Kim Whitmore, PhD, RN
Marquette University
College of Nursing

Respite Research and Evaluation that Engages Family Caregivers and Communities in order to Address Unmet Needs

Diversity = “Different perspectives”

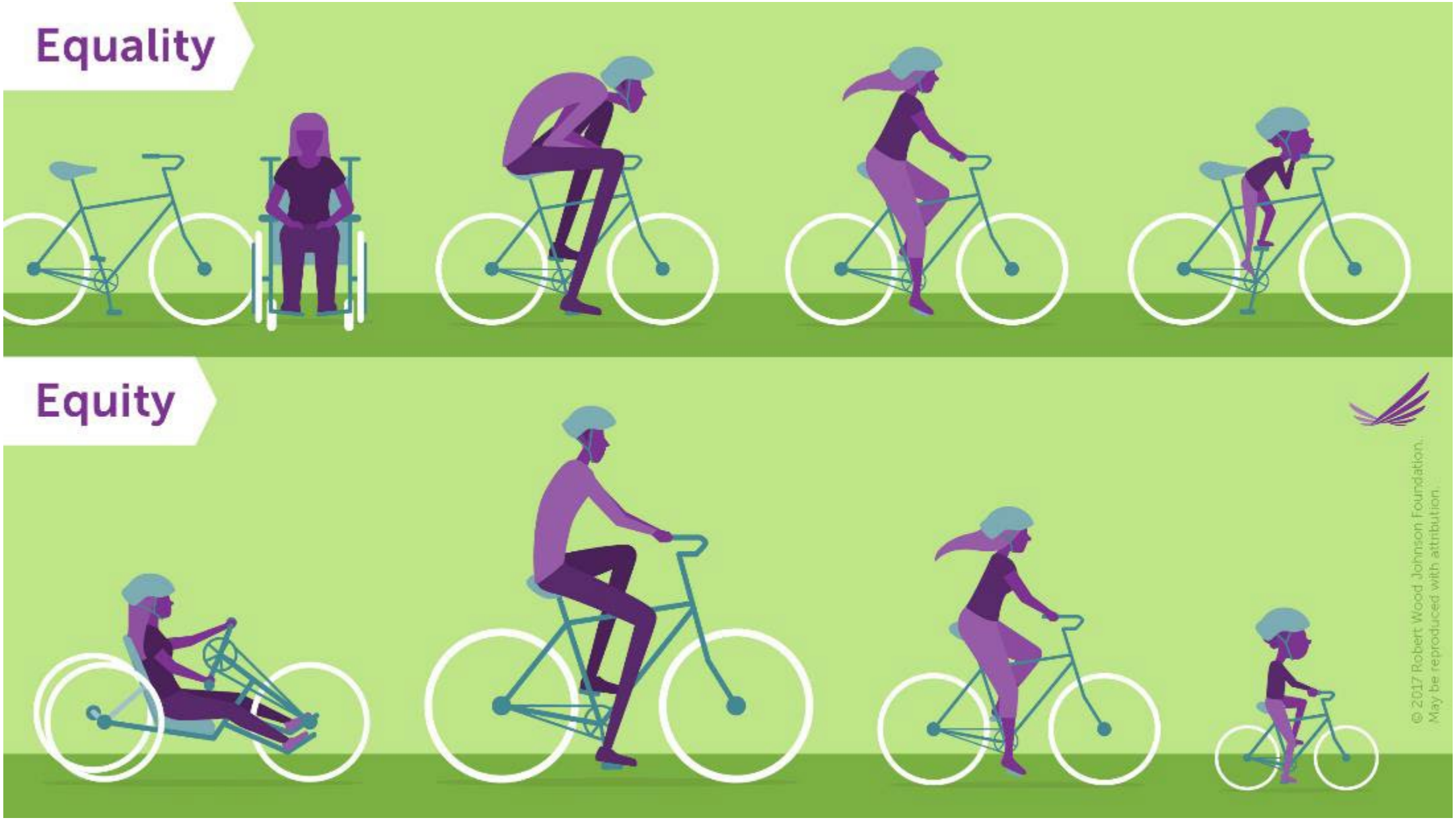
Accessibility = “Ease of use”

Equity = “Fairness”

Inclusion = “Feeling welcome”

