



Idaho
Caregiver
Alliance



BOISE STATE UNIVERSITY

COLLEGE OF HEALTH SCIENCES

School of Public and Population Health

Weathering Change

**New State Sponsor
Funding Delayed for 18 months**

Sarah Toevs

2025 National Lifespan Respite Conference

April 2025



Mission



To serve as the voice, convener, and catalyst for support of unpaid family caregivers across the lifespan.

Vision



Family caregivers and the people they care for are recognized, valued, and supported in Idaho.



Idaho Caregiver Alliance



idahocaregiveralliance.com



@idahocaregiveralliance

Reputation as a Valued Partner





Alliance Partners

University
partners

State Agencies

Behavioral
Health
Providers

Healthcare
Delivery
Systems

Family Caregivers

Nonprofits

Spanish-Speaking
Community

Working together to support families for over a decade.



ICA Shows Up!



ICA Produces! – Pop Up Events

Join the Idaho Caregiver Alliance on World Mental Health Day

October 10th, 1:00pm - 3:00pm MT
Virtual Webinar

Caring for the Caregiver: Managing the Impact of Caregiving on Health and Well-Being

Speakers: Marcy Croffy, LCSW & Stacey Lewis, L
Boise VA Medical Center

Caregiving brings a unique set of challenges to those who assume the responsibility of others. In this presentation, learn the significant effects this work has on caregivers and those within their circle.



Register
Here



SAVE THE DATE!
ICA &
Scam Jam
Pop-Up Event:



**JUNE 6TH, 2024
11AM – 12PM (MST)
VIRTUAL (ZOOM)**



More Information at
[https://idahocaregiveralliance.com/
pup-up-events/](https://idahocaregiveralliance.com/pup-up-events/)



Advocacy 101 Your Voice at the Capitol

Wednesday, October 25
1:00-4:00 pm (MDT)
Free, virtual event but registration is required



YOUR STORY CAN CHANGE LIVES.

Advocators need to hear your caregiving story. Learn how to relay your journey to them and other policy makers. You can make a difference not only for yourself but for other caregivers who need your voice to change Idaho laws and regulations - giving fellow caregivers hope, respite, and the little lift they may need to keep going on their journey.

Register Today →

Contact us
idahocaregiveralliance@gmail.com 208-426-5899



Speakers



Marilyn Sword
Coordinator,
Idaho Caregiver Alliance



Francoise Cleveland
Policy Director,
AARP Idaho



Jeremy Maxand
Executive Director,
LINC



IdahoCaregiverAlliance@gmail.com
idahocaregiveralliance.org

Innovators Driven by Evidence





Free &
low-
barrier



Serves
caregivers of
all ages



Care planning
and referral
by phone



Evidence-
Informed



All family
caregivers
welcome!



Family Caregiver Navigator



caregivernavigator.org



208-426-5899



info@caregivernavigator.org

Since our launch in September 2020...

1,264



Caregivers have been in contact with a Navigator

728



Cases have been entered into the system

1,049



Initial & Follow-up Assessments have been conducted

554



Care plans have been completed

SOCIAL DETERMINANTS OF HEALTH

46% OF CAREGIVERS HAD TROUBLE PAYING FOR...



LIVING SITUATION CONCERNS



20% of caregivers had concerns with their living situation

- Ability to pay for housing or utilities (56%)
- Condition of housing (20%)
- Feeling safe (16%)
- Other (8%)



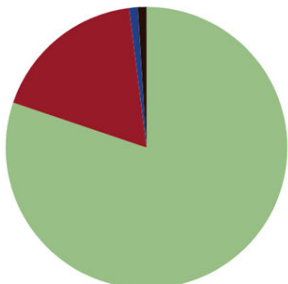
TRANSPORTATION



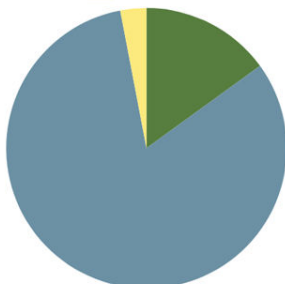
- Declined to answer or was not a problem for them (91%)
- Kept them from doing things needed for daily living, medical appointment, and/or getting medication (9%)

FOOD

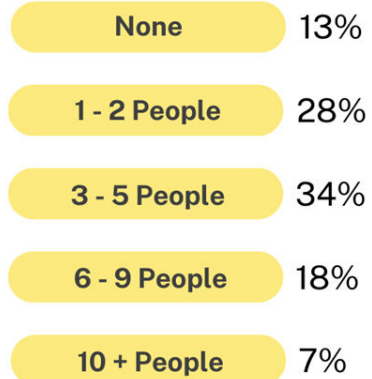
Worried About Running Out of Food in the Past 3 Months



Receive or Qualify for Food Stamps



SOCIAL CONNECTEDNESS



Impact

HOME-BASED CARE

Caregivers were able to maintain or decrease their intent to place their care receiver

