

Respite for All  
FOUNDATION



## THE NEED IS CLEAR

We were expecting 50-70 and over 400 showed up.  
We saw the need immediately and launched the program with no strings.



# VOLUNTEER MODEL PROVIDES RESPITE FOR:

The Care  
Partner

Person with  
Dementia

Volunteer

**RES-PITE-** *A short period of rest or relief from something difficult or unpleasant.*

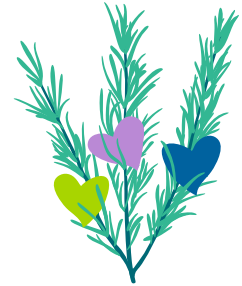


# WHO DO WE SERVE ?

Alzheimer's, Dementia, Parkinson's or Natural Aging

Friends Must Be Able to:

- Be Mobile (Assisted Devices Acceptable)
- Handle Bathroom Needs
- Eat on Their Own
- Be Comfortable in a Group Setting

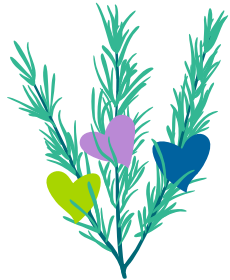


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# Jack and Mary



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**OUR UNIQUE ANGLE**



# NOT MEDICAL, BUT SOCIAL

- Small Group Conversations
- Art, Games and Music
- Guided Light Exercise
- Group Service Projects
- Story Telling
- Shared Meals
- New Relationships





# Typical Day at Respite



**10 AM - 10:20 AM**

Arrival, coffee, socialization

**10:20 AM – 10:40AM**

Brain Fitness (group discussion, trivia)

**10:45AM- 11:15 AM**

Physical fitness

**11:15 AM - 12 PM**

Music, art or hand-eye coordination activities

**12 PM - 12:45 PM**

Family-style meal: lunch and dessert

**12:45 PM - 1:10 PM**

Balloon Volleyball

**1:15 PM - 2 PM**

Activity and music

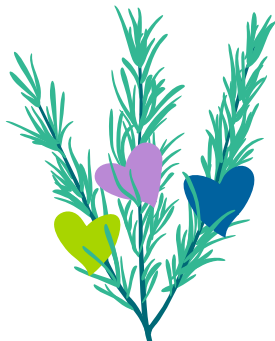


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# KEY COMPONENT: NO DIFFERENCE IN VOLUNTEERS & PARTICIPANTS



**NO LABELS**  
**EVERYONE IS DEALING**  
**WITH SOMETHING**

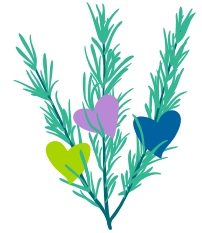


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# SERVICE PROJECT: FLOOD KITS FOR HURRICANE



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*“Thank You”*





MEALS on  
WHEELS for  
Animals!  
MACO+RESPI

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Reclaiming joy. Together.







# OPTIONAL COLLECTIVE WORSHIP







We Work to Inspire and Build  
Communities of Well being and  
Connection for Those Living  
Alzheimer's Disease, Related  
Dementias, and Their Caregivers



