

Lifespan Respite Care Program Grant

PROJECT SUMMARY

Grantee Organization: Delaware Division of Services for Aging and Adults with Physical Disabilities (DSAAPD)

State: Delaware

Project Period: September 1, 2023 to August 31, 2026

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Project Overview:

The Delaware Division of Services for Aging and Adults with Physical Disabilities (DSAAPD), in partnership with the Delaware Respite Coalition (DRC) and key stakeholders will use national best practices to focus on unpaid family caregivers of children or adults of all ages. This initiative will reestablish and reinvigorate Delaware's Lifespan Respite programs.

The **goal** of this project is to improve the delivery and quality of DSAAPD's respite services and unify them into an enhanced menu of services available to caregivers across age and disability spectrums in Delaware by transforming the existing respite and Lifespan Respite system.

Project objectives: 1) improve Delaware's Lifespan Respite services through a comprehensive program evaluation and piloting of DSAAPD's enhanced respite services; 2) enhance the quality of services to caregivers through expansion of existing respite services and pilot programs and purchase of evidence-based caregiver assessment tool, and adjusted procedures; and 3) streamline access to respite through increased awareness from marketing and outreach efforts.

Proposed interventions: conduct a comprehensive program evaluation of DSAAPD's respite services including evaluation report and recommendations for action plan implementation; based on program evaluation results pilot alternative flexible respite options (e.g., congregate respite, community partner respite options, emergency respite, volunteer respite and training); identify and purchase an evidence-based caregiver assessment tool to share across populations; and develop and conduct a marketing campaign for respite and service awareness.

Outcomes and Products:

Anticipated outcomes: 1) increased awareness about respite services and providers; 2) streamlined access to respite services; 3) creation of a menu of meaningful respite options; 4) enhanced caregiver supports; and 5) creation of emergency respite care options.

Expected products: marketing campaign and outreach materials; caregiver assessment tool; caregiver training; additional respite services; volunteer registry; and volunteer recruitment and training toolkit.



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