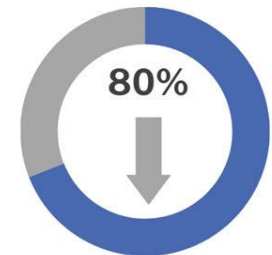
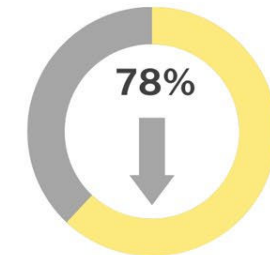


IMPROVEMENT IN WELL-BEING

Scores improved or remained the same from initial assessment to three-month follow-up assessment

Depression

Identity Discrepancy



CAREGIVER TESTIMONIALS



[Navigator's Name] was so helpful and kind. She was very caring and I felt like she looked everywhere for resources and wanted to help. The most helpful thing was her kindness. I didn't realize how stressed out I was..."



"I was told by multiple people that I would not be able to help [care receiver] stay at home or find paid caregivers, but the program helped me navigate all of it and now [care receiver] is at home which was [care receiver's] primary goal of care. I am very grateful to the caregiver navigator program."



"Put me in touch with local options for support. Made me aware there were options. Gave me a listening ear."

Sustainability through Documentation



“Start Here” Process Documentation

Welcome to the START HERE Template. The purpose of this workbook is to document projects and activities. The workbook contains several spreadsheets. Below, you will find a brief description of each spreadsheet.

You may not need every spreadsheet for a project and that's ok. At minimum, fill out the Contacts, Key Details, and Decisions spreadsheets.

Please make a COPY of this workbook to use in your next project.

Contacts

This spreadsheet contains important contact information. At minimum, fill out the Project Manager/Primary Point-of-Contact. This is the person who will make decisions and answer questions about the project or activity.

Funding

Record funding information in this spreadsheet. Add additional funding sources as needed. This spreadsheet may not be applicable to every project, especially if the project duration is brief or the scope of work is minimal. The Project Lead will enter the information in this section.

RACI

Key Details



Start Here Guide ▾

Contacts ▾

Funding ▾

RACI ▾

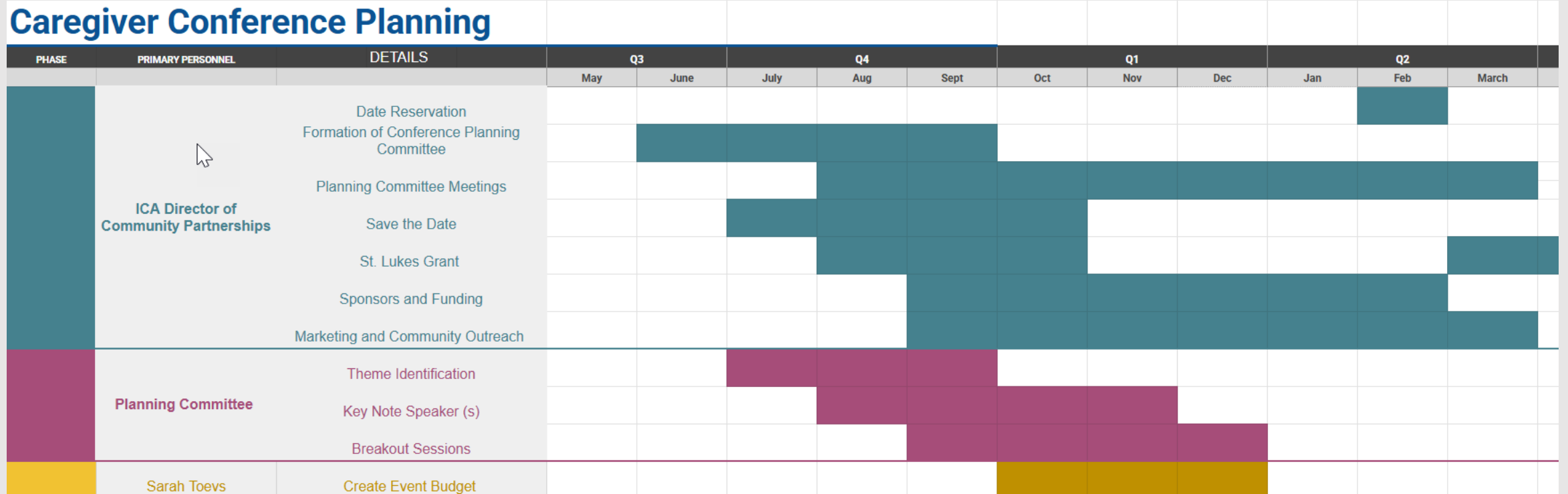
Key Details ▾

Deliverables ▾

Decisions ▾

Debrief ▾

Event Planning Documentation



Powered by
Students, Faculty, and
Community





Crowd Source Funding



Help Idaho's Family Caregivers Thrive

\$18,850

100%

Goal: **\$10,000**

14 Supporters





Idaho Caregiver Alliance



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Questions?
Comments?

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