Respite

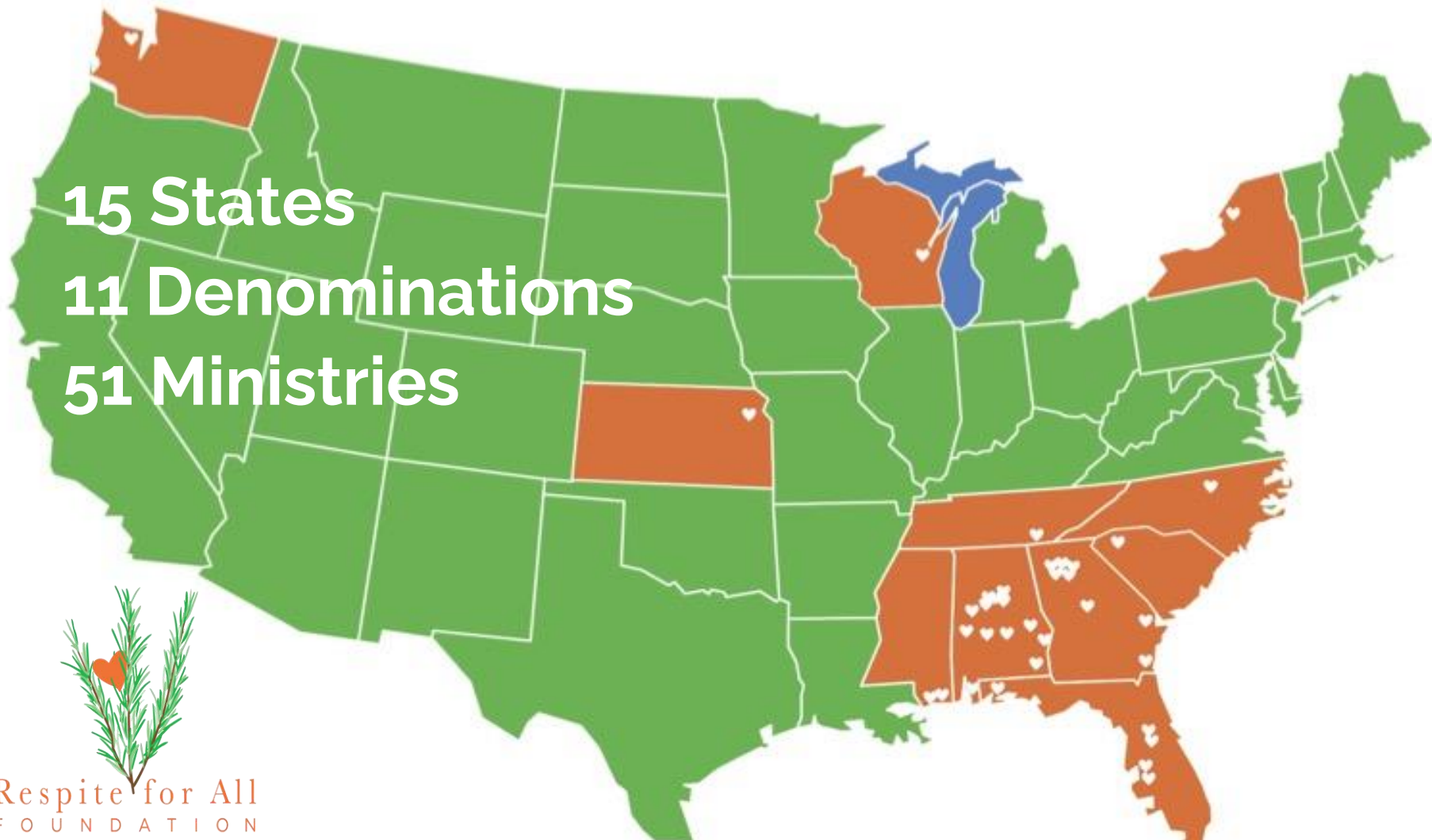
Respite for All was Founded  
by the Volunteer  
that, Improving  
with Demen  
Every Challeng  
Caregivers Per  
work.



  
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# RESPIRE FOR ALL FOUNDATION

Re p te F ll



**15 States**  
**11 Denominations**  
**51 Ministries**



# RESPIRE FOR ALL **INSPIRED** LOCATIONS

## ALABAMA

Auburn  
Birmingham (6)  
Demopolis  
Dothan  
Eufaula  
Fairhope  
Montgomery  
Pleasant Grove  
Selma  
Tuscaloosa

## DELAWARE

Middletown

## FLORIDA

Fruitland Park  
Pensacola  
Shalimar  
Sun City Center  
Tampa  
Wildwood

## GEORGIA

Atlanta (3)  
Dunwoody  
Lawrenceville  
Macon  
McDonough  
Savannah  
St. Simon's Island

## KANSAS

Lawrence  
Topeka

## KENTUCKY

Madisonville

## MISSISSIPPI

Gulfport  
Long Beach

## NEW YORK

Watertown/Clayton

## NORTH CAROLINA

Chapel Hill

## OHIO

Hilliard

## SOUTH CAROLINA

Greenville  
Rock Hill

## TENNESSEE

Chattanooga  
Paris

## VIRGINIA

Nellysford

## WASHINGTON

Seattle  
Sequim (2)