Social Identity Constructs

- Race
- Ethnicity/Culture
- Ability
- Age
- Sex
- Citizenship
- Class
- Educational Level
- Religion/Spirituality
- Gender Identify and Expression
- Geographic Region
- Indigenous or Tribal Affiliation
- Martial /Relationship Status
- Nation of Origin
- Parental Status
- Political Affiliation
- Use of English
- Skin Color/Physical Characteristics
- **CAREGIVER**


Equality
Equity
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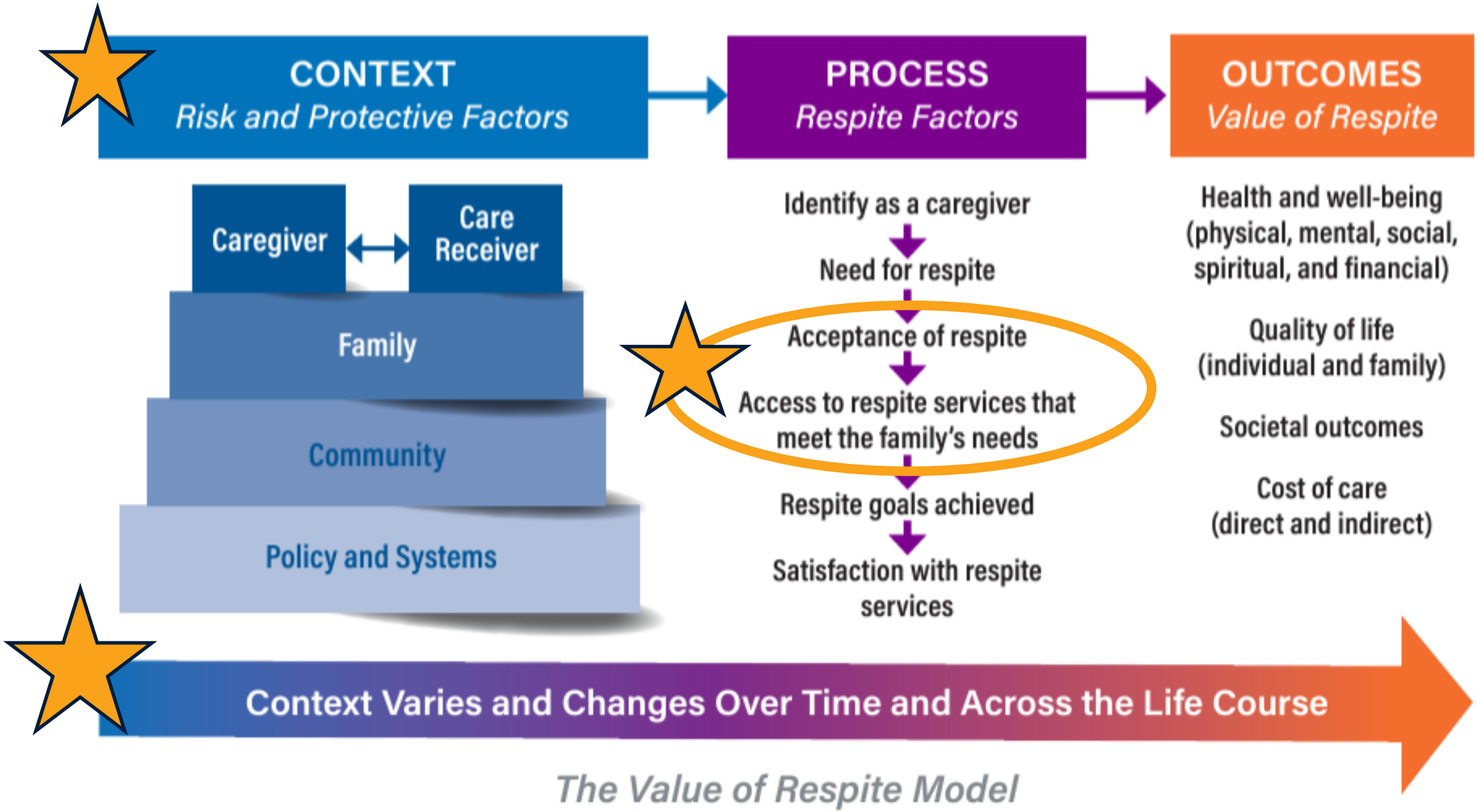
The “Five Rights” of Respite Care

