



## **Lifespan Respite Learning Collaborative on the National Strategy Breakout Room Discussion Guide September 5, 2024**

### **Breakout Group Instructions:**

We will break out into 2-3 smaller groups to discuss the following questions related to leadership on the National Strategy.

Attendees will be randomly assigned into breakout groups. Each group will have a facilitator who will record the session.

Please allow time to share any thoughts and feelings on each of the following questions, as we wrap up this learning collaborative and prepare our report for ACL.

Please introduce yourself to the group.

### **Discussion Questions:**

- How prepared and ready are you to take leadership on implementing one or more National Strategy goals in your state?
- What tools and/or resources would help you sustain your leadership efforts?
- We have explored many topics in the National Strategy Learning Collaborative sessions, but what additional information and/or support would be helpful to you as you continue your work?
- What else would you like to share about your experiences working on the National Strategy Goals?

## Large Group Discussion on Recommendations for National Strategy Update

During the past year, state Lifespan Respite Grantees and Partners have worked collaboratively to identify and implement strategies to advance five National Strategy Goals including:

**Goal 1: Increase awareness and outreach to family caregivers.**

**Goal 2: Advance partnerships with and engagement with family caregivers.**

**Goal 3: Strengthen services and supports for family caregivers.**

**Goal 4: Ensure financial and workplace security for family caregivers.**

**Goal 5: Expand data, research, and evidence-based practices to support family caregivers.**

### Discussion Questions:

Please reflect on the work and progress you have made in your state toward achieving each of those goals. For each goal you worked to address during the past year (note that not all states worked on all goals), please share your experiences and recommendations.

- Identify key challenges you encountered.
- Identify specific conditions and/or essential resources you will need to continue working to fulfill this goal.
- What specific recommendations would you make to help you address challenges and to better support your work?
- What else would you like ACL to know about your experience working on the National Strategy goals?

*Thank you for sharing your knowledge and experiences with your colleagues in the  
Lifespan Respite Network.*

*Prepared by ARCH for the Lifespan Respite Grantee and Partner Learning Symposium on Implementing the  
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