## WISCONSIN

Appleton  
Eau Claire  
Viroqua



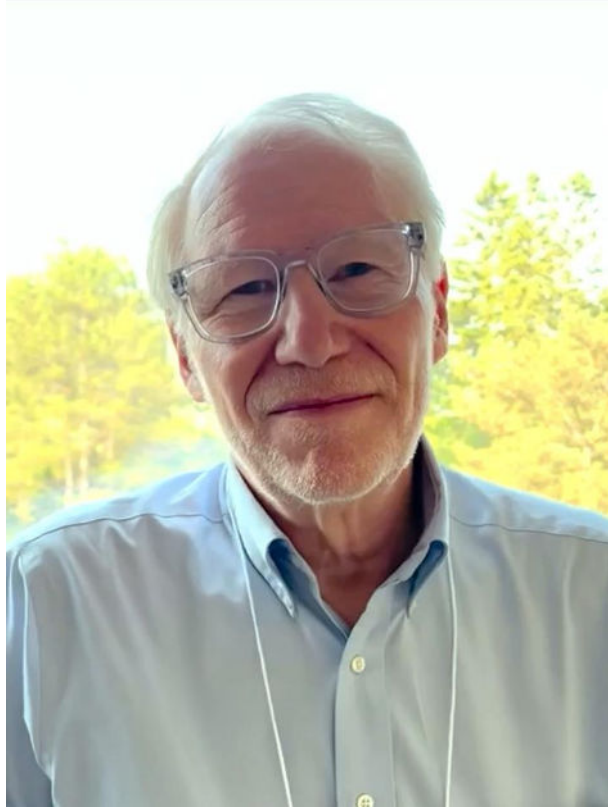




# Humble Beginnings



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Reclaiming Joy Together



# VOLUNTEER TRAINING CONCEPTS

- Cultivating Relationships
- Respectful Communication
- Honoring Agency/Choice
- Everyone Can Contribute
- Celebrating Small Moments
- No-Fail Atmosphere
- Creating Well-being





# VOLUNTEER SUCCESS SECRET SAUCE

- Flexible Schedule
- Guilt-Free
- No Sub Responsibility
- Large Pool Volunteers
- Meaningful
- Word of Mouth
- Been Affected by Dementia
- Recruit Their Friends

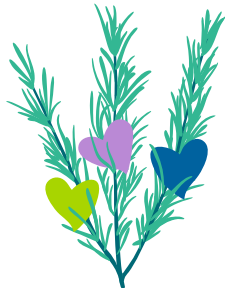


# REVENUE FROM \$40.00 DAILY FEE

*(Typically, after first year)*

10 People, 2 Days a Week, 48 Weeks=	\$38,400
15 People, 2 Days a Week, 48 Weeks=	\$57,600
15 People, 3 Days a Week, 48 Weeks=	\$86,400
15 People, 4 Days a Week, 48 Weeks=	\$115,200

*\* Make Adjustments for Church Space Availability*



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## LOCAL RESPITE SUSTAINABILITY

- No Overhead
- Minimal Paid Staff
- Social Program/No Meds
- Revenue from Daily Fees
- Insurance
- Community Partners



**What does an RFA Volunteer program  
mean to a Care Partner?**





**RESPIRE FOR ALL- A FAMILY AFFAIR**





# Welcome to **R Place!**

R place is a robust social engagement program based on the *Respite for All* model that runs on volunteer-power!

Once a week volunteers, friends and their caregivers will have the opportunity to recharge, reconnect and recreate!

R place is exactly that ... "our place" to come together in community to provide a judgement-free environment for socialization and mental stimulation where all can thrive and caregivers are provided much needed respite.



If you are interested in being part of **R Place**, please contact Alison Smith at [alsmith@orangecountync.gov](mailto:alsmith@orangecountync.gov)



Orange County  
Department on Aging  
Aging Transitions







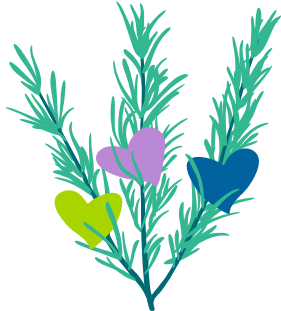
# RESPIRE FOR ALL FOUNDATION

Contact: Daphne Johnston

Phone: 334-440-9911

Webpage: [www.RespiteForAll.org](http://www.RespiteForAll.org)

Email: [Daphne@respitforall.org](mailto:Daphne@respitforall.org)



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# RFA VIDEO TRAINING

MODULE 1: Starting a Respite Community

MODULE 2: Respite as a Community Asset

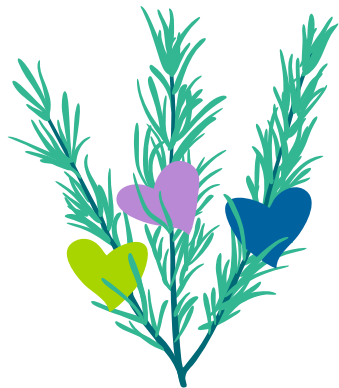
MODULE 3: The Respite Director's Role

MODULE 4: The Business of Respite

MODULE 5: Understanding Dementia


MODULE 6: Volunteer Training





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DOCUMENTARY

A large group of people, including men, women, and children, are gathered in a grand, wood-paneled hall. They are holding two large white banners and a central sign. The hall features high ceilings with exposed wooden beams, a large chandelier, and tall windows. The people are dressed in a variety of casual and semi-formal attire, with some wearing blue t-shirts with a logo. The overall atmosphere is positive and community-oriented.

**Who Do  
We Serve?**



**Unforgettable Friends  
Living with Dementia**