



# A Backpack Story: Importance of Respite

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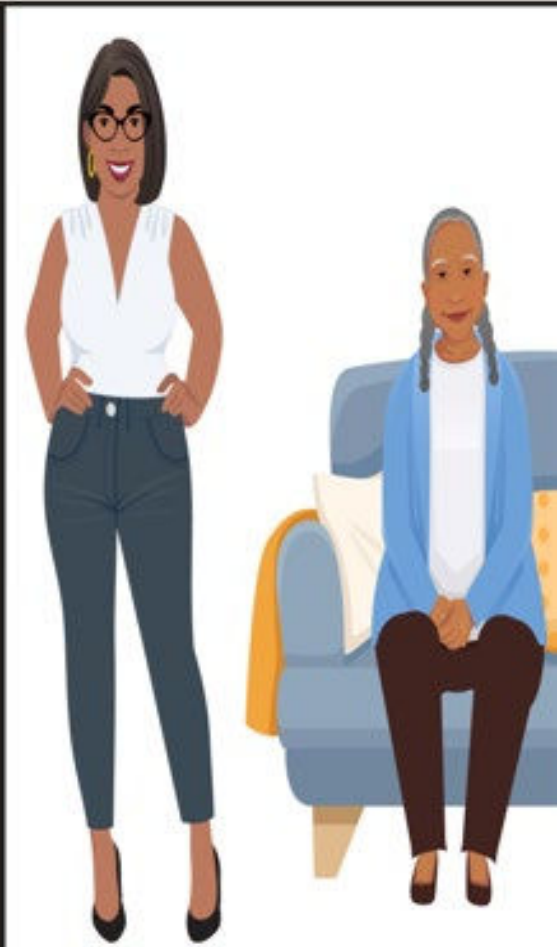


# What is a Backpack Story: No Wrong Door



- Our National Strategy Goal to support family caregivers are:
  - 1. Increase awareness of family caregivers
  - 2. Advance Partnership and engagement with family caregiver
  
- No Wrong Door (NWD) is a statewide network designed to streamline access to long-term services and supports for individuals of all ages, disabilities, and income levels. It ensures continuity of care, prevents redundant paperwork, and enhances coordination between healthcare and social services.
  
- The “backpack story” in the context of No Wrong Door refers to a personal narrative highlighting an individual’s journey through various service systems, carrying their experiences and challenges much like one carries items in a backpack.

# Lisa's Story





# Coordinating Person-Centered Respite Care

Person-Centered Respite Care provides the ability to tailor the support and ensure quality care for individuals while giving caregivers the essential relief they need.

[Virginia Lifespan Respite Voucher Program](#)

[Virginia Caregiver Coalition](#)

