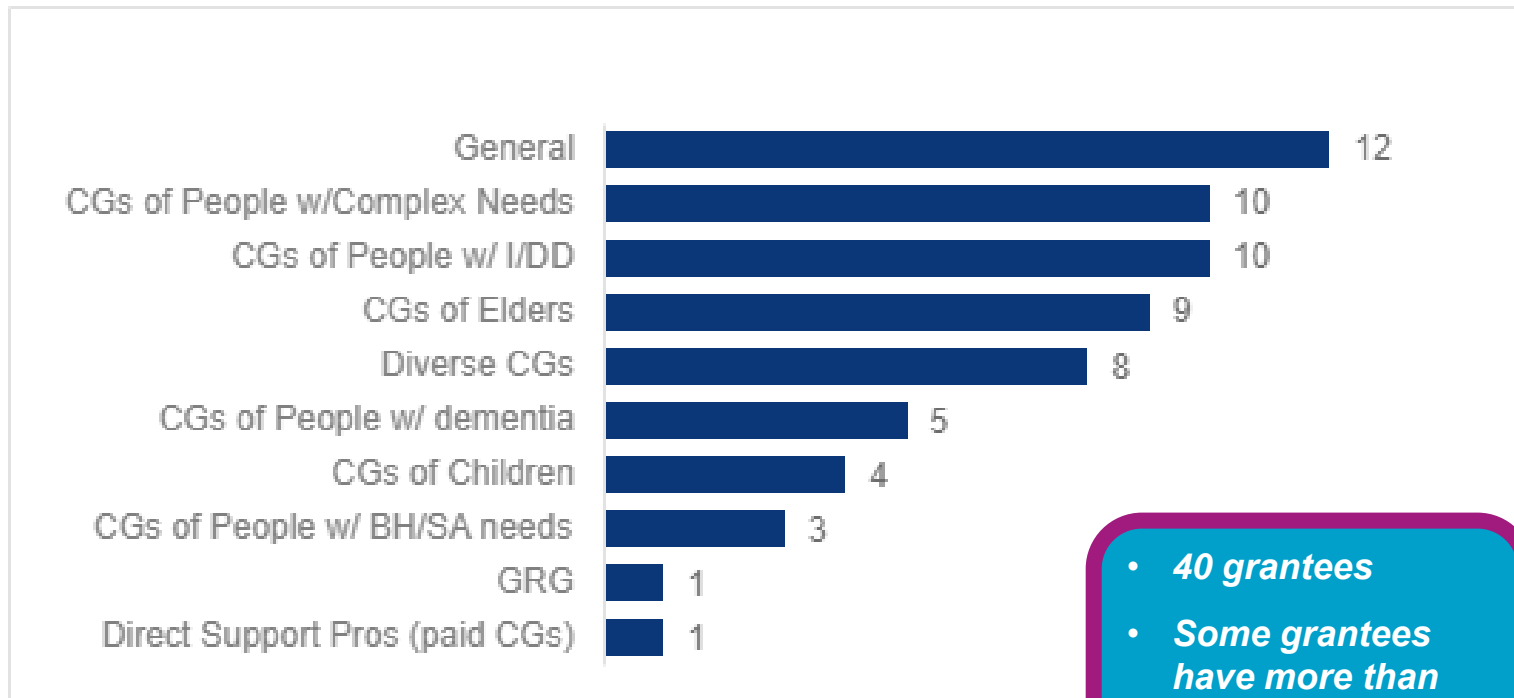


**Quarterly Meetings &
Networking Opportunities**



Grantee Overview

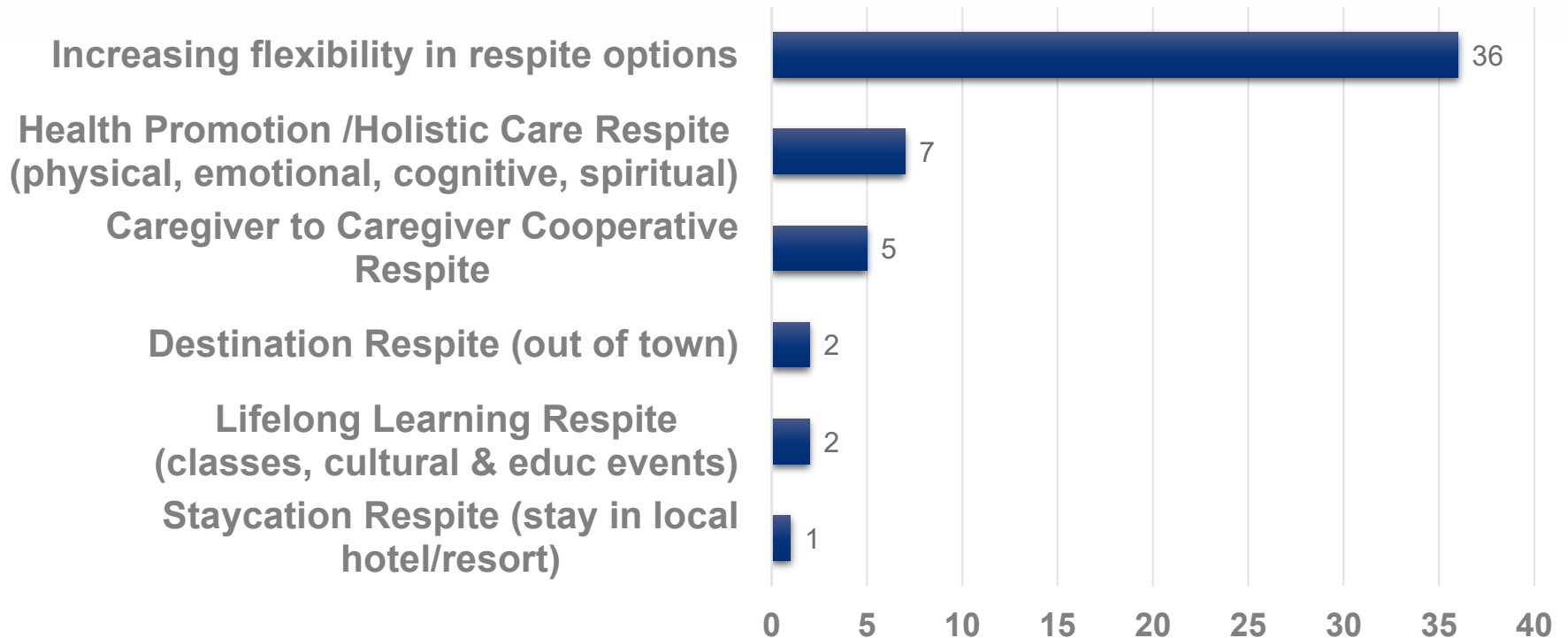
Type of Caregivers (CGs) Served



- 40 grantees
- Some grantees have more than one type of CG served



Type of Respite Innovation



- 40 grantees
- Some grantees have more than one type of CG respite



**Are these categories
of respite familiar to
you?**

**What respite services
are offered in your
region?**

Evaluation Methodology

Overview of PCG

- Founded in 1986, PCG is headquartered in Boston, MA and employs more than 1,900 professionals in 34 offices
- Management consulting to assist public sector agencies better serve their targeted populations
- Four Practice Areas
 - Human Services
 - Health
 - Education
 - Technology Consulting



