

Successes, Challenges, and Lessons Learned in National Strategy Implementation

Implementing Respite Actions in the National Strategy to Support Family Caregivers



*Lifespan Respite Grantee and
Partner Learning Symposium
April 1, 2025*

National Strategy Goals



Goal 1: Increase awareness and outreach to family caregivers.



Goal 2: Advance partnerships with and engagement with family caregivers.



Goal 3: Strengthen services and supports for family caregivers.



Goal 4: Ensure financial and workplace security for family caregivers.



Goal 5: Expand data, research, and evidence-based practices to support family caregivers

Lifespan Respite Activities Aligned with National Strategy

State Lifespan Respite Grant or Lifespan Respite System Activities Aligned with National Strategy Goals and Outcomes Working Document



National Strategy to Support Family Caregiver Goals and Outcomes	State Accomplishments or Activities to Advance Respite that Align with National Strategy Goals/Outcomes as of July 2023	New State Accomplishments and Activities to Advance Respite that Align with National Strategy Goals/Outcomes as of May 2024 ¹
Goal 1: Increase awareness of and outreach to family caregivers		
<p>Outcome 1.1: Americans are educated about and understand the experience of family caregiving.</p> <p><i>(see more examples under outcome 1.3)</i></p>	<p>Public awareness initiatives:</p> <ul style="list-style-type: none"> • Montana (It's OK to need it, it's OK to want it, and it's OK to get it) • Nevada (Respite Refuels Caregivers) • North Dakota (Taking Care of You) <p>Outreach to underserved populations and professionals:</p> <ul style="list-style-type: none"> • Arizona DAAS completed training and information for the Lifespan Respite Programs for the Office of Tribal Relations Informational Forum. • North Dakota Lifespan Respite program developed PSAs to push out Native Elder Caregiver Curriculum through Tribal radio stations (watch 1st presentation in 2022 Bring, Brag and Borrow video) • South Carolina Respite Coalition's A Physician's Perspective on Using Respite 	<p>Public awareness initiatives:</p> <ul style="list-style-type: none"> • Alabama Lifespan Respite (Taking Care of Your Loved One Requires Taking Care of You) • Colorado: Colorado developed a robust marketing plan that has resulted in an increased social media presence, more engagement with caregivers through its monthly newsletter, and will soon complete a revamp of its website. • Delaware: Included in State Plan on Aging Initiative - Engage in robust community outreach and marketing targeting family caregivers by building on success of "Are you a Caregiver" campaign and creating a public outreach campaign highlighting Caregiver Resource Centers (CRCs) • Idaho: <ul style="list-style-type: none"> ○ Partnered with Independent Living

Lifespan Respite Leading Out

- Embedding National Strategy Goals for successful Implementation
- Sustain implementation through synergistic partnerships & funding
- Improved Communication for Enhanced Partnerships





Lifespan Respite Network

Lifespan Respite Network demonstrates expertise, leadership, and implementation experience that supports realizing the promise of the National Strategy.

Embedding National Strategy Goals



- Lifespan activities aligned
- Embedded in State Plans
- National Strategy used to bolster advances



Sustained Funding through Partnerships



- Engage new partners
- More private sector connections
- Dedicated support & combined efforts



