

# Lifespan Respite

# Learning Collaborative

*Implementing Respite Actions in the National Strategy to Support Family Caregivers*

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September 5, 2024

# Agenda

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- Welcome, Introductions
  - ❖ Please put your name, state and organization in the chat.
- Announcements
- Learning Collaborative Polling & Survey Results
- Breakout Discussion Groups
- Recommendations for the National Strategy Update



# CALL FOR PRESENTATIONS: DEADLINE OCT 1, 2024

<https://archrespite.org/2025-national-lifespan-respite-conference/2025-call-for-presentations/>



2025 National Lifespan Respite Conference  
April 1-3, 2025 ✨ Huntsville, AL

# Innovative and Exemplary Respite Services

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- National Call for Applications  
Submission Deadline: **October 8, 2024**
- Information Session Recording:  
<https://archrespite.org/library/information-session-for-2025-innovative-and-exemplary-respite-services-application/>
- Read more about the initiative, the selection process and how to apply.  
<https://archrespite.org/provider-resources/innovative-and-exemplary-respite-services/>



# Virtual Respite Research Summit



## RESPITE RESEARCH SUMMIT

Virtual  
October 28, 29, 30, 2024 | 1:00 - 4:30 PM ET

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October 28-30, 2024  
1:00 pm – 4:30 pm ET each afternoon

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Program Agendas and Summit Website:  
<https://archrespite.org/news-events/2024-respite-research-summit/>

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Register:  
[https://friendsnrc.zoom.us/meeting/register/tZYvduqtrDkoG9bnDiFSFhzLwWLZX\\_iHSQi8#/registration](https://friendsnrc.zoom.us/meeting/register/tZYvduqtrDkoG9bnDiFSFhzLwWLZX_iHSQi8#/registration)



# National Strategy LC Results

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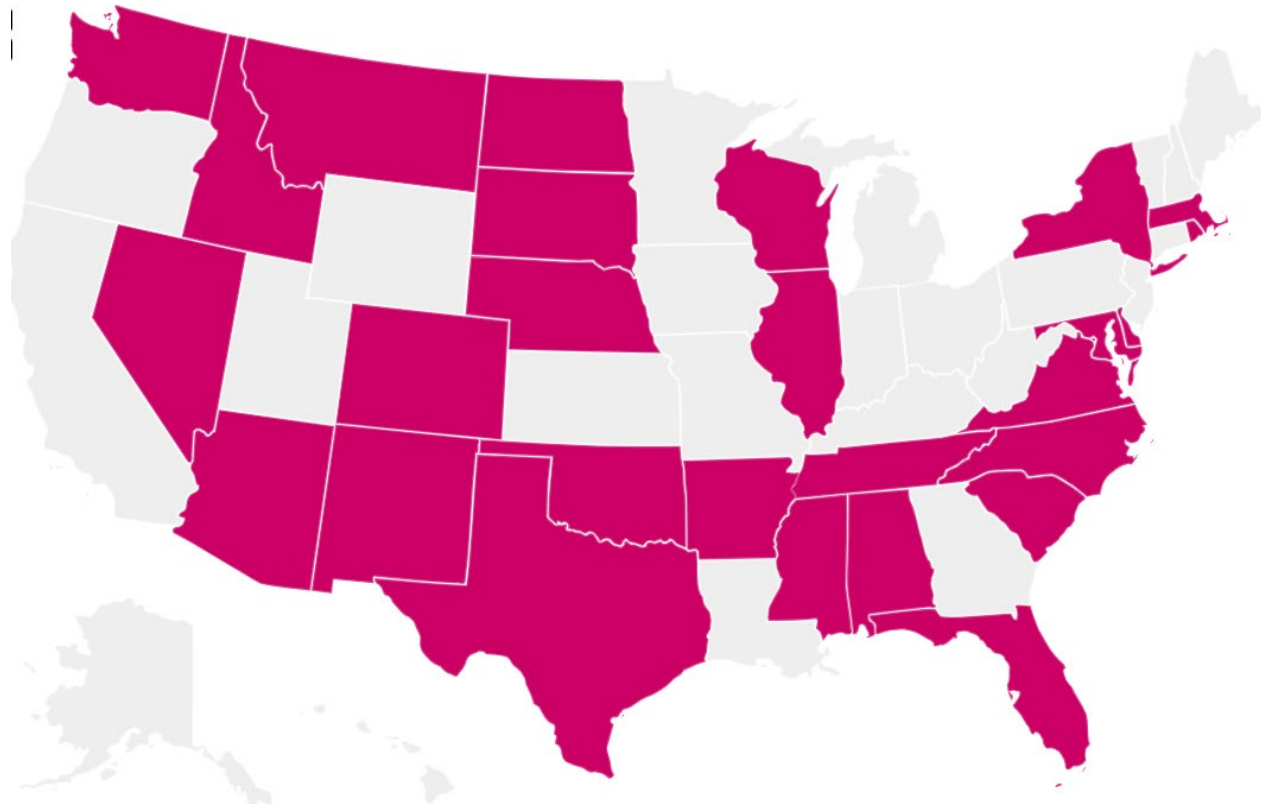
- 19 Individuals Surveyed
- 121 Attended LC Session
- 29 States Represented
- 25 Expert/Peer Presenters
- 78.5% Extremely/Very Helpful

*Thank you for your participation!*



# Lifespan Grantees & Partners

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- 73.6% Lifespan Grantees/ 36.8% Coalitions
- 42% Not Familiar with Strategy
- Excited but Overwhelmed



# Preparing for Leadership

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- Unfreeze
- Change
- Refreeze

Not every step  
needs to change.

**Polling Question:** What is the status of any changes related to the National Strategy goals and recommendations in your state?





# Breakout Discussion Groups

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- Prepared and Ready?
- Help Sustain Effort?
- More Info/Support Needed?
- Experience Gained?



# National Strategy Goals

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Goal 1: Increase awareness and outreach to family caregivers.

Goal 2: Advance partnerships with and engagement with family caregivers.

Goal 3: Strengthen services and supports for family caregivers.

Goal 4: Ensure financial and workplace security for family caregivers.

Goal 5: Expand data, research, and evidence-based practices to support family caregivers

Challenges? Specific Conditions Required? Experience Gained?  
What Supports Needed? Recommendations? What Else?



# Recommendations for National Strategy Update

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- ❑ Break Down Siloes
- ❑ Bring People Up-To-Speed Quickly
- ❑ Identify Those with Connections
- ❑ ???



# For More Information

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## Lifespan Respite Technical Assistance Center

This project is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$1,647,597 with 75 percentage funded by ACL/HHS and \$549,200 amount and 25 percentage funded by non-government source(s). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.