Evaluation Goals



Identify projects that are particularly innovative or successful



Identify factors and elements leading to success

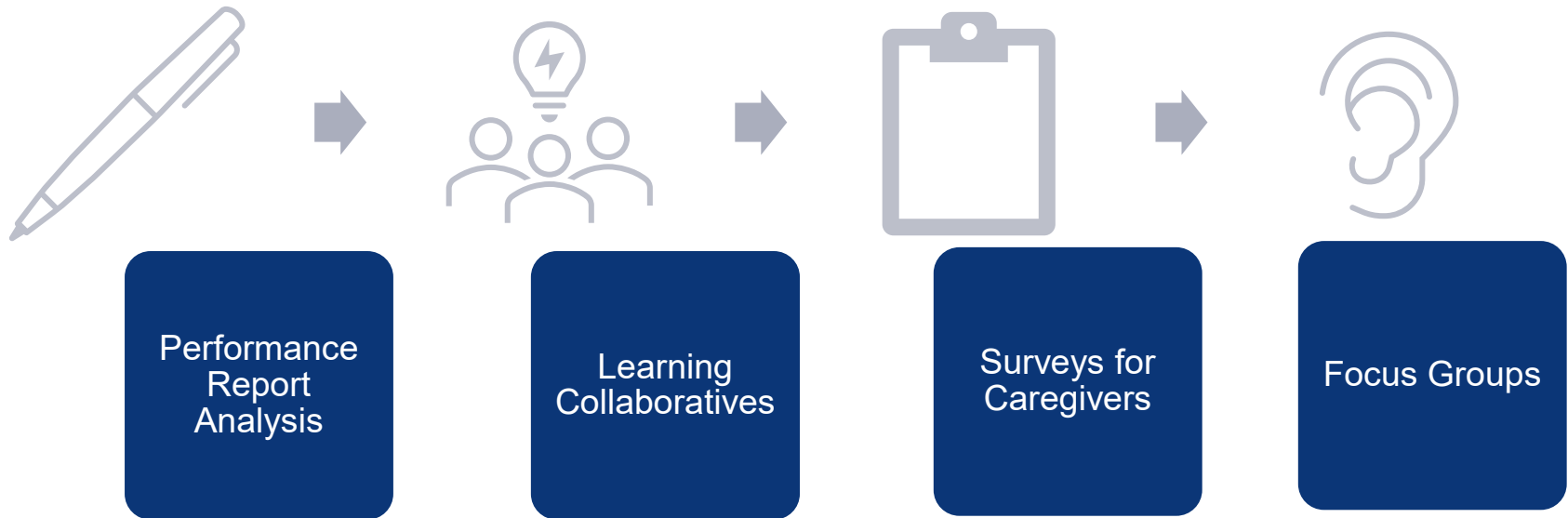


Disseminate lessons learned



influence the near-term direction of caregiver respite policy in the Commonwealth.