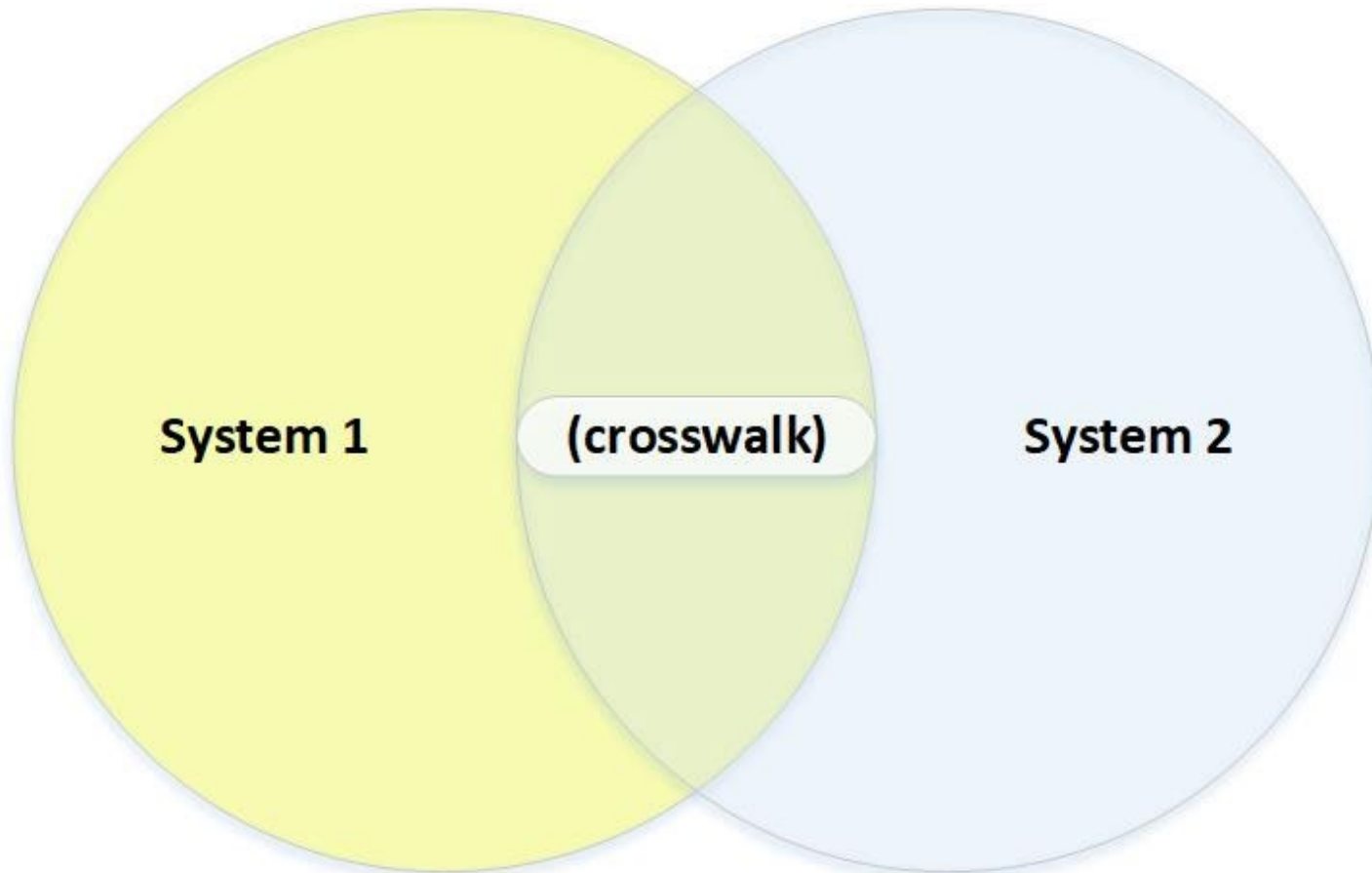
Improving Communication



- Break down silos
- Find untapped allies
- Build new connections



Engaging New Partners



Any Interaction between the Interests of different groups Shows a Commonality with the efforts of others which can be Supported through Collaboration.

Attracting Others

- Logical
- Emotional
- Cooperative



head



hand



heart

Group Activity



- Breaking Down Silos:
- Curiosity & Openness
 - Challenge Assumptions
 - Promote Learning
 - Find Common Ground



Instructions

1. Within the set time, find at least 6 things that everyone at your table has in common.
2. Similarities should not include physical attributes such as height or hair color.
3. The goal is to come up with 6 similarities before other tables do.
4. The game ends once every team has identified 6 similarities or when the set time expires.



Updates on National Strategy Goal Implementation

For More Information



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This project is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$1,647,597 with 75 percentage funded by ACL/HHS and \$549,200 amount and 25 percentage funded by non-government source(s). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.

