

Lifespan Respite Care Program Enhancement Grant

PROJECT SUMMARY

Grantee Organization: North Carolina Department of Health and Human Services,
Division of Aging and Adult Services (DAAS)

State: North Carolina

Project Period: September 1, 2023 to August 31, 2027

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Project Overview:

The North Carolina Division of Aging and Adult Services (DAAS), in partnership with key stakeholders, is committed to meeting the needs of family caregivers, connect them to services, and advocate for increased capacity to serve them.

The **goal** of this project is to further develop North Carolina's Lifespan Respite Care Program into a sustainable LRC system.

Project objectives: 1) enhance and increase the provision of direct services by trained respite providers and volunteers; 2) increase and strengthen collaborations and partnerships; and 3) identify gaps in services and increase outreach efforts to target underserved populations across the lifespan.

Proposed interventions: increase caregiver-directed respite voucher availability; leverage partnerships through existing initiatives (e.g., Caregiver Collaborative, Center for Volunteer Caregiving); and identify gaps and increase outreach to underserved populations (e.g. I/DD population, Hispanic/Latinx caregivers).

Outcomes and Products:

Anticipated outcomes: 1) state system of public and private partnerships that support caregivers across the lifespan with informed and appropriate service referrals; 2) expansion of direct provision of respite vouchers; and 3) increased knowledge about and use of respite services in North Carolina within underserved populations.

Expected products: caregiver and respite resource training presentations for community health workers and newly identified advisory team members and partners; culturally appropriate outreach materials for caregivers to portray accurate representations of family caregivers and the people they assist; survey tool for advisory team members and providers of NC's publicly funded respite options; one-time COVID-19 impact survey; pre and post surveys to determine the effectiveness of respite on caregiver burnout; fact sheet for caregivers with tips on choosing a respite caregiver/provider including a version in Spanish; and revised directory of publicly funded respite.



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