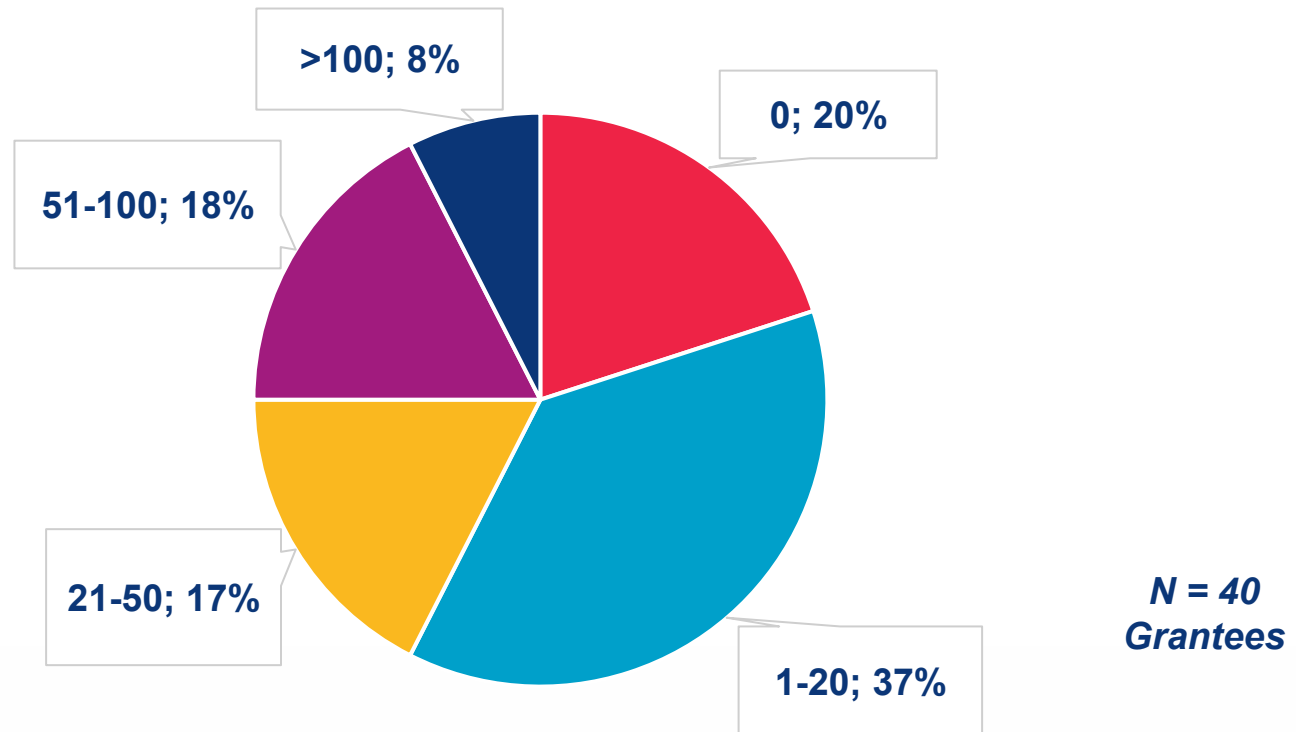
Performance Report Evaluation



Early Lessons Learned

Total Number of Caregivers Supported

In the first six months of grant implementation, 1,500 caregivers were served. Most grantees served 50 or fewer caregivers. 8 grantees report serving no caregivers yet.

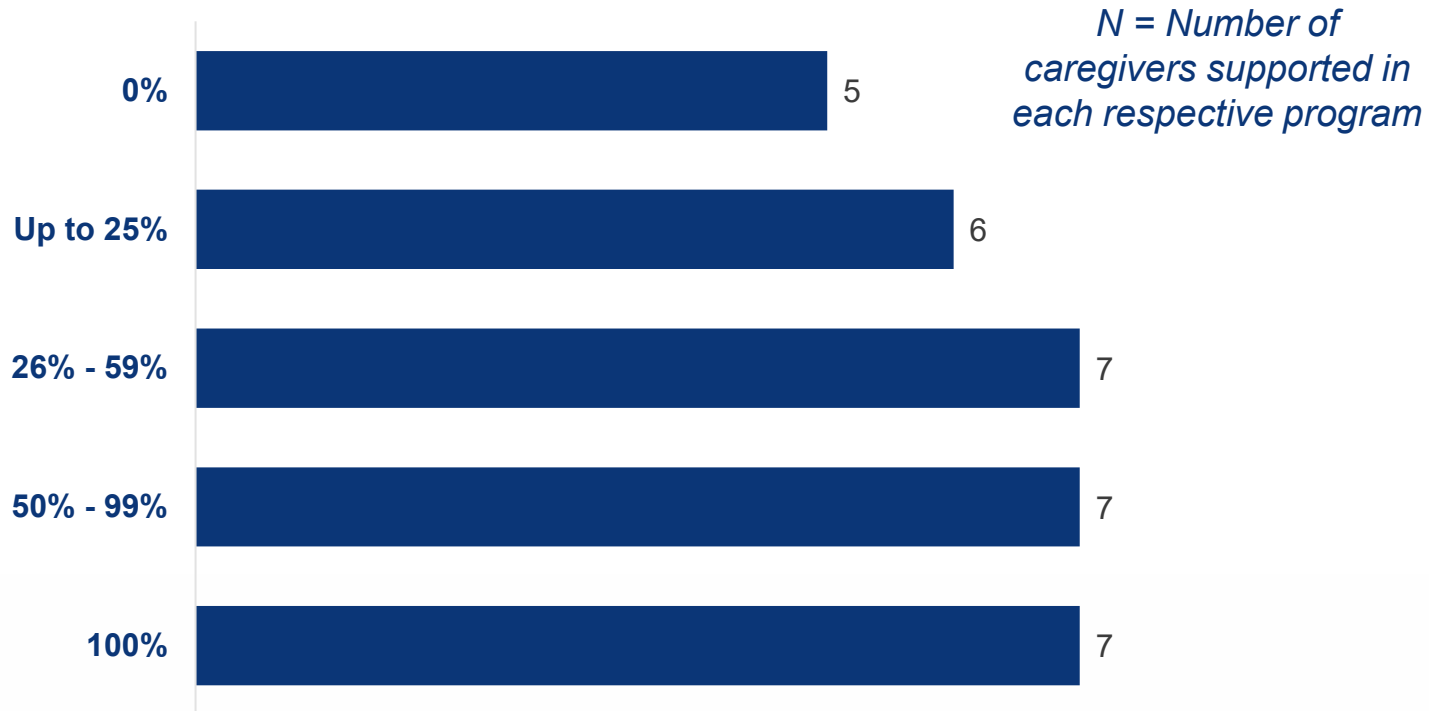


Grant Period: 7/1/23 – 1/31/24



Caregivers Receiving Respite for the First Time

383, or 25% of caregivers served during the grant period were receiving services for the first time. Most grantees served an even higher percentage of caregivers for the first time.