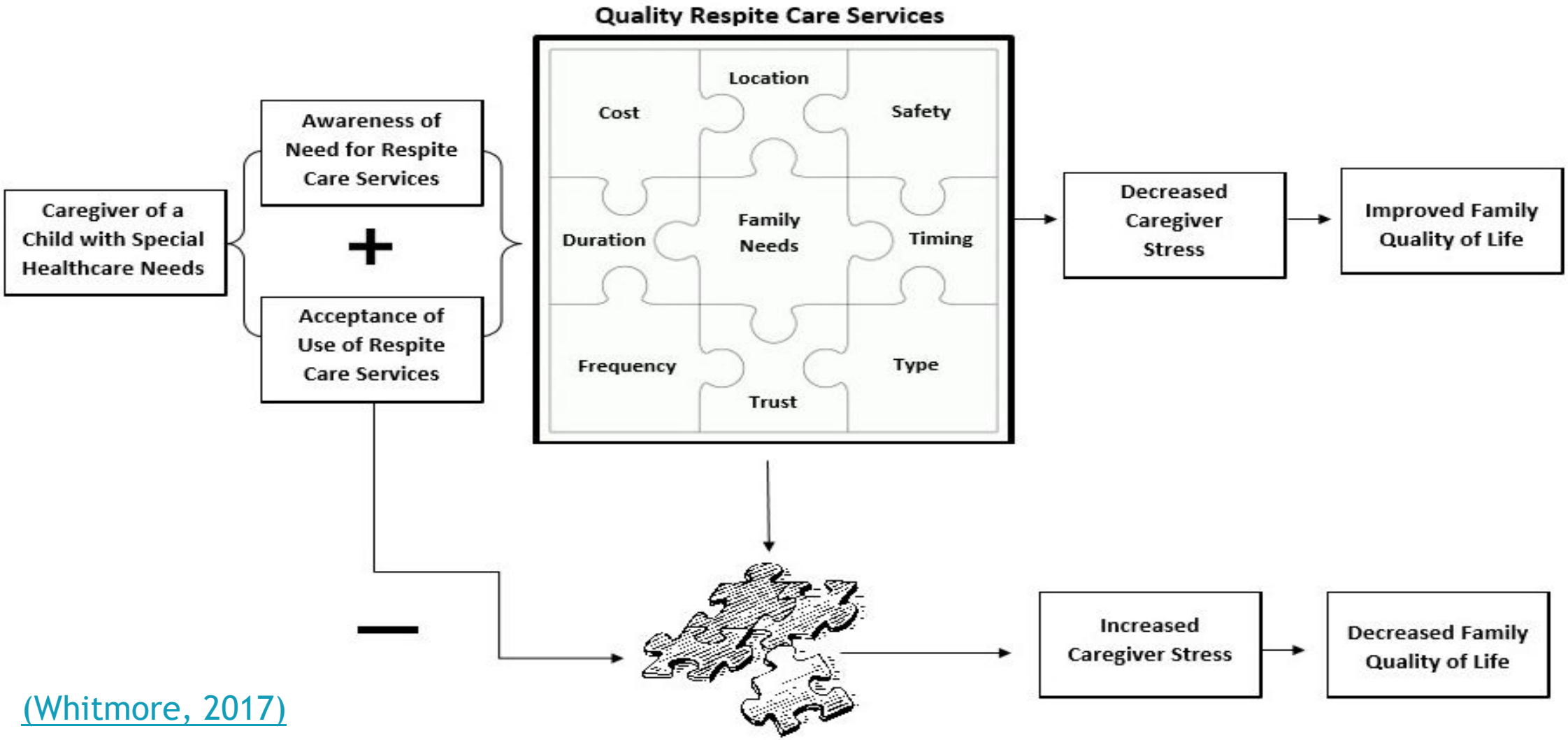
Right PERSON	→	Right FAMILY
Right MEDICATION	→	Right TYPE of Respite
Right TIME	→	Right TIME
Right DOSE	→	Right DURATION
Right ROUTE	→	Right LOCATION

**From Kim Whitmore Dissertation*



The Value of Respite Model

The Concept of Respite Care



(Whitmore, 2017)

