



Bring, Brag and Borrow Instructions
Virtual Lifespan Respite Grantee and Partner Learning Symposium
March 4 and 5, 2025
([Register](#) to get the zoom link)

The ***Virtual Portion*** of the **Lifespan Respite Grantee/Partner Learning Symposium** will feature ***Bring, Brag, and Borrow (BBB)*** sessions. Although the format is rapid fire presentations, this will require a bit of planning in advance for each of you.

During a BBB session, **ONE** person from each state brings one resource, tool, story, video, update or idea related to your **Lifespan Respite grant** or related coalition partner activities to share with symposium participants.

Topics. Again this year, we are requesting that your presentation focus on a Lifespan Respite grant or coalition activity or resource that advances one of the [goals of the National Strategy to Support Family Caregivers](#), especially those that advance flexible and accessible respite care in your state. You may also want to reference the matrix of [State Lifespan Respite Grant Activities Aligned with National Strategy Goals and Outcomes](#), in which many Lifespan Respite grant and coalition activities have been reported.

Format. You may use **up to 3 PPT slides**, or show **documents** or a **video**. This is not required. You may just want to **tell a story** or **share some news**.

Time Allotted. Given the large number of states expected to participate, only **one person from each state will have up to 5 minutes to present**. Our goal is to ensure every state has the opportunity to share knowledge and resources.

If you are new to this, or need inspiration, you can watch past years' **BBB** session recordings and view the shared resources and presentations from states [here](#). Last year's recordings, presentation slides, and state shared resources from the **virtual BBB session** can be viewed [here](#).

ACTION STEPS

- **Please contact ARCH by February 15, 2025**, to confirm your topic and identify which National Strategy goal you are addressing. Please also provide the name, title, and affiliation of the person who will present on behalf of your state.

- **Bring** - If you have PowerPoint Slides or materials to share, please send them to ARCH by **February 24, 2025**. With your permission, we will post them on the ARCH website in advance of the Learning Symposium. Materials may include, but are not limited to: videos, brochures or other promotional materials; newspaper articles; survey or evaluation reports; voucher tools; description of respite volunteer or faith-based initiatives or innovative respite options for underserved populations; sustainability or strategic plans; reports and report templates; event highlights; RFPs for mini-grants, etc.

- **Brag** - If you don't have visuals to share, no worries! Please bring your ideas, updates, accomplishments, or stories to share. This is your chance to brag!

- **Borrow** – Feel free to borrow good ideas! If you hear something you want to learn more about, time will be set aside during the Symposium for Q & A and networking. Be sure to visit the ARCH website to review shared materials.

FAQs

1. Will **Bring, Brag, and Borrow** be part of the Virtual Learning Symposium?

The BB session will be the focus of the Virtual Learning Symposium. Each state will be required to **confirm your topic with ARCH by February 15th**. This will enable us to group similar topics together and prepare a schedule of presentations in advance so that you will know exactly when you will be speaking.

2. Who will be participating?

It is requested that one person from each state present for **no more than 5 minutes** on one state Lifespan Respite grant or State Respite Coalition activity. If there is more than one person from your state attending the symposium, please designate one individual in advance to be the spokesperson. Feel free to invite your partners to register and attend.

3. I want to share materials, but I don't have permission to post them on the website, is that ok?

The Symposium will be recorded and posted on the ARCH website. Please do not share materials that cannot be permanently archived on the ARCH website.

4. What format can materials be in?

- If you plan to have **PPT slides (up to 3), please format slides in wide screen format**. Please send them to ARCH by **February 24, 2025**.
- If you want to share a video, website or other document instead of a PPT, you must send the video, document, or the link to ARCH by **February 24, 2025**.
- All PPT slides and shared visuals will be shown from the ARCH host zoom platform. Be sure your presentation is no more than 5 minutes!
- Please provide an electronic version or a link to any materials you have permission to share (print, video clips, etc.) in advance so that they can be posted on the ARCH website before the Learning Symposium.

5. Will I be participating in the BBB if I don't have anything to show?

Yes! This is also an opportunity to “brag” about a Lifespan Respite grant or Coalition effort or activity through ideas, songs, updates or stories. This opportunity will also allow you to “borrow” good ideas from others!

MORE QUESTIONS? Contact [ARCH](#).