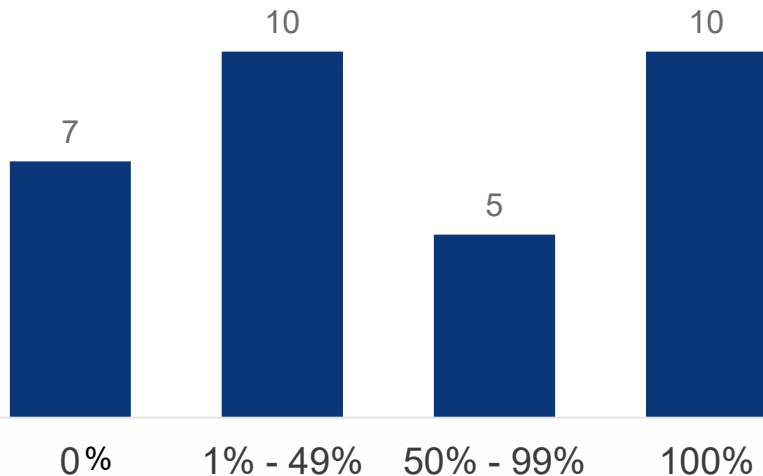
Grant Period: 7/1/23 – 1/31/24



Type of Support Provided

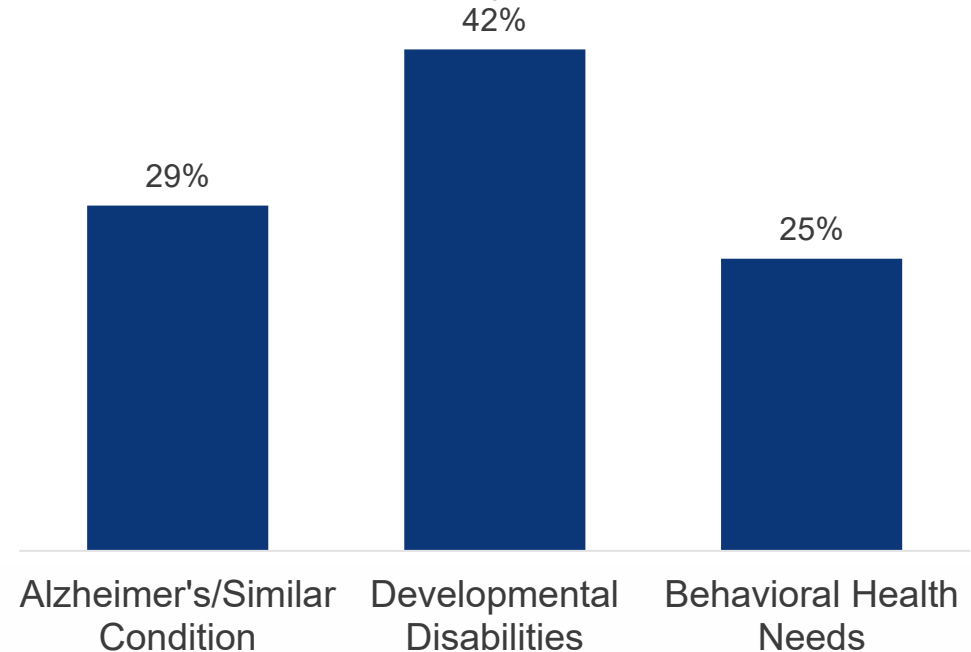
429, or 29% of total caregivers support individuals with complex health services. The primary population served is most commonly individuals with developmental disabilities.