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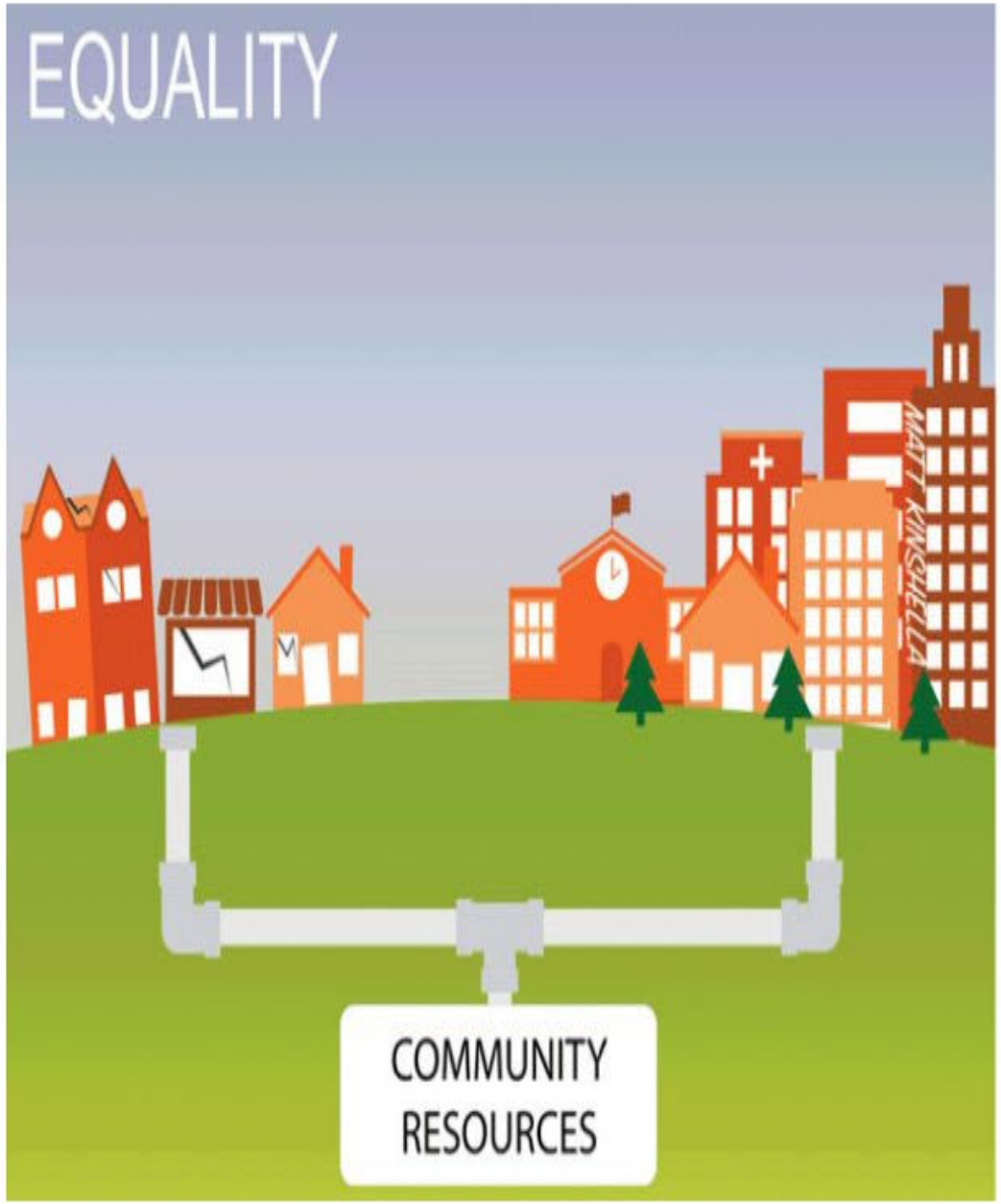
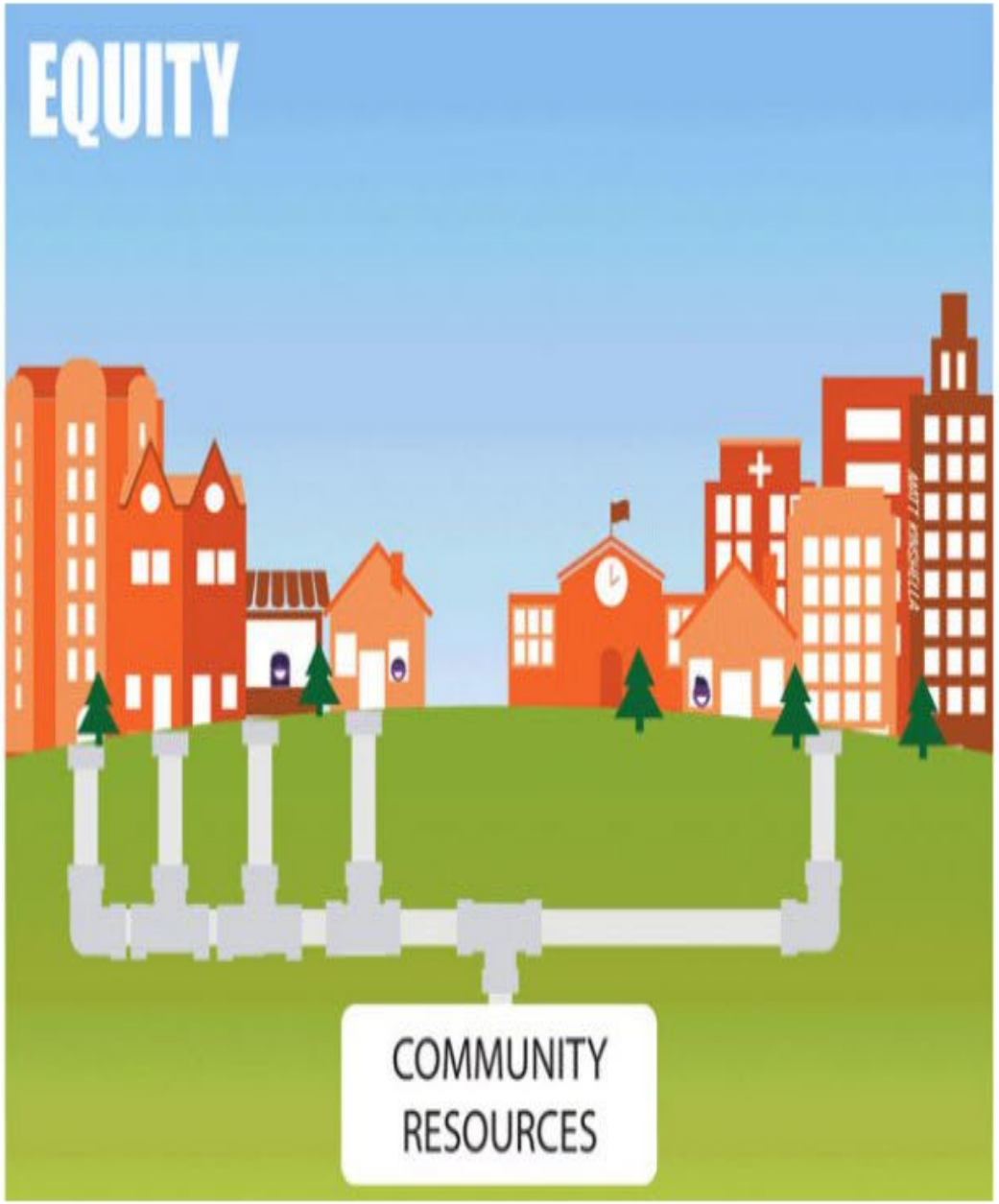