Percentage of Caregivers Serving Care Recipients with Complex Health Issues



N = Number of caregivers supported in each respective program

Percentage of Caregivers who Served Care Recipients by Health Condition

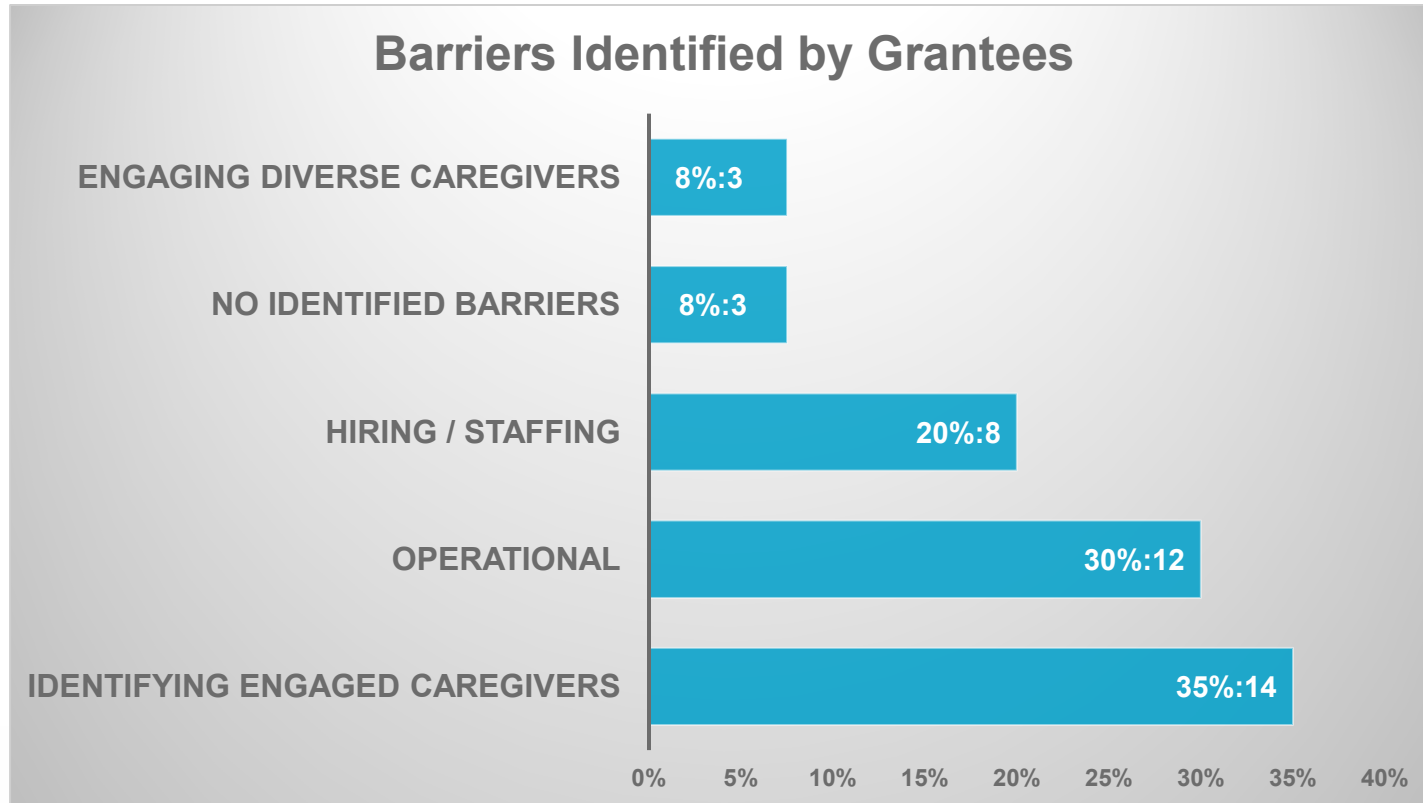


N = 1500 Caregivers



Barriers

Grantees provided details on several barriers they are encountering with the most common barrier being identifying caregivers



Grant Period: 7/1/23 – 1/31/24



Highlights

Town of Burlington

- Increased Social media engagement by 33%

Opportunities for Inclusion

- Increased total respite hours by 150 (17%)

House of Possibilities

- Increased total hours for Children's respite by 158%

Grant Period: 7/1/23 – 1/31/24





What ideas did this presentation generate for you?

What else would you want to know about these grantees?

Thank You!

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