EQUALITY
COMMUNITY RESOURCES


EQUITY
COMMUNITY RESOURCES

How do we “do” Equity, Diversity, Inclusion, and Accessibility in Respite Research?

Research studies that….

- Intentionally address disparities or inequities
- Focus on historically underrepresented populations
- Capture cultural context of participants
- Engage community partners in the research process
- Have established community advisory boards
- Validate findings with the community
- Disseminate plain-language summary of findings to community

Reflection Questions

- Is your research team diverse, representative, and inclusive?
- Are you cultivating authentic relationships with diverse stakeholders, including family caregivers, care receivers, and respite providers?
- Are you engaging stakeholders at all stages of the research process, including formulating research questions, study design/methods, recruitment, data collection, analysis, and dissemination?
- Are all study materials accessible and linguistically appropriate?
- What implicit biases do you/your team need to unlearn to avoid biased data collection and biased dissemination?
- What inequities need to be prioritized in your work?

Chat Question

What is one way you plan to enhance your work to include an intentional focus on equity, diversity, inclusion and/or accessibility?

ARCH National Respite Network AND RESOURCE CENTER


EQUITY
LENS

For More Information

Kim Whitmore, PhD, RN
ARCH Consultant
College of Nursing
Marquette University
kimberly.whitmore@marquette.edu

ARCH National Respite Network
and Resource Center
http://www.archrespite.org

Lifespan Respite
Technical Assistance Center

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